PHYSIC

Receipts

Richd Jackson
S Shrewsbur
augt 18 1840

53340/A

WILLIAMS, R.

64547

Physicall Rarities

Containing

The most choice RECEIPTS

OF

PHYSICK,

AND

CHYRVRGERIE,

FOR

The cure of all Diseases incident to Mans Body.

Being a rich Jewell kept in the Cabinet of a famous Doctor in this Nation; stored with admirable Secrets and approved Medicines.

The third Edition corrected and much inlarged.

Published by *Ralph Williams*, Practitioner in Physick and Chyrurgerie.

Hereunto is annexed

The Physicall Mathematicks

OF

Hermes Trismegistus.

London: Printed for *William Ley*, and are to be sold at his shop at *Pauls* Chain, 1656.

WELLCOME
HISTORICAL
MEDICAL

To the READER.

COurteous and kind Reader, I must confesse that divers learned men have taken much pains in translating sundry books, containing most wholesome and profitable receipts of Physick and Chyrurgery, wherein they have published,and at large declared all such things as seemed necessary and expedient in Physick, to be knowne in our Native and mother Tongue, to the intent, that every one that would but take the pains to peruse them, and make tryall of them, might benefit themselves,and do much good to their acquaintance and friends.

To the same intent and purpose, I have collected this small (though beneficiall Treatise) I have thought fit to write something in the behalf and praise thereof, finding many rare experimented medicines, which (put in practise) may prove beneficiall to studious and carefull Practitioners, and I doubt not but they may gain much credit and applause, both by their practise, and [illegible] cure (if they please to put them in practise) which [illegible] pence unto them, though credit and bene[illegible]

There are many curious Medica[illegible]tained, and divers of them approved by [illegible]s of good esteem: And therefore desire [illegible]ir healths, to make use of such medicine[illegible]d suteable to the preservation thereof: as [illegible]are necessary for the recovery of such as [illegible], being confident,by Gods assistance, that [illegible]e will redound to such as make tryall of them.

And to the end, that this little volume might not be despicable, but est mable and beneficiall to the Commonwealth of *England*; I have thought fit to write thus much in the praise thereof, wishing good successe in its progresse, and to all that shall peruse and practise on it,and to all Stu-

dents, Practitioners, and well-wishers to Physicall practise, and that their studies labours, and practises may alwayes be successefull and prosperous, to the honour and glory of God, the good of the Common-wealth, the benefit of their Patients, and to their perpetuall fame and renowne; and therefore do wish that every one of them would use all care to spend some part of their study, how to benefit the Common-wealth, knowing the saying of *Cicero* (*non solùm nobis nati sumus*) but to be helpfull to our friends and strangers, which is most commendable. This I conceive should invite all well-wishers to the generall good, to imitate the example of divers learned Physitians, who have not onely cured divers out of charity, but also left most famous peices of Physick and Chyrurgery printed in English, for the good of all that will take the pains to read them, and practise on their labours. And certain I am, that many by their care and industry following their prescriptions, have gained much benefit, and great esteem thereby, and though ignorant in Physick, or the practise thereof, became Practitioners, and famous by others labours and indeavours, and successefull also in what they undertook. I hope the same happiness will befall such as will take the pains and care in reading this Treatise, and likewise make triall of the medicaments herein contained, which is, and shall be the desire and p[illegible]

R. W.

A Table.

For an ach coming of an old bruise 94,130
A Soveraign plaister for any ach 107,108
For any Ague 137
For the quartan ague 138
Adder stung 141
For an adder crept into a mans body ibid
For him that hath eat or drunk poyson 171
For aking bones in the legs or joynts 199
For the ach in the feet 98
For aking bones in the feet ibid
For aches in the armes 122
For aking in the wrest ibid
For S. Anthonies fire 167

B

For the Brests when they be broken 43
For a sore brest 43
A healing salve for a sore brest 43
For a swelling in a womans brest 43
For abundance of milk in a womans brest 44
For all manner of stopping in any brest 44
For all diseases of the breast, and to clear the voice 44
To clear the brest 45
For a sore brest 45
For to make the brests shrink, and for to heal them 45
For a woman tha lacks milk in her brest 46
To dissolve a hard belly 63
For any hard belly that's sore 63
For diseases of the belly whatever they be 63
A drink to destroy all evills of the belly 63
For blanes, and to skin sores 156
Medicines for a bruise 157
For the biting of a mad dog 139
The biting of all kind of venemous beasts 139
The bursten to cure 149

Weakneſſe of the back 69
Boyle to ripen 152
A bruiſe 139
To get out fire by burning or ſcalding 115
For the pain in the back 79
For the pain in the reines of the back 84
Medicines for burning and ſcalding 70
For one burned with a match 114
For burning with Gunpowder 114
For burning with wild-fire 114
For the bleeding of the Noſe, to ſtop any other place 116
For the bloody Flux 86
Another for the ſame 87
To avoid bruiſed blood 72
A gentle purge for the blood without fear 65
For wind in the belly 65
For ſpitting blood 25
For boyle to ripen 188
For one, if burſten ſix years, man or child 183
Medicines to ſtop blood, if the maſter-vein be cut, or the wound very large 116
For a wound that is full of blood 116
To ſtop blood in a wound ſuddenly 115
To ſtop blood in a vein 115
For burning and ſcalding 169

C

MEdicines *for a Canker* 113
For a Canker, or Fiſtula warts 113
For a cut hand 154
To cure a Cataract 15
For the Conſumption 152
A Cordiall for the burning Feaver 10
For to keep a child from convulſion fits 149
Medicines for the Collick 64
For the wind collick 64
For the Collick a precious medicine 65
A Soveraign medicine for the Collick and Stone 66
Another 66

For the Collick of the Stomach 67
For the Cramp 125,106
Consumption 156,157
For a Cough 165
For the Convulsion 146
For a child still-born 150
For a dry Cough, and pursinesse 41,42
For the Chin Cough 42
For Cornes in the Toes 100

D

Drawing plaister for the Dropsie 111
Another for the Dropsie that swelleth 112
An excellent medicine for the Dropsie made for Queene Elizabeth, by Dr. Adrian, and Dr. Lacy 112
For a swelling in a mans body 112
Medicines for all kinds of sores, and wounds, and to draw a sore 106
A good water for every sore 106
An excellent ointment called Flos Unguentorum 128
An approved medicine for sore eyes 148
Mrs. Friers medicine for sore eyes 148
Mrs. Dees medicine for children that have the worms 149
Emplaistrum diacalon to dry with in womens breasts 166
Chymicall medicines for new wounds, cold aches, straines, bruises, and gouts 167
Ointment for burning and scalding 169

E

For the Eyes 6
To cure a Cataract 155
For a rheume in the eyes 155
For the white that doth grow over the black of the eye 6
For blood shot eyes, a blast in the eye, to cleer the sight, for bleer eyes, and dimnesse of the sight 7,8
A powder that takes away the redness of the eyes, A regiment for sore eyes, and to clear the sight or rednesse of the eyes 8
For a pin and a web, and a good water for sore eyes, a hurt in the eye by a stroke, and for watry or bleer eyes 9,10

To save a mans sight a long time good, to draw rheume back from the eyes, and the meagrim of the head 10
For a pearle and web in the eyes 11
For the small pocks in the eye 11
For blind and sore eyes 13, 14
For a wound in the eye, and for sore and dim eyes 14
A water for sore eyes, of what passion soever 15
For a pearle and flem growing over the eye 16
For an Earwig, or worm in the Ear 16
To make one hear that's deaf, and to help hearing 17
For the pain in the ears, and difficulty hearing 17, 18
To draw an earwig out of the ear 18

F

For the Tertian Feaver 137
For a saucy stain'd face, a copper face, a diet for a copper face, and for a red face 33
For worms in the face 34, 35
To make the face fair, for a white scurfe in the face 35
For Feavers in children, or women in child bed, an excellent medicine, call'd salt of coralt 136
To put away freckles, blanes, and foul blasts in the face 36
For a red face full of pimples 36, 37
To take away small pocks from the face, that they shall not be seen 38
To make the face fair 38
To break a felon hastily, and to destroy a felon 120, 121
For the falling sickneſſe that doth not foam 134
For the flux in the belly, and the bloody flux 90
For all manner of fluxes that are curable 71
To stop bleeding, and falling out of the fundament 88, 89
For a fig in the fundament 91
For a red swelling in the foot 97

G

TO take away the pain in the Gout 106
A Glister 91, 151
An approved medicine for the Gout in the hand, and all manner of aches 104

Especiall medicines for the Gout 105
For the Gout in the feet, and the cold Gout 105
For the festring Gout that maketh holes 108
For the gums gnawn and fretted with humors 31
For the Canker in the gums 31,32
To make a gum hard to hold the teeth 32
For rotting of the gums 32
For guts that be fretted, wind and pain in the guts 68
For the cough in the guts 68
For all manner of gouts 108

H

For the unive. fall pain of the head 1
A sneezing powder for the head 2
For pain and all manner of aches, and to purge the head ibid
For rheume in the head, and to put away the Palsie 3
For the Megrim in the head, and a scald head 3
For rheume in the head, and weakneſſe of the braine 4
For hair falling from the head, and lightneſs of the head 4,5
To purge the head of ill humours 6
For trembling and swouning of the heart 61,63
To restore the spirits of the heart in consumption 61
For a swelling, rising and fainteſſe in or about the heart 62
To put away venome and gnawing from the heart 62
Against swouning 62
For hands that be chapped 123

I

Black and yellow Iaundies 55,56
Impostbumes in the body, to break and put out an Impostbume without perill 121,122
For the Itch in a man 133,151

K

Medicines for the swelling in the knee 93
For the Knee Gout 94

L

An oyntment for the liver to make good digestion 52
A restorative for the Liver and Lungs ibid
For the Liver grown or burnt to the ribs, the heat of the Liver, or Liver burnt 53

For

For the ſtopping of the liver 52
To preſerve a man from ſtopping of the Liver 53
An excellent medicine for the Cough of the lungs 59,60
To make a water that is reſtorative, that if a mans Lungs be waſted therewith, it will reſtore them again 59
To comfort and open the Lungs 60
For the impoſtume, for the heat in the Lungs 60,61
To cauſe a Lask, or keep one Laxative 71
For Legs that be ſwollen, or ſore 94,95
For a Leg that is ſwollen, and is not red 95
To heal a ſore Leg coming of an old cauſe 95
For a vein or ſinew ſprung in the Leg, or elſewhere 97
The beſt medicine for taking out of bones in the Legs or Joynts 97
To coole a hot ſore, and abate the ſwelling 97,98
A good receipt to heal an old ſore, which muſt be made in the moneth of May 99
For a ſwelling in any place 99

M

For the mouth ſpitting blood 22
For a ſtinking mouth, and a ſtinking breath 22
To recover a mans ſpeech 23
For the mouth that is ſtaid with heat, and a Canker in the mouth 23
Againſt the inward eating ſore in the mouth 23
The falling of the Evola 24
For the Canker in the mouth 25
For the meaſles 148
To take away the ſcars of the ſmall pocks, or meaſles 148
For the meaſles or Shingles 122
For the Morphew 116
For the black Morphew 117
For the Mother Fits excellent 157,161
For preventing the Fit 161

N

For the fleſhy humor in the Noſe 19
For the bleeding of the Noſe 19
Stop the bleeding at the Noſe 19

For ſtinking in the Noſe 19
A ſingular medicine to ſtop blood 20
To kill a Canker in the Noſe 20,21
For puſhes and pimples in the Noſe 24
A plaiſter for the ſwelling of the Navell 69
For a childs Navell that is ſore with crying 69
To cauſe a Nail to come 122
For Nipples that be ſore 164

P

For the Pluriſie 57,58
A powder for digeſtion 51
A regiment for the Pluriſie 58
A gentle purgation to be taken at all times without fear 73
To avoid poyſoning by wicked meats 142
For the Palſie that ſometimes takes a mans ſpeech away 119
An excellent drink for the Palſie 120
Medicines for the ſmall Pox 123
For the pock holes 103
To drive out the Pox 123
For the French Pox 124
Againſt poyſon 143
Againſt the Plague 144
To make Plague water 145
For the Piles or Hemeroids 89
For the Hemeroids or Piles 89
Piles 89
For Hemeroids that have paps 91
Piles or Hemeroids an approved medicine 91
For a prick with a thorn 123,124
To draw out a prick or thorn 123,124
For the pain in the Stomach by cold 149
Doctor Joſephus his water 146

R

For a Ringworm 154
Rheume in the head 179
For the Ring-worm 140

S

A Marvellous salve to heal and draw 130
Medicines for Sciatica 86,155
Another approved 86
Sciatica in the hips ibid
For the Sciatica 87
Stone and Strangury passion ibid
For all manner of Gouts, and the Sciatica, and Consumption of the members 51
Strangullion, and all winds in the body and the stone 76
A water for the Strangullion ibid
Spleen 162
Swage and cool a swoln sore leg 121
For a swelling in any place ibid
For a scald, or burn, and chiefly for the Hemeroids 190
For a swelling in a mans body 130
For to get out the fire by scalding 148
To stop blood in a vein 148
To stop blood suddainly in a wound ibid
To stop blood if the Master-vein be cut 141
Salt of Coral, to make it, and excellent vertues thereof, as to cure the Feavers in Children, and woman in Child-bed 187
For the wind in the side 56
Stitch in the side 56
Stitch in the left side ibid
Another for the same 57
To know when one hath a stitch, whether it be of wind or Pluriste 57
Stitch at the heart ibid
Assuage a swelling 130
For a scab in man or woman 133
For the itch in the hands that come of worms 133
To destroy all manner of scabs, dry [illegible] 133
For the dry scab 134
For a scald 153
To make one sleep 136
Pain in the Stomach by cold 149

For the Spleen 46,152
For wasting of the Spleen, and for the Dropsie 47
Medicines for the stomach 48
For the pain in the stomach 48
For a stinking breath from the stomach 49
To vomit and cleanse the stomach 49
For worms in the stomach 49
For one that cannot keep his meat in his stomach without vomiting 49
For flegme in the stomach 49
For wind in the stomach 50
To stay vomiting 50
For ill breath from the stomach 50
For the pipes of the stomach 50
For the stomach that cannot digest meat 52
Medicines for the Stone, tried by Mr. Hide of Narbury. 52
An excellent medicine for the stone 74
For the Stone and Strangullion ibid
Medicines for the Stone that never faile 74,78
To break the stone in the bladder 79
Soveraign and approved medicines for the stone 74,75
An approved medicine for the collick and stone, by Doctor Gynello 77
Dr. Lewkners excellent experiment for the stone ibid
To break the stone 78,79
Description of the stone 80
A present remedy for the stone 81
An approved medicine for the stone and strangury ibid

T

TErtian Feaver 163
To keep teeth from wormes 25
Regiments for the teeth 27
To take away the tooth-ach in half an houre ibid
A notable medicine for the tooth ach ibid
To make teeth white 25,28
For the tooth-ach 28,29,30

To

To remove teeth 28
Water for the teeth 29
For a Canker and Tooth-ach 29
To make childrens teeth come 29
To fasten teeth 30
For wormes in teeth 30
For a sore throat that's inflam'd 39
For a dry hoarseneſſe in the throat 39
Canker in the throat 39
For Quinſie in the throat 40
For the hoarseneſſe in the throat 40
For a hoarseneſſe of long continuance 40
For ſtopping of pipes 41
To kill a Tetter or Ring-worm 192
Medicines for the thighes, that be ſtiffe 92
For the aking bones of the thigh 92
To knit the ſinewes and veines in the thigh 92
To make an oyntment to aſſwage the ſwelling, and to keep
the ſinewes from ſhrinking 93
For thighes that be ſwollen 93
For ſinewes ſhrunk in the thighes 93
For a prick of a thorn or a nail 101
For a prick of a thorn 101
To draw out a thorn 101
My Lady Audleys medicine for a thorn or prick 101

V

For an Vncom 107
An excellent vomit 160
To make one vomit 51

W

Medicines for the wormes 70
The wormes in young children 71
Medicines for all ſorts of wounds and ſores 153
A good water for every ſore 153
For wormes in the belly 68
The whites to ſtay 164
To heal a wound 131
Water to heal all manner of wounds in ſhort ſpace 159

To heal a wound in ten dayes	132
To make that flesh shall not grow in a wound	132
Diet for him that is wounded	132
To take away warts	136
Medicines to take away Wens	136,140
Against wind in the stomach	149
For him that cannot make water	84,85
Against the worms in children	149
Felon and whitlow	154
For the whites to cleanse and stay them	164
For a wound that is full of blood	141
Water to comfort the vitals most excellent	117
To make one make water speedily in great abundance	85,85
To make a man make water	118,119

Y

REmedy for the Yard	82
Against the erection of the Yard	82
To heal a mans Yard that is sore	83
For the swelling in any Yard	83
For the pain in a mans Yard thorow gravell	83
A water for a sore Yard	83
For being burnt with a harlot	84
For a mans stones that hang down long	84

Medicines

REMEDY AGAINST TAPE-WORM.—It is stated in the *Abeille Médicale* that the seed of the pompion is a sure remedy against tape-worm. About an ounce of these seeds pounded in a mortar with a sufficient quantity of sugar is administered at a time, and repeated for two or three days, which is generally sufficient to effect a complete cure.

RHEUMATISM.—A Correspondent says he can vouch for the efficacy of t
following simple remedy:—One ounce of saltpetre, finely pulverised, in a ha
pint of sweet oil. Rub the mixture well into the parts affected.

Medicines for the Head.

A remedy for the univ:rſall pain of the Head.

FIrſt beware of all things which do hurt the Head, as Garlick, Onions, Chiboles, Wine, ſtooping down with thy Head, extream labour, and ſuch like; and beware of ſurfeiting and drunkenneſſe, and purge thy Head with Gargariſmes, and *Sternutations*, and purge thy Head and thy Stomack twice *per* week, with pills of Coch, and ſuch like; and be whole.

A remedy for the Head, whatſoever the pain be.

Take an handfull of Betany, an handfull of Cammomil, and an handfull of Vervain leaves picked, ſtamp them and ſeeth them in black Wort or in Ale for want of Wort, and in the latter end of the ſeething, put a ſpoonfull of Cummin, and as much raſped Harts horn thereto, and the yolks of two Eggs, and a little Saffron, and ſtir them well together, and lay a plaiſter hot over all the forehead and Temples. This is an excellent remedy: alſo for the Megrim, it ſhall pierce the better, if you ſhall add to the medicine, a little Vineger.

A sneezing powder

Take of Pellitory of Spain half a dragme, of white Hellebore a sruple, finely powder them both, and put thereto of Marjoram, Sage, and Rosemary finely Powdred and searaed, of each a scruple, of Musk a grain, mingle these together, and take of these the quantity of a small Pease, and snuffe it up into your Nostrills, and it will purge, and comfort the Head very much.

For a pain in the Head.

Take Rue, Heyhoad, Camomell flowers, Betany, Vervain, Mints, Hillwort, red Fennel, Wormwood and Sothernwood, of each a handfull, and wash them, and shred them small, and seeth them in water, and mingle the herbs with a handfull of wheat bran, and make a plaister, and lay it on thy mold as hot as thou canst suffer it, and bind it on with a Kerchief, and thou shalt be whole in a short space.

For all manner of Head-aches.

Take two ounces of Deer suet, or of Harts, a spoonfull of Oatmeal, and a bundle of Sorrell bruised well, and tempred together, then lay it Plaisterwise to the Temples. This is proved.

To purge the head.

Take the juice of a Primrose, and milk of a Cow, and with a quill blow it into thy nostrills, and this will purge the Head; strain out the juice, and drink it, and lay the herbs to the Head, squeesed from the decoction, as hot as they may be suffered.

A

A water for the Rheume in the Head, and How to put away the Palſie.

Take a red Onyon, and break it ſmall, and ſeeth it in a little Verjuice, and put thereof a little Honey clarified, and when they be well ſod together, put thereto a great ſpoonfull of Muſtard, and let it ſeeth long together, then raiſe the ſick upright and he ſhall find eaſe: Do this three dayes, twice *per* day, and be whole.

For the Megrim in the Head.

Take ſowr Bread, and Chickweed and bray them together, and boyl it in Viniger, and ſo bind it to the grieved place, or take and ſeeth Barley well in water and as it ſeeths, put in it Betany Roſemary and Sage, of each a bundle, and when they be will ſodden bind them to thy Head.

To ſtop and dry up Rheum.

Take Cummin-ſeed, a Nutmeg and a little bæy Salt, every one baten to powder alone, and ſpread the ſame upon hurds of Flax, in a cloth, and hold the ſame over the perfume of Frankincenſe, and lay it hot to your head.

For a ſcalded Head.

Take the liver of a Thornback and ſeeth it by it ſelfe, and ſix Elacampana roots, and ſeeth them by themſelves in water three hours, and put thereto three handfulls of Houſeleek ſtamped and ſtrained through a cloth, and make an oyntment thereof, and anoint the head therewith, and if the hair be gone, take a handfull of Wool, and bray it hot to

powder, then take two spoonfulls of Honey, and anoint thy head therewith, where it is pilled, and thy hair will soone come again,, as thick as in any other place of thy Head.

For the Rheume in the Head.

Take and seeth Pimpernell in wine, and drink it in the evening hot, and in the morning cold; this will help thee: or take and stew Onyons in water, in a close pot, and bath thy Head, thy mouth, and thy nose therewith, and it will help thee.

For the weakneſſe of the Brain.

Take a hand full of Rosemary, Sage, Marjoram, Hysop, Betany, the leaves and roots, and the seeds and roots of Piony, of each a handfull; vvash all these said herbs, and put them into a bottle of fair vvater, and let them seeth together untill the one half be vvasted; then take out the herbs, and put to the same vvater almost half a Pint of Honey clarified, and let it boile vvell together vvith a dram of Stecados, knit in a linen cloth; and let it boil, til the svveetness of the honey be boiled out: then take out the Stecados, and put thereto a quarter of an ounce of Cinamon, three Nutmegs well bruised, and put them to the same liquor, and seeth them together a good vvhile; then strain it through a linnen cloth, and so use to drink it morning and evening, and it shall comfort thy Brain.

For hair that faileth onthy Head

Take and bray Linesseed, and mingle it vvith oyl-

oyl Olive, and when it is well beaten together, anoint thy Head therewith three or four times, and this will heal thee, or take Oyle of Tartar and warm it, and then rub your Head with it, or any place that is scald, eight or nine dayes, and the hair will come againe.

An excellent medicine.

Take a farthing worth of Pellitory of *Spain* and a quarter of an ounce of *S*taveſacre ſeed and beat both together, and then drink a draught of Malmſey, put a ſpoonfull of this Powder into your mouth, rolling it up and down, till your mouth be hot, and full of flegme, and then ſpit it all out; then take a ſtoole and ſet before you, and lay a cuſhion under your knees and ſet a baſon under your mouth, and gape as wide as you can, and then the flegme will void from you out of all members of your Head, and if it come too faſt, hold over your Head to the baſon, and let it go; uſe this once in a year and you ſhall be the better for it a long time.

A remedy for the Head

Take the juice of Ivy leaves, mixt with Oyl, and Vineger, and rub therewith your temples, and your noſtrills.

For lightneſſe in the Head.

Take ſmall tents of linnen cloth, and dip them in Cinamon Water, and put them into thy noſtrills, and thou ſhalt be help'd preſently.

6 *To purge the Head of all evil humors.*

Take the root of Pellitory of Spain, and chew a piece thereof on either side of thy mouth, between thy Gums and close thy mouth fast, till the water cometh down; then let the water go forth, but hold the root still a quarter of an hour.

For pain in the Head.

Take the juice of Ivy that groweth upon trees, and oyl of Roses; and mingle them together with Wine, and anoint your Head therewith, and this will make it leave aking. *Probatum.*

For the eyes.

FIrst, if it do come of Rheum or corrupt bloud, purge Rheume, and bloud; if it do come otherwise, be let bloud in a vein called *Mediana*, and use locall waters, as waters, to mundifie the place, and then use Salves sanative, Fennel, Eyebright Celendine, Rose water, are proper waters for the eys

For a white that doth grow over the black of the eye.

First purge the Rheume, with Anacardine, and Sternutations, or Gargarices, and then make a plaister made with the white of two Eggs and beat it well together, and then put to it a little Honey, and after that put to it Flax, or Tow, and to bedward lay it over the eyes, and let it lie all night, & in the morning wash thine eyes with cold water and a fine cloth; do this three nights one after another and be whole.

For

For a blood shooten Eye.

Take the white of two new laid Eggs and beat them to a watrish spome; then put two into it, and three nights together lay it to thine Eye, and bind it fast, and renew it every night, and wear a green cloth before thine Eye.

For a blast in the Eye.

Meddle not with it with medicines, but weare before thine eye a piece of black Sarsenet, and eat neither Garlick nor Onyons, nor drink no Wines, nor strong Ale, and it will away.

A water to clear the sight

Take Fennell, Vervain, Roses, Salendine, and Rue, of each two ounces & distill them, and wash thine eyes therewith, for it is good for all manner of sore Eyes.

For blear Eyes.

Take the juice of Wormwood, and beat the white of an *Egg* into Water, and mix it with Wormwood juice, thus mixed with water made of the white of an Egg. and put it into thine eyes and it shall put the blood and aking away.

A water to clarifie the dimnesse of the sight.

Take the juice of Fennel, and Salendine, Rue, and Eyebright, of each two ounces Honey an ounce & a half, Aloes, Tyme, and Sarcocell, of each half an ounce, the gall of a Capon, Chicken or Cock, two drams: Nutmegs, Cloves, and Saffron, of each a dram, Sugar Candie six drams, put all into a limbeck of glasse, and distill it, and of this water put

into your Eyes, and if you could get the liver of a Hee-Goat, and mix with the said things in the distillation, that water will be of much greater vertue, and almost without comparison.

Another for the same.

Take the green Walnuts husks and all from the trees, with a few Walnut leaves, and distill thereof a water or drop into your Eyes.

A finger powder, that drieth and taketh away the redness of the Eyes.

Take Tutty prepared half an ounce, Antimony half an ounce, Pearles two drams, red Corall a dram and a half, pound all these together very fine, and keep them in a box of Tyn, and use when thou hast need.

A Regiment for them that have sore Eyes.

Take heed that you alwayes keep your body loose, and abstain from fire, smoke, vvind, dust, and over hot and cold ayr, and from vveeping, & long reading of small letters, from over long vvatching over much drinking of Wine, and eating late, for all these are noysome to the Eyes, also all vaporous things, as Onyons, Leeks, Garlick, Mustard peas, and Beans are very dangerous; forbear day sleep, and behold green things, clear and pretious,

To clear the sight, or redness of the Eyes.

Take Salt and Ginger, and make it into fine powder and temper it with white Wine, and let it so stand a day and a night, then take off the thinnest rhine, and wet your Eyes with a feather to bedward.

For a Pin and Web in Eye.

If there be a Pin or Web in the Eye, or other blemish in the ball of the Eye, take water of Pimparnell, Vetvain, or salandine.

To make a good water for sore Eyes.

Take Fennell, Rue, Eufrace, Vervain, Tornmintill, Betany, red Roses, Endive, Sowthistles, call'd Chicken meat, Pimpernell red Salendine, Filago, the leaves of Piony, the leaves of white Vine March, Egremony, Skinfoil, called Woodbine, of each a like quantity, bray them well together, and the first day lay them in white Wine, the second day lay them in the Urine of a man-chid, the third day lay them in the Milk of a woman that feedeth a man-child, the fourth day in clean Honey, and then distill them with cleane fire softly; and keep that water well, for it is excellent.

For a hurt in a mans Eye that cometh with a stroke.

Take Betany two handfulls, and beat it small in a morter; and put thereto the white of an Egg, and break it with the other in a morter, and take of the same liquor, and put it into thine Eye, and lay some upon the Eye, and bind it fast, and do so nine dayes, and be whole.

Another for the same

Take Egremony and bray it, and temper it with white Wine, and an Egg, and make a plaister thereof, and lay it to the outside of thine Eye, and if it were almost out, it would heale it without doubt.

For

For the Eyes that run full of water, and be bleared.

Take the juice of Rue four ſpoonfulls, and two of Honey, and mingle them together, and when you go to bed, put thereof into your Eyes and keep it in together, and uſe this, and it will help thee. Or take two or three roots of red Fennell, and the leaves alſo, and a branch of Salendine, and a good race of white Ginger, pared and beaten flat, and if they be not great enough, take two races, put theſe into half a pint of running water and cover it, and uſe to put of this water into your eyes when you go to bed, and an hour before you riſe in the morning, when you take thereof ſtrain it.

To ſave a mans ſight a long time good

Take a crop of Rue, and another of Camomill, and eat them faſting, with a fig or tow three dayes in a week, and this will ſave thy ſight.

To draw Rheume back that falleth into the Eye.

Take an Egg and roſt it hard and ſlit it into two parts, and lay it hot to the nape of the neck, and thou ſhalt finde eaſe preſently.

A medicine for ſore Eyes, and for the Megrim in the Head.

Take the white of an new laid Egg clean taken from the yolk, and a ſpoonfull of white Ginger, and a ſpoonfull of ſtroug white Vinegar made of Malmſey, or white Wine, and a ſpoonfull of clean Roſe water; but firſt the white of an Egg muſt be well beaten, and then of the Ovl of the Egg put

your

your other things above vvritten, & beat them all together then take Flax as much as vvil make tvvo plaisters, for either Temple one, vvith a cloth, and dip it into the medicine, and bind upon every Temple one vvith a cloth, and take heed the medicine do not touch your Eyee; and do this three or four nights together, and every morning the eyes vvill cleaue together vvith the Gum; but this medicine hath brought to sight them that were eight weeks stark blind.

For a Pearl and Web in the Eye.

Take fine white Ginger, and grate it upon a whetstone and then beat fine a little white Coperas, and put to it, and when the patient goeth to bed, put some of it with a quill into his Eyes, and when it hath been there a little while, take ground Ivy beaten and strained, with womans milk, and put three or four drops into your Eyes evening & morning, after the white Coperas hath been in your Eyes half an hour. *Probatum est.*

A medicine to clear the sight.

Take clean Rose-water a quantity in a sawcer and clean Myrrhe as much as a Nut, and break it to powder small, and bind it in a clean linnen cloth, and let it lie in the Rose water 12 hours, and then the water vvil vvax somvvhat red of the Myrre, then take off the vvater, and put it into your eye, and this vvil clear the sight very vvell. *Probatum est.*

To make a pretious water for fore Eyes, that be fair to look on, and yet cannot see with them.

Take Smallage, and red Fennell, Rue Betany, Vervain Pimpernell, Eyebright, Sage, and Salendine, of every one of these a quantity, and wash them clean, and stamp them in a very fair vessell, and take the Powder of fifteene Pepper corns, and a pinte of good white Wine, and three spoonfulls of good live Honey, fifteene spoonfulls of the water of a man-child that is very young; then put all these together and let it boyl over the fire a little, and then strain it through a clean cloth, and keep it in a vessell of glasse, well stopped, & when you will occupy it, put some of it into your Eyes with a feather, and if it dry away in the glasse, then put a little white Wine to it, and this is good for all sore Eyes; if thy Eyes be never so sore, in fifteen dayes it will heal thee. *Probatum est.*

For a Pearl or Web in the Eye.

Take fine white Ginger, beaten fine into powder, and searse it and seeth it a great while in good white Wine, and put it into a fair vessell of Latten well stirred, & let it it stand in the vessell till it look green, then put it into a glasse, and when you have need of it, use it with a little white Coperas at the dressing; Or for the Web in the Eye, take the gall of an Hare, and clarified Honey by even portious and mingle them together, and lay it on the Web, and within three nights the Web shall break and save the sight. *Probatum* ℔.

A medicine for any that hath the small Pox fallen into their Eyes.

Take Pimpernell, and stamp it and strain it, and take the juice thereof and drop it into your Eyes, where the small Pox is, with a feather, morning and evening, and this is a speciall good medicine for a Pin, a Web, or a Pearle in the eye.

For a Pin and a Web.

Take the Ivy leaves that grow upon an Ash tree, wipe them clean with a cloth, and stamp them and strain them with womans milk, if it be a man that hath a Pearl in the Eye strain it with the milk of a woman that nurseth a Girl, if a woman have a Pearl, then with the milk of a boy, and the sorer the eye is, the more of the juice you must take, and lesse of the milk, and drop this medicine into thine Eye with a feather, morning and evening, and twice in the afternoon. This is proved.

For sore Eyes.

Take the juice of Houseleek, womans milk, Rose water, or Woodbine water, and the white of a new laid Egg well beaten, the froth taken away, and beat all these together, and dip the Flax, and lay it to your eyes when you go to bed. *Probatum est.*

For Eyes that are swoln.

Take two spoonfulls of womans milke, one spoonfull of Rose water, the pap of a rosted Apple, and the yolk of a new laid Egg; and boyl all these together in a sawcer upon a chafing dish of coals,

coals untill it be thick, and spread it upon a little cloth of the bigneſſe of the Eys, and lay it to luke-warm, one day or a night, or until you ſee them ſomething aſſwaged, and then waſh them with womans milk. *Probatum eſt.*

I have known a woman heal many blind people with this medicine following.

Take Dayſie roots, Betany, Pimpernell and red Fennell, of each a ſmall bundle, and ſtrain them with ſtale Ale, and drink of this evening and morning, and lay outwardly to thy Eyes Roſe water, Womans milk, and the white of an Egg with two, being well beaten together: the drink will be the better, if you pound, and put the juice of Cheſlocks, a worm ſo called, that is between the bark and the body of trees commonly, and then the juice of the ſaid worm put into the ſore eyes, healeth them: you may uſe the Cheſlocks if you pleaſe.

A medicine whrewith one was holpen that had a prong thruſt into the white of his Eye.

Take the right ground Ivy, Salendine, the green of a Gooſe tird, and womans milk, and put them together in a glaſſe, then when they be ſetled Powre out the cleareſt, and put it into thine Eyes, and this will make thee whole.

A pretious medicine for ſore and dim eyes.

Take a handfull of Tyme, a handfull of Vervain, a handfull of Roſe leaves, a handfull of brown Fennell, and when you have waſhed thoſe hearbs clean

clean, put them into a Stelletory, and then put thereto a pinte of new Wine, and eight penniworth of pure white Coperas, and distill the same, and put it into a glasse, and use to wash your Eyes therewith. *Probatum est.*

A speciall medicine for Eyes, first to clarifie the sight, and curable to all passions to Eyes, as hath been proved many times, and if the Eyes be therewith washed, or else one drop of clear water put therein, it cleareth the sight, and is much profitable to strained eyes; it will destroy a Pearl, overcometh the Megrim, and healeth any Eyes that be smitten with a stroake.

Take red Fennell, Rue, Eufrace, Vervain, Betany, red Rose, Grape leaves, Appium, Egrymony, ground Ivy that groweth upon an Oak and of all these take even portions, and it must be put four dayes and four nights in the manner following: the first day and night in white Wine, the second day and night in water of a man-chile, a Virgin, the thirdday and night, in womans milk, the fourth day and night in clean Honey: and this done, take all the herbs, and put them into a stilletory, and the water that cometh thereof ye shall put into a viall, and use this as aforesaid, and in this water put the fourth part of an ounce of Camphere beaten in a mortar, this is an excellent medicine.

To make a water for sore eyes which is excelent.

Take the filing of brasse, of Iron, Lead, of Steel, and of Gold, and put it one day in the wa-

ter

ter of a clean Virgin to ſteep, the ſecond day put it in white Wine, being hot, the third day in the juice of Fennell, the fourth day in the milk of an Ewe, the fifth in red Wine, the ſixth day in three whites of Egges, and then put it into a Stelletory, and diſtill it with a ſoft fire, and keep the water in a veſſell, this water is right excellent and pretious for a mans ſight, and deſtroyeth the Leproſie.

A medicine for the Pearl and Flegme grown over the eye.

Take the Gall of a Hare, and boyle it with as much Honey as the Gall, and anoint the Eyes therewith. *Probatum eſt.*

Medicines for the Ears.

For the earwig, or worm in the ear.

TAke the juice of Wormwood, Rue, and Sothernwood, of each a like much, and mingle them together, and put it into the Ear; and that will ſlay the worm that is in any mans head within five nights at the furtheſt, and lay ſome of the ſubſtance of the herbs Plaſter-wiſe.

To make one hear that is deaf.

Take green Elm, and lay it amidſt the fire, and take the water that cometh out of the ends thereof a ſpoonfull, and take a ſpoonfull of the juice of Sengreen, and a ſpoonfull of Eels greaſe, that is

a kind of a black Eel, of the gobbin next the navell, and boil them together a little over the fire, and then put the liquor into a glass, and put thereof into thine Ears when thou art in bed, and within a day thou shalt be whole, but look that the liquor be milke-warm: or take the juice of Betany, and let it rest a good while; and then take black Sope, and the juice together, and put it into thine Ears.

Another for the same.

Take Camomil, Melilot, Marjoram, Calamint, Hysop, Wormwood, Penyroyall, Stechados, Mints, of each a handfull, boil them in running water one hour, and dip a cloth therein, and hold it hot to the Ear that the heat may enter into thy head, and after stop thy Ears with cotton or black wool, that no cold may enter, and this will help the hearing.

A water to help the hearing.

Take and distill Sorrell, or Wormwod in a common stilletory, and take four drops of either of the same waters, whether you will, and put into the ear lukewarme.

For pain in the Ears, or for default in hearing.

Take the oyl of sweet Almonds, and drop it into thine ear, and it helpeth the pain speedily, also milke sodden, and put into a stone pot with a narrow mouth, and the sore ear holden over the pot, that the vapor of the milk may ascend into the ear; this taketh away the pain, and breaketh the imposthume of the head, this is proved true.

Another for the same.

Take the oyl of a silver Eel, with black wool of a Ram, betwixt the hinder legs, and the flank, it helpeth presently the pain, and will cause the Ear to run. Also the oyl of a Weasle or Mole helpeth the hearing very well, but you must make it in this sort, when the Weasle or Mole is stripped of his skin, then put the said Weasle or Mole into an earthen Jug, and stop the Jug very close, and put the pot into seething water, and let it stand there three hours, and then take it out, and put the clear substance into a Glasse.

To draw an Ear-wig out of the Ear.

Take a piece of an old apple, and put it into the Ear of the Patient, & lie down all night upon the same side, and in the morning pluck away the apple quickly, and the Worm will come forth. [*This helpt a Woman in Oxfordshier.*] Also another woman had one of the said Worms in her Ear, and she took *Aquavitæ*, and dropped it into her Ear, and stopped her Ear with Bumbast, and laid her down on the same side, and was holpen presently; but if once wil not serve, do it two or three times.

Medi-

Medicines for the Nose.

For a fleshy humor growing in the Nose, or for a bottle Nose.

TAke of the Powder of Dragagant with a little Honey, and make a Tent thereof, and introduce it into your Nose, or Nostrills, or take the juice of black Ivy, with a little Cotton, and make a Tent, and put it into your Nostrills.

For bleeding at Nose.

To restrict the blood which doth flow out of a mans Nose, let him smell to a Hogs tird, and lay his stones and cods in vineger. If it be a woman, let her lay her breasts in Vineger, or else exhaust an ounce or more of blood out of a vein called *Cephalica.*

For stinking of the Nose.

Take Cloves, Ginger, and Calamints, of each a like, and seeth them in white Wine, and therewith wash thy Nose, and after put in powder of Pierimony to provoke sneezing. Also if the cause of the stinking come from the stomach, first help thy stomach, as shall be said in the remedies for the stomach.

A singular medicine to stop blood.

Take swines dung as hot as you may have it from the Swine, and when you have cleansed the congeal'd blood out of the Nose, wring it through a cloth, and let that juice pierce into the side, from

whence the blood cometh, and by the grace of God it shall stanch anone. Moreover it is good to bind the feet and arms, as hard as can be suffered with a cord or lace, the stronger the better: Or take strong Vineger, and put it into the side of the Nostrill that bleedeth, and if they bleed both, put it into both, and it shall stop straight: Or take and bear about thee the herb *Appium*, otherwise called March Smallage, that groweth by the water side, and whilest thou bearest the same about thee thou shalt not bleed if thou haddest many wounds.

To kill a Canker in the Nose.

Take and boil strong ale untill it rope, and be like a salve, then lay it on a plaister of Leather, and lay it on the Nose, and it will heal it, and for stinking flesh that groweth on the Nose, take and distill Serpentine called Adders tongue, and then put of the same water with cotton into the Nostrils where the stinking flesh is: and against the imposthumation of the Nose, take and distill flower de Luce, and lay wet cloaths thereon; also water of Sowthistles, called *Cardnus Benedictus*, doth heal the *Noli me tangere* in the Nose, wet cloathes being laid thereon, and some of the powder of the same will heal the Nose.

For pushes and pimples in the Nose.

Take the yolk of an Egg, and bray it with Ceruse, and so anoint your Nose therewith, and be whole within four or five daies at the most: or take the juice of Plantane, and the roots of Burres,

and

and Salt, and Verjuice, and stamp them all together, and strain out the juice, and therewith wash thy Nose, and it will be whole.

To stop bleeding at the Nose.

Take Amber, and burn it in a Chafingdish of coals, and let the smoak of it go up into thy Nose, and it will stop bleeding. A Tailor bleeding twenty four hours without ceasing, and no medicine could stay him, at last he took a skain of black threed and put the one end thereof in at the Nostrills, and the other was set on fire, and when he had received the smoke into his Nostrils, the great Flux ceased immediately, and he bled no more in a long time after.

Another for the same.

Take the root of the great Roman Nettle, and let the Patient chew it in his mouth, and so refresh it with another root, for this in great need hath been found very saving for the staying of the Flux of Blood. And when I could stop the blood with no manner of medicine, then I opened a vein in the ear, and so let out a good quantity of blood: this is the last refuge for bleeding at the Nose.

Medicines for the Mouth.

WHosoever would have help for the Mouth, or for the Tongue, or for the Ears, or for the Eyes, or for the Nose, or for the Teeth, or for any dolour or pain which may be in any of those parts or places, let them use otherwhiles Sternutations to the quantity of a small pease, and pill of Chochy half a dragm, and a scruple, or a dragme at the most and once or twice a moneth, let them use Gargarismes a good spoonfull, three or four times a day, to exhaust and draw out the rheume out of the Head, the which rheume is cause of many infirmities in mans body, as doth more largely appear as followeth.

For spitting of Blood.

Take the juice of Betany, and temper it with Goats milk, and let the sick drink thereof three dayes, and he shall be whole: Or take Smallage, Mints, Rue, and Betany, and boil all these in good milk, and sup it warm.

For stinking of the Mouth.

Take the juice of black Mints, and of Rue alike much, and put it into thy Nostrills, and this will help thee. This is proved.

For a stinking Breath.

Take an ounce of Sage, and make thereof powder, one ounce of Rosemary flowers, half an ounce of Cloves, two drams of Cinamon, two Nutmegs, and

and two grains of Musk, and make them all into powder; then take as much purified honey as will cover all of them, put it in a box, and set it in the Sun five days, and it will be perfect; then take every morning fasting half an ounce, and so at night to comfort the meat that it putrifie not, or corrupt the stomach; and be whole.

To recover a mans speech.

Take the juice of Sage and Primrose, and put into the Patients Mouth, and he shall speak straight, or within a while after.

For a Mouth that is staid with heat.

Take Ribwort, and seeth it in red Wine, and hold it in your Mouth hot, and do this often, and be whole.

For the Canker in the Mouth.

Take nine leaves of Sage, and stamp them with a little Salt and Verjuice, and make thereof a plaister, and lay it thereto, and it will be whole, but you must dresse it twice a day.

Against the inward eating sore of the Mouth.

Take and distill Perwinckle, and with the water thereof wash thy mouth, also water of Lavender and Fumitory doth kill all sores in the Mouth: and for Blains in the Mouth, take and distill Burnet in a common Still, and with the water thereof wash the Blains in thy Mouth.

For a Canker in the Mouth.

Take rusty Bacon, and Vine roots, of each an ounce, of wheat bran a handfull, and of brine two

two or three pints, and seeth all these together in Brine, wherein flesh hath been laid to salt, and let the hot vapor thereof ascend to the sore place through an instrument like a Funnell made of wood; and this done, wash this sore place with this water following Take the inner barke of the roots of black Thorn, and seeth it in a pint of white Wine Vineger and a pint of water: of the Bark twelve ounces, of Roch Alum two ounces, seeth these together in a stone Cruse, in a Kettle of water closely stopped, till half be wasted, then strain them, and put of this liquor into the sore. This helped a child of twelve years old, that the Canker had eaten through the roof of his Mouth into his Nose. But if the Canker be not very corrosive, take Woodbine, Sage, Lavender, Rosemary and Salendine, and seeth these in running water and white Wine, till halfe be wasted, and then strain them, and put to this strained liquor a little Alum, and Myrrhe, Honey, and Sarcacoll, when these be a little sodden, then strain them again, and rub thy Mouth therewith often in a day.

For the falling of the Evola.

Take a little pepper and salt, and put it up therewith: or else take and seeth a little pepper in Ale, and dip a linnen cloth therein, and put it up therewith: also take a handfull of Fetherfew, and rub it betweene your hands, then lay it to the Crowne of the Head, and it will draw up the Evola.

For

For a Canker in the Mouth.

Take a little bundle of Rosemary, Sage, and put it in running water, and seeth them wel together, and put to them Roch Alum, and wash thy Mouth therewith: or take woodbine leaves, and stamp them, and put thereto a little running water, and strain out the juice thereof, then put to the same a little White Coperas, and wash thy Mouth therewith, and it will be whole.

For a Canker in the Mouth.

Take a sawcer full of woodbine water, and put thereto as much Alum as a Hasell Nut, and then take of Mell-Roset as much again as the Alum is, and put to it a spoonfull of good Vineger, and boil all these together upon a Chafingdish, and wash the Canker therewith.

Medicines for Teeth.

To make Teeth white.

TAke the Vineger of Quinces, and dip a little piece of cloth in it, and rub thy Teeth, and Gumms therewith: the said Vineger fastneth the Teeth and Gums, comforteth the roots of the Teeth, and maketh sweet Breath.

To keep the Teeth sweet, clean, and from danger of worms, or a Regiment ach.

Take a pint of white Wine, two ounces of Alum,

lum,& a quarter of an ounce of Honey,boil them togethe r,and wash your Mouth therewith every morning.

A Regiment for the Tooth-ach.

You must wash your mouth before and after meat with warm water,to cleanse the mouth and Purge the humors from the gums,which descend out of the head,it is good every morning to wash the mouth,and to rub the Teeth with a Sage Leaf, or with powder made of Cloves and Nutmegs. You must forbear Lettice,and raw fruits,all tart things,and the chewing of hard things: also all meats of evill digestion,and vomiting, and straining of your self.

For the Tooth-ach.

Take the root of Henbane and seeth it in vineger,and hold in thy mouth the decoction thereof, and the pain of the Teeth will away straight: or take Hyssop,and make a decoction with vineger, and wash your mouth and teeth therewith being hot,and the pain will away.

Another for the same.

Take wheat bran,and good stale Ale,and make it thick like Mustard,and let it soke therein a quarter of an hour,then strain it,and put thereto the powder of pepper a good quantity, and some of the juice of Rue,and make it somewhat thick,and put it into a little bag of linnen cloth, and lay it between thy cheek and thy teeth,and lie down on that side,and let the water run out of thy mouth,

and

and use it three or four times, & thou shalt never have the Tooth-ach more: or take Hounds tongue, and stamp it, and fry it with butter, and make a plaister thereof, and bind it to thy cheek on that side the pain is, and thou shalt be whole. Proved.

An approved medicine for the Tooth-ach.

Take Berries of Ivy, and the scraping of a Harts Horn, and boil it in white Wine, and make a plaister thereof, and lay it to thy Cheek, and hold the liquor thereof in thy mouth, and thou shalt be whole. Or take pepper, Salt, and the roots of Primrose, and dry them all together, and make powder thereof, and rub thy Teeth therewith.

To take away the Tooth-ach in halfe an hour.

Take Henbane seed, Smallage seed, and Poppy seed, of each the weight of a peny, and make pellets thereof as big as a Vache, with a quantity of *Aquavitæ*, and lay it unto thy Teeth that ake, and the pain shall cease straight.

A notable medicine for the Tooth-ach.

Take Pellitory of Spain, both of the leaf, and of the root, wash it, and stamp it, and thereof make three balls, every ball as big as a plumb, and lay the first ball between the Teeth and the Gummes, the space of a miles riding, and even as the water ingendreth in thy mouth spit it out whole, and put in another ball, as thou diddest at the first, and likewise the third, and so let the water run out of thy mouth still, and be whole straight.

To

To make Teeth white.

Take flower of Rie, Salt and Honey, and mingle them well together, and therewithal rub thy teeth every day twice or thrice, & then wash them clean with water, and they will be clean. Or take green branches of broom and burn them, & make thereof a powder, and burn Alum, and mix them together, and then temper them with fair water, and rub thy Teeth therewith, and it will do away the blackneſſe of them.

For the Tooth-ach.

Take the green part of the Eldar rine, not the uttermoſt, nor the innermoſt, but the green in the middle between both, and Sage, Rue, and Ginger, and a good deal of Salt, then grind them all together in a mortar, and ſeeth it in white Wine, and make a plaiſter thereof, and lay to the cheek, and be whole.

Another for the ſame.

Take a pint of the ſtrongeſt vineger thou canſt get, and a handful of Sage, the root of a red Nettle the quantity of a fingers length, and as much of the rine of an Oke, and cut them in little pieces, and ſo let the Vineger and all the reſt ſeeth together from a pint, then let the Patient chew it on the ſore Tooth, and ſo dreſſe him evening and morning, half of it at each time, and this ſhall help him for ever. *Probatum eſt.*

For to remove a Tooth.

Take the root of a Mulberry tree, and lay it in Vi-

Vineger three days and three nights, and then dry it in the Sun, and make powder thereof, and rub thy Teeth therewith, and they will fall out.

A water for the Teeth.

Take and distill the water of Motherwort, and hold it in thy mouth a good while, and it will kill the pain of the Teeth, and the stinking thereof. Also water of Vervain, or Hyssop water will do the like.

For the Tooth-ach.

Take Henbane seed, and the powder of Amber, of each alike much, & lay them on a glowing tile, and make a pipe that thy breath may go through to the sore Tooth; and this will kill the wormes, and put away the Tooth-ach.

For a Canker, and Tooth-ach.

Take Smallage, and Sorrell leaves, Alum, and glasse, and make thereof a powder, and lay it to the sore, whersoever it be, and for the Tooth that is hollow and aketh, take the flowers and leaves of Pellitory, and stamp it with salt, and fill the hollow Tooth therewith, and be whole.

For the Tooth-ach.

Take Ivy Berries, and seeth them well in Vineger, and when they be well sodden sip some of the liquor as hot as you may suffer it, and hold it in your mouth till it be cold, and then cast it out, and take new, and do so three or four times, and it will ease you,

For

For the Tooth-ach.

Take and roſt an Egg hard, and put therein a ſpoonfull of ſalt, and two ſpoonfuls of Vineger, or good Aleger, and temper them well together, till they be a pap, then ſtrain it, and with a little fine cloth put ſome thereof into your mouth, and when you have ſpit out the corruption, refreſh the ſame with more, and it will take away the pain ſhortly.

To make Childrens Teeth come.

Take the brains of a Hare, and ſeeth them, and anoint the Gums therewith: and take the brains of a Hen likewiſe, and rub the Gummes therewith, and this ſhall make the Teeth grow without aking.

To faſten the Teeth.

Take and ſeeth the roots of Vervain in old Wine, and waſh thy Teeth therewith, and this will make them faſt.

For Wormes in the Teeth.

Take Henbane ſeed, and lay it upon a flat ſtone, and ſet it upon a Chafingdiſh of coals, and let the ſmoke go into your mouth, and this will kill the Worm ſhortly.

For the Tooth-ach.

Take the inner rine of an Eldar tree, and bruiſe it a little, and put thereto a little Pepper, and make it in balls, and lay it to your Teeth, and be whole.

The cauſe of theſe impediments may come, either

ther, by an humor descending out of the Head to the Teeth, or Gummes, or by corroding or eating of Worms, or corruption of blood, lying and being upon, and betwixt the Teeth: or it may come by drinking of hot Wines, eating of hot Spices, or hot Apples, Pears, Cherries, and such like; and it may come of a hot Liver or Stomach; and ever beware of pulling out of thy Teeth, for pull out one, and pull out more, but if it be hollow pull it out, for it will rot still more and more, do what thou canst.

Medicines for the Gummes.

For the Gummes that be gnawn and fretted with Humors

TAke Cloves, and seeth them in Rose-water, then dry them, and make powder thereof, with Rose-water, or Roses, for that is best, then dry it again in the Sun, do this three or four times, & then temper the powder again with Rose-water, or with the juice of Roses, and anoint thy Gummes therewith.

A water for a Canker in the Gummes.

Take half a pint of white Wine, and a quarter of a pint of water, and put thereto an ounce of burnt Alum, and take a quantity of five leaved grasse, otherwise called Cinque-Foil, and put all these

theſe into a clean earthen pot, and ſet it over the fire, and let it ſeeth to the halfe, and ſcum it clean, then ſtrain the liquor into ſome veſſell, and keep it in a glaſſe till thou have need to occupy it.

Another for the ſame.

Take Herb Graſſe, and waſh it clean, and dry it with a linnen cloth, and ſtamp it in a mortar, and put thereto ſtrong red Vineger, then ſtraine it through a clean linnen cloth three times folded, of an ell broad, wet it in the ſame medicine, and lay it to the ſore within the mouth: and if it be a very great Canker, take Alum, and beat it very ſmall in a mortar, and put it to the ſaid medicine, to the value of a handfull of Herb Graſſe, and this will heal thee.

To make a Gumme hard to hold the Teeth.

Take cleane Roſe-water, and daily waſh thy Gummes and Teeth therewith, and it will faſten thy Gummes to thy Teeth.

For rotting of the gummes.

Take the water of great Sage, and waſh thy mouth, and gummes therewith, and it will help the rotting of thy teeth, and the ſhaking of them, if thou uſe it often in a day, and hold it in thy mouth.

Medi-

Medicines for the Face.

For a ſawcy ſtained Face like a Leper.

YOu muſt give him a Purgation, as is ſaid in the pain of the Head, coming of Choler, then dip cloaths in Alum water, which muſt be made as followeth: take a pound of Alum Glaſſe, the juice of Purſlain, of Plantain, and Verjuice, of Grapes, or Crabs, of each a pint, with the whites of twenty one Eggs well beaten together, then mingle them all together, and diſtill it in a Stillitory: this water is for the Pimples, Scurfes, Chafings, Wheals, and Heats, dip your cloth therein often, and lay to the redneſſe.

The cauſe of theſe impediments doth come of a venemous matter, aſcending out of the Stomach, meeting with Rheume that would deſcend from the head, and meeting both together, do cauſe the Vapors to break out in the Face.

For a Copper Face.

Take Litarge of Silver and Brimſtone, of each a like much, and ſeeth them in Vineger, and then wet a linnen cloth therein, and lay it to the ſore, putting a little Roſe-water to it.

A diet for a Copper Face.

Abſtain from all ſalt things, Spices, fried Meats, and roſted Meats; from drinking of Wine, for it is very ill: alſo Onyons, Muſtard, and Garlick be very bad, inſtead of which you muſt take

Purſlain, Sorrell, Lettice, and Hops, Borage, otherwiſe Succory, or Endive in your pottage. Alſo it is neceſſary to be laxative, and ſleeping to lay your head high.

For a red Face.

Take Sowthiſtles, Borage, Purſlain, Sorrell, Barley, Parſly roots, and Licoras, and boil them all together in running Water, and drink it firſt and laſt.

For Worms in the Face.

Take of Roſine three parts, and the fourth of unwrought Wax, one ſpoonfull of Honey, half a ſpoonfull of May Butter; try them all together on the fire, then ſtrain it through a fair cloth into a diſh of fair water, and when it is ſo cold that you may ſtir with your hand, work it well againſt the fire, as you do an Electuary, and in working thereof, put in as much white Coperas as a Nut, as you do occupy it made into powder, then ſtrike it on a cloth, as you do other plaiſters, and lay it to the Face, and within three daies you ſhall know whether there be Worms; they will riſe white like Wheals under the plaiſter: then caſt more Coperas on your ſaid plaiſter, and ſo dreſſe him, and he ſhal be whole.

To make the Face fair

Take the flowers of Roſemary, and boil them in white Wine, then waſh thy Face therewith, and uſe to drink of the ſame: Or take Burnet water, and waſh thy Face therewith, and let it dry

dry by it self: also Water of Bean flowers doth better.

A medicine for a white Scurf in the Face.

Take of Vineger a pint, and dissolve in it one ounce of Champhire, & let it stand therein fourteen daies, being very well stopped, & then wash the diseased place. This holp a Gentlewoman which had a long time a Scurf rising in her Face, as though she had been a Leper.

For chapped Lips.

Take and anoint them with *Unguentum album consecratum*, and if there be any corrupt blood or mater, you must wash the place with water of Plantain wherein hath been sod a little Alum, before you put in the same oyntment: also it is good to wash the place with Plantain water, & Barley water together.

To put away freckles in the Face.

Take and anoint thy Face with the blood of a Hare, or of a Bull, and this shall destroy the Freckles within five nights dressing, if you use it.

A singular medicine for Worms in the Face.

Take the leaves and roots of Leeks, and the juice of them all together, and take thereof a pint and a half, and put it into a glasse, with an ounce of powder of Pellitory, and a scruple of Verdigreace, and stir them all together, and every day bath the Worm & Whelks with Cotton moistened in the said juice, and stir it often in the said glasse: also it is good for Worms in any other

members, and breeding in the ſickneſſe, called in *France* the *Kings Evill.*

To put away freckles in the Face.

Take and lay a raw Egg (that is new laid) in white Wine Vineger all night, and on the morrow ſtamp the egg ſmall, and then put thereto as much powder of Muſtard-ſeed as the egg was, and mingle it with the egg, and when thou goeſt to bed anoint thy face therewith, and on the morrow mingle Barley meal, and hot water together, then caſt away the water, and waſh thy face therewith nine daies: or take Salendine, ſtamp it, and temper it with white wine, and lay it to the Face: or take a good quantity of pellitory of Spain, and white wine, and let it ſtand a while, and then waſh thy Face therewith, and it will heal thee.

F*or Blains in the* Face.

Take Salt, and the roots of Plantain, and Ver-juice, and ſtamp them well together, and waſh the Face therewith, and this will heal thee.

F*or a foul Blaſt in the* Face.

Take red Honey-ſuckle for the man, and white for the woman, and take the juice thereof, and anoint therewith thy face, and it will heal thee.

F*or a ſawcy flegme* Face.

Take the roots of Enula Campana, and ſeeth it in a pot of Vineger, untill the Vineger be well ſod away, then ſtamp it in a mortar, and put thereto Quick-ſilver and Brimſtone, and Swines Greaſe, and make therewith a plaiſter oyntment and anoint

noint thy Face therewith, and if you mak a plaister, lay thereto the same stuffe. This is proved. Or take oyl of Tartar, and anoint thy face therewith, or any Canker, or Ringworm, Tetter, or Leprosie, for this will make it whole.

For a red Face full of Pimples.

Take and distill water of Salendine, and dissolve Camphire in it, as is afore written, with Vineger, and with this wash thy face; this did make a maid whole in twenty daies, that had a marvellous great heat in her face. Also there was a Farmers wife in *Berk-shire*, which had her face full of white Scales, and was cured with this that followeth: She took Honey-suckle leaves, and distilled them, and washed her face often with the water, and it never came again. Also there was a woman which had such a grief in her Face, that if she had been by the fire but a little while, and then gone abroad into the ayr, her Face would have risen full of red spots, as though she had been drunk, which was helpt with this which followeth: She took Frankincense, and Saffron, and then made them to powder, and then cast this powder upon a Chafingdish of coals, and received the smoke with open mouth, and using it often, was helped.

To take away freckles in the face.

Take Pellitory, and seeth it with Wine, and make a plaister thereof, and lay it to the Freckles,

and this will take it away: or take the Gall of a Cock and mingle it with the flower of Cocle, of each a like quantity, and make a plaister thereof, and lay it to the Freckles: or take when you kill a Bull, and save the blood thereof, anoint the place therewith that hath the Freckles, and it will take them away.

To take away the small Pox, that they shall not be seen.

Take the juice of Fennel, and heat it luke warm, and anoint the place therewith three or four daies divers times for this is an approved medicine for the small Pox.

To make the Face fair.

Take white Lillies, green Cocle, and green honey Suckles, of every one a like much, and then distil them in a Stilletory, and take the water thereof, & wash therewith thy face, and within fifteen daies thou shalt be fair.

For a red Face.

Take a handfull of Scurvygrasse, and a handfull of Turfon leaves and seeth them in a quart of Ale a pretty while, then strain them, and drink thereof morning and evening.

Medi-

Medicines for the Throat.

THe cauſes of theſe Impediments do come of Rheume deſcending from the head, or by Opilation, or ſuch like; therefore firſt purge Flegme and Rheume.

For a ſore Throat that is inflamed.

Take two ſpoonfulls and a half of Honey, two good ſpoonfulls of Treacle, of Alum as much as a Pullets Egg, of ſweet butter two good ſpounfulls, five Sprigs of Roſemary, a quarter of a ſpoonfull of Pepper, and for an old body the more Pepper.

For dry hoarſeneſſe in the Throat.

Take the root of Parſly, and the root of Fennel, a like much, and three peny weight of Enula Campana, and one pound of Figs, and a quarter of a pound of Licoras; ſeeth all theſe together in a gallon of running water to three quarts, and put therein a little Hyſop, and ſtrain it, then boil it, and take the white of ten or twelve Eggs & put therein, and let it boil together till it turn clear, then take Sugar, Roſet, and put thereto as much as a Hens Egg, then take it from the fire, and cleanſe it through a fair cloth, and drink thereof morning and evening.

For a Canker in the Throat.

Take a pint of good ſtale Ale, and a good hand-

full of Sage, and a good ſtone of Alum, as much as an Egg, and boil them together well, and then with a cloth waſh thy Throat, and garle it in thy Throat, and be whole: Or take Sage, Woodbine, Rue, Hyſop, or Penyryall, of each a quarter of a handfull, and boil them in good wine Vineger, or ſtrong Ale, with a little Roch Alum, and a ſpoonfull of Honey, and then ſtrain theſe through a cloth, and with liquor ſcoure the Canker with a fair cloth on a ſticks end, and wet a cloth double, and lay it plaiſterwiſe to your Throat, and be whole.

For hoarſeneſſe in the Throat.

Take Penyryall, and ſeeth it in running water, and then take of it at night a diſh full, ſomewhat hot, with a little, and Sugar melted it it, and within two or three times dreſſing you ſhal be clean again.

For hoarſeneſſe of a long continuance.

Take Raiſins, Figs, Sugar, Cinamon, Cloves, of every one a little, and ſeeth them in good Wine, of the which you ſhall give the Patient two ounces at a time, morning and evening, except ſhe have a Feaver: or for a Child that hath the Cough, take Oyl of Roſes, and chafe well his ſtomach when he goeth to bed, and then lay a warm cloth on his ſtomach, and he ſhall be whole.

To heal a Quinſie in the Throat.

Take one pound of the water of Scabias, and one ounce of *Aqua vitæ*, and mingle them together, and wet cloaths therein, and ſo lay it to the

sore, and this will kill it in three or four dayes.

For the dry Cough.

Take half a pound of Licoras, and scrape it clean, and bruise it well, and put it into an earthen Pot, and put thereto three quarts of fine Wort, and one ounce of Sugar, of Ginger beaten two drams, and a pint of clarified honey, and seeth all these together, till half be wasted, and then strain it through a cloth into a clean Vessell, and let the sick drink thereof first, and last, at evening hot, and morning cold.

For stopping of the Pipes.

Take two drams of Methridatum, and a spoonful of Claret Wine stirred together, and so drink it fasting, and by and by drink a pint of Claret Wine after it, and then fast two hours after, without meat or drink, and take this twice a week for two or three weeks together, and use in all your meats and broths, white Pepper grossely beaten.

For the Cough a good medicine.

Take a half peny worth of Licoras, a spoonfull of Anniseed, a sawcer full of the juice of Fennell, and one ounce of Sugar Candy, seeth all these in white Wine, or Sack, from a quart to a pint, then strain it, and give the Patient thereof to drink.

For the Cough, and Pursinesse.

Take of the powder of the Lungs of a Fox, and Sugar Candy, and temper it in Rose-water, and drink thereof: Or take white Sugar Candy, & Rose-water,

water, and drink it, for it is very good for the Cough, if it come of the inflammation of the Lungs.

For the Chin-Cough.

Take the root of Horſe Hoof, and the root of Cumfry, of each a like much, and waſh them in fair water, then ſtamp them, and ſeeth them in fair water, till half be conſumed; then take two parts of that liquor, and a third part of honey, and boil them, and ſcum them clean, and when it is well ſodden, put it into ſome boxes, and let the ſick uſe three ſpoonfulls at a time, every day faſting, and to bedward.

A very good medicine for the Cough.

Take a brown Loaf, before you put it in the Oven, and make a hole in the top of it, and put therein a good handfull of Roſemary, and cover it again with the ſame Paſte, and being baked, take it out of the Oven, and mingle it with half an ounce of the powder of Enula Campana roots, of Licoras three parts, of Sugar-Candy as much as of the Roſemary, of round Pepper, and long Pepper, of each half an ounce, take of this evening and morning, and in your pottage, and it will help the Cough with great ſucceſs, if well tried.

Medicines for the Breast.

For sore Breasts when they be broken.

TAke Wheat flower, and two yolks of Eggs; and the juice of Plantain, and mingle them all together till they be thick like a sawce, and if there be holes in the Breasts, make Tents that will suffice the holes, and dip them in the same, and put them in the holes, and lay a plaister thereupon.

For sore Breasts.

Take a handfull of Figs, and stamp them untill the Kernells be broken, then take a little fresh greace, and temper it with the Figs, and make a plaister thereof and lay it as hot as the Patient can suffer it unto the breast, and it will take away the anguish; and if it be apt to break, then it will break, or els not.

An healing salve for sore Breasts that be broken.

Take Sorrell, the Boyes call it Wood sowre, and lap it in Wort leaves, and roast it in the Embers half a quarter of an hour, then stamp them, and put thereto Honey and Vineger, and put them in a Box, but first lay to the sore Breasts a plaister of Garlick and Meal, boiled together in Vineger two or three times, and lay it thereto.

For swelling of Womens Breasts.

Take Lineseed bruised, and the white of an Egg, or the juice of Smallage, and mingle them well

vvell together, and lay them plaiſter-vviſe to the ſvvelling of the Breaſt, and if ſhe loſe her milk, give her to drink the juice of Vervain, and ſhe ſhall have milk enough, and this will alſo heale your Breaſt.

For abundance of milk in a womans Breaſts.

Take Popilion, and Lineſeed Oyl, and ſeeth them together, and dip cloaths therein, and ſo lay them to the Breaſt, taketh away the abundance of milk, and the hardneſſe of the Breaſt preſently: alſo Chickweed ſodden in Plantain Water, and laid Plaiſter-wiſe to the Breaſt, drieth up the milk, and taketh away the hardneſſe thereof: greene Wheat being ſtamped and ſtrained with Oyl, bringeth to women milk abundantly without meaſure.

For all manner ſtopping of the Breaſts.

Take the Gum of a Cherry tree, and diſſolve it with old Wine, and let the ſick ſup thereof, and it will void all hoarſeneſſe and ſtraightneſſe of the Breaſt and Lungs: Alſo take Figs, and ſlit them on the outſide, and ſtop them full of Muſtard, and ſeeth them in white Wine, and eat of the Figs, for this is very good.

For all diſeaſes of the Breaſt, and to clear the Voice.

Take a good quantity of Woodſtone, and grind them not too ſmall; and then put them into an earthen pot, and put thereto new Ale, as it is cleanſed,

cleanſed, and mingle them ſo, that the Ale be a good deal above the Slone, and bury it in the earth, and cover it well with the ſame earth, and ſo let it ſtand nine daies, then give to him that needeth a little cupfull hot at night, and cold in the morning.

To clear the Breaſts.

Take Sentory, Pillial, Rew, Hyſope, and red Morrel in ſtale Ale, and ſtrain it, then put into the clear liquor Cinamon and Cloves, and ſeeth them well, and drink thereof nine daies, at evening hot, and at morning cold, and be whole. Alſo take Angelica Water, and drink it at evening ann morning, an ounce at a time, and it wil greatly help thee.

For ſore Breaſts.

Take the yolk of an Egg, and fair freſh greaſe, and ſowre freſh dough, and mingle them well together, and make a plaiſter thereof, and lay it to the ſore, and when it is broken do away the dough, and lay it to your Eggs and greaſe, and it will be whole quickly. Or make a plaiſter of Smallage, Linſeeds, and whites of Eggs, and lay it to the ſore Breaſts, and this will heal them; or take Claret Wine and Barley flower, and boil them together thick, and make a plaiſter thereof, and lay it to the Breaſt. This hath been proved.

To make the Breaſts ſhrink, and to heal them.

Take Hemlock, ſtamp it, and temper it with Verjuice, and lay it on the ſore Breaſts, and uſe this, and thy Paps will be leſs; and to make them whole, anoint

anoint them with it, and it will make them hard.

For a woman that lacketh milk in her Breasts.

Take of Christall ten peny weight, and make fine powder therewith, and drink it with Bastard or Muscadel five or six times, or els take of Fennel, of Mallows, of Anniseeds, of March, of each two handfulls, and seeth it in Bastard of Muscadell, and strain it, and drink it of. If the Breast be long, and big, and great, make a plaister with Hemlocks sodden in white Wine, and lay it to the Breasts. If there be any inflammations in the Breasts, take the whites of two Eggs, and two handfulls of Houseleek, compound both together, and lay it to the Breast. If thy milk be crudded in the Breasts, take Dragagant, and Gum Arabick, and compound them with whites of raw Eggs, and the oyl of Violets, and make a plaister thereof: Or take pitch and liquefie it in the oyl of Roses, and put thereto a little Goats dung, and dregs of Wine, and make a plaister thereof

Medicines for the Spleen.

An expert medicine for all diseases of the Spleen.

TAke the leaves and cods of Seny, the bark of an Ash tree scraped and cut, Maiden-hair, Hartstongue and Licorish, and seeth them all together

ther in clear Wine, and then ſtrain it, and drink thereof twice or thrice a day till it be amended. Or ſeeth the rhine of an Aſh in white Wine, and drink thereof, & it will help thee. Or take your own water in the morning and waſh your ſide, and a little the Stomach downward, and it will help you.

Another for the Spleen.

Take the roots of Nettles, & ſtamp them well together with Vineger, and lay it unto the Spleen when it ſwelleth. Alſo the lungs of a Fox dried and made in powder, and eat in a Fig in the morning, is very good.

For the waſting of the Spleen, and for the Dropſie, for the Water paſſage and for the ſtopping of the Liver, and for the flower, and Emeroldes.

Take Gromell, Saxifrage, Parſly, and Sage, and boil it all together in ſtrong Ale that is ſtale, and uſe to drink hereof in the morning, at noon, and at night, and uſe theſe herbs in your pottage, and this will help you, or the powder of them in your pottage.

The Spleen is a ſpungeous ſubſtance, lying under the ſhort ribs in the left ſide, and it doth make a man to be merry and to laugh; and if a man be Spleentick, let him uſe merry company, and let him be let bloud in a vein called Salvatella *on the left ſide; ſome do uſe to let blood in a vein called* Baſilica *on the left ſide. But I ſay, that every thing that hurteth the Liver, hurteth the Spleen, and every thing which is good for the Liver,*

is good for the Spleen. And whosoever will make the hardnesse of the Spleen whole, first take the marrow of a Calf, and the marrow of a Hart, and the fatnesse of a Hog, of a Capon, of a Duck, and the oyl of sweet Almonds, of each a like much, mix these together, and anoint the Spleen, and dry the Lungs of a Fox, and make a powder thereof, and eat it with figs.

Medicines for the Stomach.

THe cause of these impediments may come by anger, or fear, or by great studying upon many matters, or by extreme heat or surfeiting, or such like.

For belching.

Use for this disease Dietrion, Poperion, drunken in Wine, a scruple of each.

For pain in the Stomach.

Take a spoonfull of hot Ames, and dew them with good Wine, and cover them with a linnen cloth that it go round about the spoon, and lay it to the Stomach, or take a slice of bread meekly thick tost it, and wet it in hot oyl of Camonile, as hot as it cometh from the Oven, or in oyl of Spike, and wrap it in a linnen cloth, and lay it to the pain.

Another for the same.

Take a dram of Galingal in powder, and give it to drink with a little hot Wine, & above all things for pain of ventosity, a singular remedy is to drink little Casser with good Wine.

For

For a ſtinking breath that cometh out of the Stomach.

Take three ounces of Cummin in powder,& ſeeth in Sack from a gallon to a pottle,and give the ſick to drink thereof as hot as he may ſuffer it, firſt and laſt,& without doubt he ſhall be whole within fifteen daies.

To vomit or cleanſe the Stomach.

Take three roots of Daffadils, and waſh them clean, and cut them ſmall, and ſeeth them in a cup of Ale or Beer til it be half conſumed,& put thereto half a pennyworth of Saffron, and boil them together, then ſtrain and drink it after you have broken your faſt.

For wormes in the Stomach.

Take three or four cloves of Garlick every day faſting with Salt, and abſtain from meat and drink after it half an hour,and you ſhall be whole.

For him that cannot keep his meat in his Stomach without vomiting.

Take Quinces, and make them clean within and without,& ſeeth them in ſtrong Vinegar,then ſtamp them in a Mortar & put into them a little Muſtard ſeed beaten into powder,and ſo incorporate them together, and lay it hot upon a linnen cloth, puting to it ſome powder of cloves,& lay this upon his breſt, & within three or four times doing he ſhall be whole.

For Flegme in the Stomach.

Take Beer and ſeeth it, and ſcum it clean,and put

thereto a good quanty of Sugar, then take a race of Ginger and grate it into thy Beer, and so drink it warm.

For Wind in the Stomach.

Take a pottle of White-wine, two penniworth of Sugar-candy, & two spoonfuls of Anniseeds, and two or three roots of Parsly, & as many of Fennel & seeth them all together until they be half wasted, & then drink it warm as often as you will. Or take & drink Powder of Comin in Red-wine to bedward three nights to gether, and thou shalt be whole.

To stay Vomiting.

Take & make a toft, & temper it with Vinegar and Mints, and so hold it to your Nose, this stayeth Vomiting.

For an ill breath coming out of the Stomach.

Take the uppermost leaves of Rosemary, and eat two or three in the morning fasting.

For the Stomach that hath the Pipes stopped, and so the Dropsie breedeth.

Take two parts of Cinamon, and the third part of Galingal, and the same quantity of Ginger, and put that powder into a spoonfull of Hysope-Water, and drink it fasting, and be whole.

Things evill for the Stomach.

All sweet things, for they make the Stomach swel, old chese, hony, marrow of bones not well sodden, to eat e're thou art hungry, to eat many sorts of meat at one sitting, to drink e're thou be athirst, to eat bread not well baked, heavines, anger, dread, thought,

thought, raw flesh, over-great travel, all fried meats, much bathing after meat, too much casting, to eat when thou art over-hot, and all milk is naught, save Goats milk.

For burning in the stomach.

Take Sorrel, Cinque-foil, Borage, and Violet leaves, and stamp them together, and strain them into Ale, and make a posset thereof, and drink it next your heart when you feel your self grieved, and when the heat is gone, make posset Ale of Mercury, and that will restore you to heat again, and bring you to good temper.

To make one Vomit.

Take an Oken leaf, and lay it upon your tongue the rough side downward, and hold close your mouth, and this will make you vomit. *Probatum est.*

A precious medicine for all winds in the body, the Strangullion and the Stone.

Take the root of a white Lilly that never bare flower, and bruise it, and seeth it in a pint of white Wine, and put into it two spoonfuls of Anniseeds, and Sugar, and let it seeth, till it be more then half sodden away, and give it to the sick that is in pain, and it shall soon ease him of the great pains.

A precious Powder for Digestion.

Take Ginger, Cinamon, and Gallingale, of each one ounce, of Anniseeds, Carraway seeds, & Fennel seed half an ounce, long Pepper Grains, Mace, Nutmegs, of each two ounces, of Setwel one ounce,

make all these in fine powder, & put to them two pound and a half of fine Sugar, and use this powder before meat, and after at your pleasure, from ten grains to twenty at one time, it is good to comfort the Stomach, and against Wind.

For the Stomach that cannot digest, nor have appetite to Meat.

Take and drink often Sorrel water, or Angelica water, or Betany water, or ground Ivy water, for all these are good for the same.

Medicines for the Liver.

An Oyntment for the Liver that maketh good Digestion, and keepeth the body from putrifying.

TAke Oyl of Roses, and Oyl of Wormwood, of each two ounces, and set them over the fire, and when they begin to boil, put thereto an ounce and a half of fine Mastick, and when the Mastick is dissolved, strain it while it is warm in the morning, and make a plaister thereof, and lay it to your side, and be whole.

A Restorative for the Liver and the Lungs, if they be rotten, it will restore it again, and do away the Gleme from the Heart, and comfort the same.

Take Fennel roots and Parsly roots a drachm, and pill away the Bark, and pull out the pitch, and cast it

it away, then mince them small, and put into a brazen pot three quarts of water, & set it on the fire and put the roots therein: then take twelve Figs, & cut them small, and pound them, & put a quantity of Honey to it, and let it boil a while, then take it down and clarifie it through a cloth into a vessel of glass, and stop it fast that no ayr go out, and let the sick drink of it hot in the morning, and cold at night a good draught.

For one that hath his Liver cloven to his ribs.

Take a shelful of the juice of Betany, and a quarter of a pint of white Wine, and three or four spoonfuls of honey, and pepper corns, temper these together, & drink thereof, & it wil help you.

For the heat of the Liver.

Take Liver-wort, and five-leaved grass, Succory, Endive, Buglos, and Borage, and seeth all these in three pints of whey, and drink of this as often as you will, and this will help you.

For one that is Liver brent.

Take a handful of Sowthistle, Dadelion, and Rib-Wort, and seeth them in three pints of water, with Licorish, until the one half be wasted, and drink of this at all times, saving at meat.

For the stopping of the Liver.

Take Ivy Berries, and Egrimony, Harts-tongue, Liver-wort, and the Bark of an Ash, of all these a little quantity, and put them to double as much Polypodion, as of any one of the rest, & make thereof pottage, broth, or syrope. If the Liver be opilated,

the face will swell, and pain will be in the right side.

To preserve a man from stopping of the Liver:

Take a Fig and gross Pepper, with the crops of Time, if it be eaten two hours before dinner, and two hours before supper, it preserveth a man from opilations of the Liver. Also the Liver of a Hare dried and made into powder, is good for all diseases of the Liver.

For the Liver.

Take a good handful of Liver-wort that groweth upon the stones, and another of Fumitory, and as much of Harts Tongue, and seeth them in whey clarified, and drink it every day twice. If the Liver be hot, because of too much blood, the Patient hath red urine, hasty Pulse, his Veins great and full, he feeleth his spittle, mouth and tongue, sweeter then it was wont to be; wherefore it is good to be let blood in the Liver Vein, on the right arm, and to use Lettice or Sorrel, Purslain and Hops in pottage, and sometimes to drink of the water.

Medicines for the Iaundise.

TAke Cows milk and white Wine, of each a pint, and distil them, and keep the water that cometh thereof, and give the sick to drink thereof two ounces in the morning, two hours before meat, and likewise after supper, when he goeth to bed.

For

For the black Jaundise.

Take haf an ounce of Enula Campana roots, & seeth them in two pints of milk, then take the milk & strain it through a piece of Cotton, & give the sick to drink thereof. This did help a gentlewoman that was sixteen years troubled with the Jaundise, and could not be holpen.

For children, take Turmerick and Ivory, of each two drams, of Saffron two scruples, seeth these in milk, and give it to the children that have the black or yellow Jaundise.

Another for the Jaundise.

Take an ounce of Hempseed and bruise it, and then boil it in good strong Ale or Beer, and scum it very clean, and let the sick drink of this drink, and eat the sodden seed.

For the black Iaundise.

Seeth one drachm of the inner bark of a Walnut-tree in a pint of Ale or Beer, and in the same drink quench steel, being made red hot at least fourty times, and drink of this five or six ounces at a time hot, evening and morning; this is proved excellent good. Also Goats dung, or Fallow Deers dung, strained into milk, and given to the sick, hath holpen the black Jaundise.

For the yellow Iaundise.

Take Elecampane roots, and the inner bark of a Barbery, of each six ounces; of Salendine roots eight ounces, of English Saffron the weight of a groat; seeth all these in pint of White-wine, strain it, and

drink thereof four ſpoonfulls morning and evening warm.

For the yellow Jaundiſe.

Take a prety deal of Turmerick, and the inner rhine of a Barbary Tree, and boil them in a pint of White-wine or milk, with a dock root, and ſo drink morning and evening.

Medicines for the ſide.

For Wind in the ſide.

TAke the leaves of Holly, and dry them, and make powder thereof (but do not burn them) & give the Patient thereof to drink in Beer or Ale, and it will eaſe immediately. Proved by my Lady *Coplin.*

For a ſtitch in the ſide.

Take the urine of him that is ſick, Wormwood, and Cummin, and ſeeth them well together, & by the fire therewith anoint thy ſide, & after with the oil of Bay. Alſo Endive water, water of Divells-bit, water of Mallows, and water of *Cardnus benedictus*, are all good for the Stitch.

For a ſtitch in the left ſide.

Take a quantity of Cummin, and ſteep it in a pottle of Malmſey, then take and fry them together in a Pan, and put it into a linnen bag, and lay it hot to your ſide, and it will help you.

Another

Another for the same.

Take and stamp three fingers full of Wormwood, Mints, & Camomil, Mallows, red Roses, Sage, Cummin, & white bread Crumes, & boil all these in Red-wine or in stale Ale, and make a plaister thereof, and lay it the side. *This is proved.*

To know when one hath a Stitch, whether it be of the wind, or the Plurisie.

Take Wormwood, and lay it on a tile-stone before the fire, & when it is near hot, sprinkle it with good Malmsey, and put it in a linnen cloth, and lay it to when you feel the stitch: if it be but a wind, it will take it a way in two hours; but if it be the Plurisie, it will augment the pain, and then seek other remedy.

For a stitch at the Heart.

Take and distill Endive water, & when the fire is out of it, drink thereof one ounce at a time; for this wil help al Stitches at the Heart, if you wil use.

Medicines for the Plurisie.

TAke Broom Flowers, Scabius and Carduus Benedictus, of every one a like portion, mingle them together, and let the Patient every morning & evening take a good draught, & anoint the ribs with oyl of Broom Flowers, for this is good.

Another

Another singular remedy for the same.

Take three ounces of the water of Lady thistle, called Cardus Benedictus; one spoonful of White-wine & six inner whites of eggs well braid; mingle them together, and lay them plaister-wise upon the ribs as hot as you may suffer it.

Another for the same.

Take two good handfuls of horse-dung, two races of Ginger in powder; then wrap the dung and the Ginger together in a linnen cloth; then put them into a pot to boil with a quart of white-wine, until the third part be consumed; & drink thereof evening and morning; & after you have drunk the said wine, cover you well, and sweat.

A Regiment for the Pleurisie.

The Patient ought not to drink wine, nor eat flesh, but must be content to drink Tysants, Barly-water, & weak drink; & to eat Barly hulked & milk of Almonds clarified, rosted Apples, & great Raisins, as long as the Fever doth last. And to help him to spit, it is good to use often white Pils of *Diadragaganton*, Sugar-Candy, & other things mentioned in the Remedies of the Cough.

For the Pleurisie.

The common practice is, to let the Patient blood, & to administer to him Tysants, & to give the syrup of Violets, in the which is dissolved Cassia newly drawn; half an ounce of Manna Elect. ℥.3 give this to the Patient after he is let blood: this hath holpen many. Also this is very good for the Pleurisie

sie: Take a hollow Apple, and put therein four or five grains of *Olybanum*, and put the Apple in the hot embers, and so let it lie till it be rosted, and then give it to the Patient: this hath helpt many without letting blood. A Plurisie cometh of cold humors, and if it be not far past, give the Patient Malmsey, wherein hath been sodden Camomil, to drink; this hath helpt many without letting blood.

Medicines for the Lungs.

An excellent Medicine for the Cough of the Lungs.

TAke the Lungs of a Fox and wash them clean in fair water, and lay them in Wineter two days, and then hang them up to dry, the shortest way is to dry them in an Oven, and then take a few crops of Hysop, Elecampana roots, and a few crops of Hoar-hound, and a good quantity of Anniseeds, and a good quantity of Licoras, and an ounce of Suger-Candy, and bray all together, and searse it, and then you may chuse whether you will eat the powder in apples, in pottage, or in meat.

To make a water that is restorative for a man, that if his Lungs be wasted, will restore them again, and gather nature again.

Take Fennel roots, and Parsley roots, an handful of each, and wash them clean, and pill off the utter bark of the roots, & the hard roots that is within

in them, and cast it a way, & make the small; then take a brazen pot, and put therein three quarts of water, and put the roots therein, and seeth it over the fire: then take Figs and mince them small, and Licoras small, and put them together, & make them boil well; then take Sorrell and stamp it, and put it thereto, and let it boil well, and then take it down and strain it through a cloth into some Vessell of earth, and stop it well & fast that the breath go not out, and let the sick drink thereof, hot evening, and morning cold.

For the Cough of the Lungs.

Take a handfull of figs, and seeth them in Ale or Beer until they be somwhat tender; then slit them asunder; and put them in a linnen bag, and so lay them on your Stomach warm, & when they be cold, warm them again in the same liquor.

To comfort the Lungs.

Take and distill our Lady Thistle, and drink the water thereof twice a day, and it will confort the Lungs. Also the water of Chervel doth the like.

To open the Lungs.

Take Hysope water, & drink thereof twice a day, evening and morning at each time one ounce and a half, or two ounces, and it will help you.

For the Impostthumation of the Lungs.

Take & drink water of Comomil, twice a day; at each time an ounce, and it will help theo: fennel water will dothe like. Approved.

For

For heat or drought in the Lungs.

Drink water of great Plaintain twice a day, and it will kill the heat of the Lungs. Water of blue Violets doth the like.

Medicines for the Heart.

For trembling of a Heart without a fever.

Take the maw of an old Cock, dry it, and make powder thereof, and drink the same powder in red Wine or sweet Wine, for it is very good; put a little Saffron thereto.

For the Heart that beateth or trembleth in mans body, and cometh of thought.

Bray Coral in a Mortar of brass as small as you can, then searse it, and mingle it with Sugar very fine beaten, use to take of this powder in Borage water or Syrrop, first in the morning, and last at night, and it will help you.

A good medicine for the heart, and Swouning.

Take the powder of Cloves with the juice of Borage, a spoonful at a time, and it will help you. Also the powder of Ginger, and powder of Cummin put in meats, is good for the same.

A comfortable medicine to restore the spirits of the heart, and to mend the disposition of the Etick or Consumption, as followeth.

Take a quarter of an ounce of Gold foyl, and half an ounce of *Manus Christi*, beat them in a mortar

morter together until none of the Gold be seen, & keep it until you have need to use it, which must be in manner following: Take a quart of pure Rose-water, & boil it with two ounces of Penidos, keep it in a fair glass, and when you wil use it, take in the morning half an ounce of the foresaid Powder, and put it in your mouth, and drink it down with five or six spoonfuls of the foresaid water.

For swelling or rising about the Heart.

Seeth Oyl Olive by it self, then take as much Honey, and seeth it by it self, then seeth them together a little while, and when it is cool, put it in a box, and this is very good for the heart.

For fatness about the Heart.

Take the juice of Fennel and Honey, and seeth them all together, until they be hard, and then eat thereof evening and morning, and thou shalt be whole.

To put away venom from the Heart.

Take *Bolearmoniack* and *Sanguis Draconis*, of each three ounces, and of the best Cinamon four ounces, and mingle them all together in powder, and so receive it, and it will put away venom from the heart.

For gnawing about the heart.

Take Sage leaves, and as much Yarrow, and grind them together, and temper them with Ale, and then strain and drink thereof.

Things good for the heart.

Saffron, Borage, Harts-horn, Mustard, Cloves, Ga-

Galingale Nutmegs, Red Roſes, Violets, Mace, Sugar, good Wine moderately taken, Mirth, and good air: that day you eat of Piony, or drink thereof, you ſhall not ſwound.

Againſt Swounding.

Borage eaten with fleſh, or in pottage, is good for them that fal in their Swounding, or be faint at the heart, or have Cardiack Paſſion at the heart.

Againſt Swounding.

Take water that Roſes hath been ſodden in, and the Powder of the ſame, with a raw egge: or take Roſe-water, that ſweet Water hath been ſodden in, this is very good.

Medicines for the Belly.

To diſſolve a hard Belly.

TAke and ſtamp Mallows and Mercury together, and make a plaiſter thereof, and lay it to thy Navell, and it ſhall diſſolve the matter in the womb in ſhort time. Or take the juice of Rue and drink it, with ſtale Ale, or Wine, or fair water, and uſe to drink of this, and it will help thee in ſhort time.

For any hard belly that is ſore.

Mingle Pennyroyall and Ginger together, and bind them plaiſterwiſe to thy Belly, and be whole.

For Diſeaſes of the Belly whatſoever they be.

Take Wormwood, Rue Motherwort, Lavender, Cotton, & the gall of an Oxe, Cow, or Calf, ſtamp

the

the herbs,& put the gall thereto, and lay it to the bottom of the Belly, and be whole.

A Drink to destroy all evils in the Belly or Body within fifteen daies

Take Scabias, Mugwort, Smallage, Devills-bit, Herb-Ivy, Wormwood, Fumitory, Fetherfew, and Spiknard, of each a like quantity, stamp all these, and seeth them in White-wine, and clarifie it with whites of Eggs; drink of this nine daies, and be whole.

Medicines for the Collick.

For the Winde-Collick.

TAke Winter Savory, stamp it and strain it with strong Ale; drink this warm, and immediately the pain will cease, as if it were sweep'd away. There have been divers helpt with this, which have had such pain with the wind-collick that they have swouned severall times in a day. Also a cupping-glass set upon the top of the Navel, is a present remedy. Also Camomil, Rosemary, Sage, & Salt rosted under the embers, & laid to the Navel is present remedy, Emmets eggs dried in an oven, made in powder & drank, helpeth the wind-colick immediately. *For the Collick of the Stomach see after.*

For the Strangullion.

Cut off the top of an Onyon, & take out the core, then put into the place a pretty quantity of this powder

Wine somewhat warm, and this will ease the Collick.

For the Collick of the Stomach.

Take of Broom seeds a spoonfull and a half, so many Barberries with the hulls off, and half a spoonfull of Annisseeds, and a quarter of a spoonfull of Licoras, and as much white Sugar Candy, of all these beaten together into powder, take a quantity first in a morning and last in an evening.

Medicines for the Wormes.

TAke and eat Garlick, and it will kill all wormes in mans belly. Or take of the juice of Lavender-Cotton, and put to it the powder of wormseed, and drink it three times every morning fasting, but drink not in an hour or two after, and this will destroy the Wormes.

For Worms in young Children.

Take Setwell (you must buy it at the Apothecaries) and make it into fine powder, and give the child to drink as much as a small Walnut in a cup of Malmsey, and it will destroy all wormes. Or, Take Garlick, Wormwood, Mints, Fetherfew, Tansey, and stamp them altogether with the gall of an Oxe, then fry them together & put them in a linnen cloth, and lay them to the Navell as hot as may be suffered. Seeth them in Vinegar and lay them to likewise,

or take gall of a Bull, and dip some Wool therein, and lay it upon the Navell of the child, and it will make the wormes come forth. Or take Honey, and spread it on a toſt of bread, and caſt good worm-ſeed thereon, and give it the child faſting.

Wormes in the Belly.

Take the pils of Oranges, and dry them, and make them in powder, and drink it in Malmſey or ſtale Ale, there is nothing better.

Medicines for the Guts.

For the Guts that fret.

TAke twelve leavs of Rue, nine peppercorns, and as much Dill-ſeed as thou may'ſt take up with thy two fingers; ſtamp them and temper them together with faire water, and it will help thee.

For wind in the Guts.

Take Honey, pitch, and Butter, and ſeeth them together, and anoint thy belly therewith againſt the fire.

For pain of the Guts.

Take Tanſey, Rue, and Sothern-wood, and eat it with ſalt faſting, and be whole.

For the cough in the Guts.

Take the water of Flower-de-luce, and drink it luke-warm twice or thrice a day, an ounce at a time. Alſo water of Cammomil doth the ſame, drunk

powder following. Take Betany and Centory of each a like quantity, and make powder thereof, putting in a little Butter; then put on the top again, and put it in hot embers and roſt it, then lay it to your Navel as hot as you may ſuffer it, and be whole.

To make a precious Water for the Strangullion.

Take a peck of Hawes when they be ripe, and half a peck of Hips, and beat them in a morter to powder, then take two gallons of Lees of Malmſey or Sack, a Penniworth of long Pepper, and a half-penniworth of graines, put all theſe together and diſtill them in a Stillitory or Limbeck, take the water thereof and drink it lukewarm firſt and laſt.

For the Collick, a precious medicine, proved.

Take three fingers full of Saxifrage, Maidenhaire, unſet Time, and Parſley ſeed, and ſeeth all theſe together in Malmſey, ſtrain it and drink it warm. Or take Time, Mints, Woodroof, Vilipendula and Setwell, make pottage, herewith, and you ſhall find great eaſe.

For all evils within the Bladder.

Take an handful of fennel ſeeds, parſley ſeeds, bruiſe them & temper them with three pints of fair running water, and drink this firſt and laſt at your pleaſure.

For one that hath much wind in his belly.

Take Junipe berries ere they wax black, and dry them in the air, and keep them all the year, and uſe twenty graines of the powder thereof in your drink and pottage. Or take the roots of Elecampane, the roots of Pellitory of the garden, and Fennell roots,

of each a like quantity, and as much of Sothernwood, wash them, and bray them a little, and seeth them all together in a gallon of Wort, and drink thereof.

For the Collick.

Take flower and Ale, and drink it unsod, with a little Sugar, and this will make you go to the stool, and ease your Collick and Strangullion.

Or take Hempseed and dry it, and make powder thereof, and let the Patient drink it, with Ale or Wine: Or take Dill seed, Anniseeds and Cummin, of each a like quantity, beaten into fine powder, eat it in your pottage and it will help you.

A Soveraine Medicine for the Collick and Stone.

Take Parsley seed, Fennel seed, Anniseed, Cummin seed, Plantain seed, of each of them a quarter of an ounce, an ounce of Nutmegs, foure ounces of fine Sugar, beat all these seeds into powder and searse them, and let the Sugar be beaten with Ale; then take of the powder as much as an Hasell nut, and let the Patient use to drink thereof morning and evening four times a week warm with wine or beer, (but Wine is best) and when the pain cometh drink it with Malmsey.

Another.

Fry one handfull of Pellitory and Butter together, and bind them to thy Navel, and this will suddenly cease pain. Or take a Lapwing and burn her in the fire feathers and all, then take twenty raines of the ashes of her, and give it the Patient to drink with

Wine

and make a Cake thereof, and eat thereof four daies, and be whole. Or take the root of the red Nettle, and ſtamp it, and delay it with water or Ale, then ſtrain it and drink thereof, and be whole for ever.

For all manner of fluxes that be curable.

Take the ſeed of Plantane, and the bloſſomes of Red-roſes in powder, of each alike, and give the ſick half a ſpoonfull at once with warm whey, firſt and laſt three daies together, and it will heal him. Or take and drink the water that ſtone hath been ſcalded in firſt and laſt, and be whole.

To ſtop a Lask in Children.

Take a dram of the ſeeds of Plantane, and make powder thereof, and give it to the Child to drink in Red-wine, or in Ale, and it will ſtop the flux. Proved true. Or take Almonds and blaunch them, and fry them in a pan, and eat them divers times in a day. Alſo the dung of a ſtoned Horſe that goeth to houſe, fryed in Malmſey, and laid to the Navel, will ſtop a Lask.

To ſtop the bleeding of the Fundament.

Take Aloes and Mirrh, of each alike, and make them into powder, & with a little Oile of bitter Almonds anoint the ſore, and caſt the Powder thereon, and put upon the Fundament with a hot Scarlet cloth, and this will help thee.

To make a man have a Lask.

Take Salt and Soap, and lay it to thy belly plaiſterwiſe; and it will make thee have a Lask ſtraight, Or take the gall of an Ox, and anoint thy belly and

ſtomach therewith, and it will make thee Laxative.

To keep a man Laxative.

Take Mallowes and Mercury a good quantity, and ſtamp them together, and fry them with May butter, or freſh butter; and then ſtrain it and keep it in a Box, and anoint your belly therewith evening and morning, and it will keep you ſoluble.

For the bloody-flux.

Take the jaw-bones of a Pike, and make powder of them, and eat of the powder dry, or take it with Red-wine firſt and laſt, and it will ſtop the flux; for it hath holpen, when nothing elſe could help.

Another for the ſame.

Take red Beans and boil them in Red-wine, till it wax thick, but firſt diſſolve a little Allom in the Wine; then let the Patient eat of this evening and morning, and drink nothing but Red-wine after it; this did help a man that had the flux a great while on him. Or take an old Apple, and pull out the core, then put into the Apple a ball of Virgin-wax; then roaſt it in the embers and eat it; this will ſtop the flux: *Probatum.*

To avoid bruiſed blood.

Take Nepp, and drink the juice thereof with Wine or Ale, eight or nine times, and this will cauſe it to avoid downwards, although he had it twenty times.

A

drunk as aforesaid: The water of Vine leaves is good against stitches, and also against Impostumes in the Guts.

Medicines for the Navel.

A plaister for the swelling of the Navel.

TAke Cowes-dung and dry it to powder, Barly flour, and Bean flouer, of each a portion; the juice of Knot-grass a good quantity, and of Cummin a little; make a Plaister of Ale, and lay it to thy Navell, and it will heal thee. Or take Cowes dung and seeth it with the Milk of the same Cow, and lay it on the grief; this is also marvellous good for a sudden Ach, and swelling in the Bag.

For a Childs Navel sore with crying.

Take a little Bean-flour, and the ashes of fine linnen clouts burned; and temper it with Red-wine and Honey, and so lay it to the sore.

Medicines for the Back.

For the weakness of the Back.

TAke flour of Barly and Beans, and one ounce of oyl of Roses, the yolk of an Egg; and make a Plaister thereof, and lay it to thy back in the day time, and it will doe

you much good. Or take flower of fine Rice, and Wheat flower, and Temper it with Claret wine and Sugar, and put thereto a little of the powder of Clare, and Nutmegs; and make a Cake thereof, and bake it well, and eat thereof; this is good. Eat it in a morning, or as oft as thou hast a desire.

For the pain of the Back.

Take fresh Cow dung, and fry it in Vinegar, and make a plaister thereof, and lay it to thy back; and within four or five times dressing thou shalt be whole.

For pain in the reins of the Back.

Take and seeth the leaves of red willow, and as hot as the sick may suffer it, lay it to the reins of thy back, and within four or five times dressing thou shalt be whole.

Medicines for the Flux of the Belly.

To restrain the Flux, whatsoever the cause be.

TAke the pisle of an Hare, and dry it, and make powder thereof, and drink it: Also the water of Oken-buds, or the very Acorns dryed and made in Powder, and drunk with Red-wine, is very good: Also the maw of a young Leveret is very good, drunk with the juice of Plantane.

A good medicine for the bloody-flux.

Take a penniworth of Honey, and a penniworth of Wheat-flower, and three spoonfuls of Chalk, and the yolks of five Eggs, and half a penniworth of saffron, and

then grind it, and make thereof good wort, and put into the said wort a good quantity of Cherry stone kernels, and Gum that groweth on Cherry trees, and boil the wort and the Gum together, untill half the wort be consumed; then strain it, and put it in a fair Vessel, and use to drink thereof morning and evening, and be whole on warrant.

Another for the same.

Take the Urine of a Boar, and give it to the Patient to drink; and it shall drive out the Stone wheresoever it be. This medicine did a Lady use for the best medicine that ever she knew.

Another for the same.

Take the blood of a Fox, and anoint the side that is sore, and the Stone will break to powder, and go away if you use it. Or take the blood of a Fox with White-wine, and it will break the stone hastily.

To break the Stone in the Bladder.

Take a great flint stone, and lay it in the fire untill it be as hot as fire, and then put it into stale Ale, and drink thereof at evening and at morning, and it will break.

A soveraigne Medicine for the Stone.

Take the blood of a Fox, and anoint thy Yard therewith, and this will break the Stone in the bladder; and to try the goodness thereof, put some small stone into the Fox blood, and it will break it. Or take a great root of radish, and pare him, and cut him into fifty round peices, and put them into a dish, and put thereto honey enough, and let it stand all night; and

and on the morrow eat nine peices, and the next day eat eight, and then seven, and so abating one every day till all be eaten; and this will break the Stone.

A proved Medicine for the Stone.

Take one dram of true black jet, and beat it to powder, and searse it, then take Bees (stings and all) and dry them in an Oven, and make powder thereof, and drink it in half a pint of White-wine, and the Jet together; and if you put the seed of Barres made into powder into it, it will be the better: And for lack of Bees, and Barseed, you may use to drink the Jet alone. This medicine is well proved, and if you use it, it will help you.

A Medicine for the Stone, oftentimes proved.

Take green Samphire as it groweth, and make powder thereof, and let him that is troubled with the Stone, drink every week of it, whether he feel pain or no, and in short time it will rid him clean of the Stone; this powder is best to be drunk with White-wine.

For the Stone.

Take the Acorns that grow on an Oak, and dry them; and make powder thereof, and drink it in the morning fasting with Rhenish wine and sugar; take twenty graines at a time; and this will break the Stone.

A

A gentle Purgation to be taken at all times without fear.

Take two ounces of Syrop of *De radicibus*, and Manna one ounce, mingle these with five ounces of the water of Bugloss, and he shall have a Lask without peril. Or take a little clarify'd Butter, and put it in Ale luke-warm, and give the Patient to drink thereof; and it will make him go to stool.

Medicines for the Stone.

A Medicine for the Stone, tryed by Master Hide *of* Narbury.

TAke four handfulls of Prosper, six handfulls of Parsley and Parsleyroots, two handfulls of Grommel, or for want of that, some Grommel-seed, the quantity of an Egg-shell full; two handfulls of Philipendula, three handfulls of Betony, four handfulls of Mousear, one handfull of Centaury with Mast, begotten between the two Lady-daies; two handfulls of Cherry-stones, three handfulls of Brierheps, threescore inner-skins of Pigeons giffarens; let them be washed and hanged upon a thred till they be dry, so as they may be knocked to powder, as also the Heps and Cherry-stones must be dryed in an Oven or before the fire, the other herbs in the Summer; the Heps, Cherry-stones, and Giffarens must be knocked

knocked to powder every one ſeverally by themſelves, the other herbs muſt be rubbed to powder; then blend them all together and ſift them through a fine ſieve; and take every morning and evening a quantity of half a Nutmeg of the ſame powder, and put it in a ſpoon, and blend a little Beer or Ale, and ſup it, and drink after it; and uſe this till you find eaſe.

An excellent Medicine for them that have the Stone.

There grows in the Gall of ſome Oxen a certain yellow ſtone ſomtimes in bigneſs of a Walnut, ſomewhat long and brittle; if you take that Stone and make it to powder, and eat of it in your pottage the weight of a ſcruple or more at a time, according to your ſtrength, it is a ſingular thing for them that cannot make water, and for ſtopping of the Conduits.

For the Stone and Strangullion.

Take a handfull of Chickweed, and as much freſh Butter as a Walnut, and half ſo much black ſoap, and ſtamp them all together in a morter, and then fry them, and lay them plaiſter-wiſe to thy Navel, and this will make thee void the Stone without any pain. And for the Strangullion, take the bone that is in the piſle of a Weaſel, and dry it, and make powder thereof, and uſe to drink it with Ale or Beer, and be whole.

For the Stone, that never faileth.

Take Barley Malt, and pick it very clean, and then

the ſtone ; and make powder of all theſe together, and drink of it with warm Ale in a ſpoon as often as you ſhall think good, twenty graines at a time, and it will break the Stone, and eaſe you of the Collick, and cauſe you to make water eaſily.

An excellent Medicine for the Stone.

TAke Selgreen, Plantain, Fetherfew and Tanſey, and pound them all apart, and keep every Liquor by it ſelfe in a glaſs ; then take of each of them alike quantity, and boil it with Bean-flower and Honey to make it plaiſter-wiſe ; and then take a double ſwadling-band of linnen cloth, and ſpread the plaiſter thereupon, and ſo lay it to the pain, and round about the back, and uſe it ſo a fortnight or three weeks ; for this is a ſpeciall good Medicine, and well approved.

Another for the ſame.

Take a Goat, and keep him three daies faſting, then put him in a Tub full of holes, and the fourth day give him nothing but Crommel, Parſley, Alexander, Salendine Saxifrage, Hawberries, and Watercreſſes ; and make him to lick prepared Salt, and give it him with wine to drink ; and ſo keep him with that food a whole week in the foreſaid Tub ; and all the water he make t h ; you muſt through the holes of the

the Tub receive it into some vessel; then take this water, and put thereto Holly Berries, Ivy Berries, and Haw-thorn Berries, of each half a handfull; of Juniper Berries, of flowers of Starewort, of Crasfoot, of each half a handfull; of the seeds of Parsley, Saxifrage, Elysander, Radish, Philipendula, Nettles, the Berries of Knecholm, Asparagus, Fennel-seed, & Anni-seed, of each half an ounce; of the roots of Kneeholm of Asparagus, & Water-cresses, of each of them four ounces; of Grommel-seed & Smallage seed eight ounces. Bruise all these seeds smal, and chop the herbs, and put them into the foresaid Goats water the space of 12 dayes in some warm place, stirring them every day two or three times; then put them together in a Still, & hang in the mouth of the Still a little Musk, Cinamon and Cloves, because of the loathsomness of the Goats water; and so distil the water, and give the Patient that hath the stone three ounces at a time: this is the most Soverain water can be found, for it melteth and voideth the Stone without pain: This holp a Scholar at *Eaton* Colledge, whom all the Physitians gave over as one incurable.

Of the Stone.

The Stone is engendered by reason of a great heat that is about the Reins, straightness of the Conduit, and abundance of gross and slimy humors; or Brentcholer, which by the said excesse of heat, is (as one would say) baked or dryed as Clay in the Furnace, and so at last becometh a hard Stone. Therefore it is chiefly to be noted, that without the mending of the

foresaid

A most approved Medicine for the Collick and Stone, by the most learned Physitian, Doctor Gynello.

Take a quantity of wood Betony, and dry it to powder, and a quantity of the roots of Elicampane, and dry them into powder, and boil them with a little Sugar plate in a quart of Red-wine unto a pint, and drink it hot in the morning fasting, before the Sun be up, and in the evening after the Sun is down; use this three times, and it will help thee God willing.

A speciall Medicine for the Stone, of Doctor Leuckner *his Experiment, as followeth.*

Take the green weed that cometh from the Sea amongst the Oysters, and wash it very clean, and dry it as dry as you can, and make it into fine powder, and drink it fasting with Malmsey, and it will break the greatest stone that is.

For the Stone.

The best thing that is to dissolve the Stone in man or womans body, is the Oil of Crystal, being dulcified by Chymists, and given to the patient, a dram at once in White-wine or Rhenish Wine a good draught: for if you lay a stone in the Urine which the Patient voided, afterwards it will dissolve him in twelve hours; and the same Oil will also heal any green wound or sore with great expedition. There was a man the which was sore grieved with the Stone, who was holpen with this drink following. Take the blossomes of Hawes, and

distil

distil them; then take the water thereof and seeth it; and put therein Crommel-seed, Saxifrage-seed, and Parsley-seed, of each an ounce, of Goats blood, Hares blood, and Fox blood, of each of them seven Drams; seeth all these in a quart of the water, in a close pot of Pewter or earth, in a Kettle of water the space of six hours: then strain it, and drink thereof every day: This is an excellent thing.

To deliver the Stone, a medicine that never fails.

Take the roots of red Nettles, and wash them clean in many waters, and then bray them small, and lay them in Red-wine twelve hours; then give the sick thereof to drink six spoonfuls of the liquor, and let him rest on a bed three hours; and then give him twelve spoonfuls, and three hours after give him twenty spoonfuls, and anon he shall make water, and deliver the Stone. Or take white Thorn buds in May and distil them, and take a pint of the said water, and half a pint of Malmsey, and boil it a little at the fire, (but if you put in a little Honey withall, it will be the better) and then drink it to bed-ward; Proved by Master *GAGE*.

To break the Stone.

Take one dram of a Jet-stone, and two races of Ginger, and three shells of Eggs, hatched under a Hen when the Chickens be out; (but first take away the filme of the shells) and put them altogether in a Morter, with the peice of a stone that cometh out of an Ox gall, or with Parsley-seed if you cannot get the

oresaid causes, all that you do minister to break the tone, is either hurtful to the Patient, or else to small ffect; therefore it is good to keep a sober diet. And ote, that alwaies whatsoever they be are nought in his case: All kind of Pulses as Pease, Beanes; and such ike; all gross flesh, water-fowls and fowls of great odies, and all fruits (except ripe Prunes) are nought; nd all Shel-fish, except Crevise and Shrimps; also all epper and hot spices, and all meats salt or sowre; but specially beware of hard Cheese, for that's oftentimes he onely cause of the Stone; and you must not lie on our back, and you must keep your Reins cold, and et your back be untrussed in the Summer.

A present remedy for the Stone.

Take a penniworth of parsley seed, and a penniworth of Coriander seeds, and bruise them, then boil hem in a pottle of Rhenish wine till it come to a quart; then take to that 12 bones of a whitings head beaten smal, with a little Sugar, and put a little thereof at a time in some of the said wine, and drink it morning and evening: if it work not, put a little Comphrey seedes beaten into it.

An approved Medicine for the Stone and Strangury.

TAke most of Licoras, then Anniseeds, Coriander, Grommel, Fennel, Parsley, and Alicander-seeds:

then dry all these seeds and pound them severally by themselves; and note that Licoras, Anni-seeds, and Grommel-seeds be Restoratives; and when they are all in powder, mix thereto powder of Sene, to the quantity of one half of one parcel of the scowrers; also mix thereto with Sugar-candy, to the quantity of your Licoras, with a Nutmeg or two; use this powder fasting in clear Ale, in your Broths, and all suspected meats.

Remedies for a Mans Yard.

IF this Impediment be of any internal cause, use to drink Milk, or else drink oft a good portion of the water of Hawes, and inject into the Yard the water of Comphry, if the Impediment be betwixt the head and skin of the Yard, wash the head of the Yard divers times with White-wine, and after that use the powder of a rotten Post, or any siccative Medicines is good; or else *Populion* or *Unguentum ei Epsiaeum* is good.

For the Erection of the Yard above Nature.

Take first and anoint the Yard and Codds with oil of Juniper, and the oil of Campheret is good, and so is *Agnus Castus* braid and made in a Plaister, and laid upon the Stones.

This Impediment doth come of the inflamation of the Reins of the back, or of inflamation of the veins of the Yard and Stones, or of too much use of Venerious acts.

To

To heal a Mans Yard that is sore.

Take Turpentine, and the yolk of an Egg, of each like much, well beaten together with Saffron, and noint the sore Yard therewith. Or take & seeth the powder of Linseed in sweet milk till it be thick, and lay it to the Yard plaister-wise, and anoint it with the juice of Sorrel and Plantane, and be whole.

For the swellings in a mans Yard.

Take Leeks, with the tails, and wash them clean, and stamp them, and fry them in Barrows-grease, and make a plaister, and lay it all about the yard, and be whole. Or take Betony, and seeth it in Wine, and stamp it, and make a Plaister, and lay it to the Cods, and it will asswage the swelling of them; this is well proved.

For pain in mans Yard through Gravel or Champise, as followeth.

Take Pellitory, and Boares-grease, and fry them together well, and make two Plaisters thereof, and lay one between the Navel and the Yard, and the other on the Reins of the Back, and anon thou shalt deliver water and gravel, which before thou mightest not do but by drops; this will help thee without doubt.

To make a water for a sore Yard.

Take and put Allom in fair water, and seeth it till it wax tough; then put it in a pewter Box: this will cleanse a sore, and make it fair.

For burning with a Harlot.

If a man be burnt with a Harlot, and do meddle with another woman within one day, she shall be burned: If one be burned, let him wash his secrets two or three times with Whit-wine, or Sack and water; but if the matter have continued long, go to some expert Chirurgion to have help, or else thy Guts will burn and fall out of thy belly.

For a mans Stones that hang down long.

Take the fatness of a House-coney, and anoint thy Cods and Stones therewith, and then wrap thy Stones in a Coney-skin; do this nine times, and labour not in nine daies, and be whole.

For him that cannot make water.

Take Rue, Grommel, and Parsley, and stamp them, and mingle them with White-wine, and give the sick thereof to drink warm. Or take the juice of Cinquefoil, and drink it with Posset-ale, and it will make you make water anon.

For one that cannot make water.

Take the stones and Kernels of Peaches & Medlars, as much of the one as of the other; and make them into powder, very fine, and searse them; this done, take fine Sugar, the weight of all this; and mingle all this together, and let the Patient drink thereof with good White-wine, and he shall be whole incontinent.

To make one make water.

Take six or seven Berries of Ivy, and stamp them, and straine them with Ale, and give the sick to drink

drink thereof, and he shall make water straight.

To make one make water.

Take a pint of good Ale, and put therein of Honey, even as it cometh out of the Hive, with Bees, wax and all, and straine it with the Ale; then give it the Patient to drink, and within one quarter of an hour he shall make water; with this was one holpen that lay three daies, and never made water.

To make one make water easily and speedily in great quantity.

Take Mother of time, Parsley and Parsley seed, a like quantity of each, seeth them in a pint of White-wine, to half a pint, and give that to the Patient to drink; pour out the drink from the hearbs and the seeds, and then drink that blood-warm.

To make one make water.

Take a pint of White-wine, and a good spoonfull of Sivill Soap, finely scraped, and the yolks of two Egges well put from the whites; beat all these together with the Wine, and then strain it, and warm it luke-warm, and drink thereof as often as you shall feel pain, and this will help you; for it is well proved.

A Medicine for the Scyatica.

THis Infirmity commeth of hard lying on the Huckle-bones, or lying upon the ground, or upon a form, or such like; it may come by a stripe or a fall, & it will run from the Huckle-bone to the knee, and from the knee to the anckle, and from the anckle to the little toe, and then it is past cure; and otherwhiles this Gout will have a reflection to the Reines of the back, and to the flank; and it may come of a gross Flegmatique humour.

The chiefest remedy is, to anoint the place with oil of Turpentine, and Aqua vitæ compounded together, and use to anoint the place often against the fire, and a sear-cloth of pitch is good.

For the Scyatica.

Take oil of Olive, May butter, gall of a Bull, and red Onions, and boil these together, and lay it to the hips where the pain is; this is a good Medicine. Or take a red cloth, and anoint it with clarified Honey; and thereupon strew the powder of Cummin, and as hot as you may, bind it to the sore, and be whole.

For the Scyatica in the Hip.

Take a Pottle of wine Lees, and wine dregs, and sowre bread, and Cow-dung, and boil these well together, and make a plaister thereof, and lay it to the pain as hot as you may suffer it, and this will heal you.

For

For the Scyatica Passion.

Take a gallon of Urine, and seeth it well, & scum it well, untill it be cleer; then take it down, and let it stand untill it be cold, and then put the cleer thereof into a fair Pot, and put away the dregs, and then take the same cleer Urine, & put it over the fire, and put therein a quart of black dew-Snails, and boil them together, untill the Snails be wasted, then strain it through a hair five, and keep the same liquor in an earthen pot, and anoint the hip and the leg therewith before a hot fire, and let the liquor be warm.

For all manner of Gouts, and consumed members, and for the Scyatica passion.

Take a pound of Roots of red docks that men make brogys off, and wash them clean and dry them in the sun, untill the water be away, then cut them small, and bray them in a morter, and boil them in a quart of strong vinegar, untill half be wasted; and then with the same anoint the aking place, & it will amend: then keep it in a vial of glass; or else it will dry away. This Medicine is very excellent for the diseases above written, for it hath been very well proved.

Medicines for the Fundament.

A Remedy for falling out of the Fundament.

FIrſt, beware of taking cold in that place, and beware of coſtiveneſs, and keep your Arſe and buttocks warm, and ſit not upon the cold earth, nor upon the ſtones, nor upon a hard thing, but take ſomething under thy buttocks, not onely for falling out of the Longation, or arſgut, for all other infirmities that may be engendred in the Longation.

For the figge in the Fundament.

This Impediment is an Impoſthumation or lump of fleſh growing in the Longation, and it doth come of melancholy humours, the which doth deſcend to the Longation, or fundament; and for remedy, purge the matter with confection of Hamech, or with the pills of *Lapides Lazuli*, or with *Vera Rufini*; then take the powder of a dogs head burned, and mix it with the juice of Pimpernel, and make tents, and put into the fundament.

For him that his fundament goeth out.

Take bay leaves, and boil them in a pot of water, and as hot as you can ſuffer it, you muſt ſit over it, to the intent the fume of the water may go up into the body, and with your finger put it up by little and little, and when it is hot, heat an Oaken board, and ſit on it as hot as you can ſuffer it, and it will help you.

For

For the falling of the Fundament.

Take a red Nettle and bray it well, and put it in
n earthen pot, and put thereto a good portion of
/hite-wine, and ſeeth it untill it be half waſted, and
: the liquor give the patient to drink firſt and laſt
arm, and lay the herbs to the fundament as hot as
e may ſuffer it, and uſe this and be whole.

Medicines for the Piles and Emeroids.

THe Emeroids or the Piles, the which be the veins in the extream parts of the Longation, to whom oth happen divers times two ſundry paſſions; the rſt is like paps and teats, & they will bleed, & they e the very Emeroids; the other be like warts, & they vill itch, water, and ſmart, and they be called the 'iles: and in the ſame place doth breed other infir- nities, as is aforeſaid. The cauſe of this Impediment loth come of malicious humours in the Maw and Entrails, or it may come of a cholerick humour.

For the Piles and Hemeroids.

Take a pint or a quart of Linſeed Oil, and put nto it as many Cray-fiſh alive as it will hold, then oil them a quarter of an hour, then ſtrain the oil rom them, and let them be very well beaten in their hels in a Mortar, and then put them into the oil a- gain, and let them boil as formerly, then ſtrain them hard from the oil, and caſt them away; then

then fill the oil with as many of the young tops tender buds of Elder, or the young fresh leaves, a let them boil in them till they begin to be crisp l fryed Parsley, then strain that very hard from the l der, and reserve that for an excellent medicine to noint the Piles: or moistning a little Cotton, kee close trussed up, and it will quickly help them. I also a soveraign medicine for any Burning or Scal ing.

For the Hemeroids.

Take an onyon, and cut off the top thereof, a take out the heart of the onyon, and fill up t place with the juice of unset leeks, and then roast it the fire, and with the juice thereof anoint the sore, a lay all hot thereto. Or take bran of wheat, and fry in sheeps tallow and put it in a bagg or pocket, a lay it to the sore, or let the sick sit thereon, and th will help you.

For the Piles.

Take Scabius, and boil it in water untill the wat be consumed also, and let him that is sore, ho his fundament over the fume of the said water as h as he can suffer it, and be whole.

For the Piles.

Take aqua vitæ cold, and wash the piles therewit and take cotten linnen and burn it, and lay the pot der thereof to the piles upon a linnen cotten cloth often as you be grieved. Or take wormwood an grind it in a morrer small, & then fry it in oil oliv and make a plaister thereof, and lay it to the sore

h

t as you can ſuffer it, and this will ceaſe the bleed-
g and aking.

For the Hemeroids that have paps.

Take and bind about the pap a red ſilk thred, and
t away the pap above the head, and leave the thred
ſt, and lay a plaiſter of wormwood upon the ſame,
d this will heal it, *Probatum eſt.*

For the Piles.

Take a quart of White-wine, and the tops of El-
r buds, and Honey, and boil them well together,
en ſtrain them, and waſh the place therewith, and
is will heal you in ſhort ſpace.

For the Hemeroids.

Take the juice of red Nettle leaves, and a little
eer ſuet, and heat them together in a Sawcer till it
ſomwhat green, and anoint the place with it.

For the Hemeroids, an approved Medicine.

Take a gray Cat, and cut her Throat, and ſave her
lood; then flea her, and roſt her, and ſave the greaſe,
en fry the greaſe and the blood together, and lay it
the ſore thrice, as hot as the Patient can ſuffer it,
d it will help him.

An excellent Medicine for the Hemeroids, or Piles.

Take & ſtamp Dandelion and Daſies together, and
rain out the juice thereof into good Ale, and drink
ereof, and it will help thee.

A Gliſter.

Take of Endive, of Succory, of Violet leaves, of
ch a handfull, of Cummin ſeeds, and Anniſeeds
being

being bruiſed ſmal, of each a little, boil them in ſu
ficient water as will boil them tender, then ſtrain t
herbs from the liquor, and take three parts of t
water, and one part of milk, putting into it a little ſa
a ſpoonfull of Honey, and as much Oil Olive: if y
will make it ſtronger, you may put in an ounce
Caſſia Fiſtula extract.

Medicines for the Thighes that be ſtiffe.

TAke Brooklime, Horehound, herb John, Sheep
Tallow, Swines Greaſe, and a horſe tird that i
new made, beat it altogether, and lay it to the ſore.

For aking of the Bones of the Thighes.

Take a pint of White-wine, & the Gall of an Ox
and boil them well, and ſcum them clean; then tak
crums of white Bread and put thereto, and make it i
a plaiſter, and lay it to the ſore two or three time
and be whole.

To knit the ſinews and veines of the Thighes, or elſewhere, when they be broke.

Take great wormes of the earth, & put them in ſal
let oyl, and with a little *Spodoneſos* that Pedler
ſell, work them together, and lay them to the wound
and let it lie nine daies, and remove it not, and it wil
knit both Sinews & Veines together. This is proved

make an ointment to asswage the swelling and to keep Sinews from shrinking.

Take clean Barrows Grease, and a good quantity Sage, and boil them together upon a chafindish of als, and when the Sage is dry, strain it through a th, and anoint the place therewith.

For Thighes that be swollen.

Take Hens dung, or Pigeons dung and Sheeps low, and Chickweed, and Smallage, and beat all gether, and fry it with lees of Malmsey, and so lay as hot as you can suffer it to the swelling.

For Sinews that be shrunk in the Thighes, or elsewhere.

Take young Swallows out of the nest, to the num-r of twelve, then take Rosemary, Lavender-Cot-n, and Strawbery leaves, strings and all, of each a ndfull, and bray the Swallows in a Mortar, guts, thers and all, with the herbs, till they be small, and en fry it againe in a Frying-pan, with May Butter, d strain it, and when you will occupie it, chafe it ainst the fire.

Medicines for an ach or swelling in the Knee.

Take Rew and Lovage, and stamp them toge-ther, and put thereto Honey, and lay it to the re. Or take Lovage, Smallage, and sheeps tallow,

tallow, and lees of White-wine, and boil altogethe and lay it to the sore on a cloth. Or take Milk an Oatmeal, and dry Rose leaves, and seeth them tog ther, and lay them to the sore hot, and be whole.

For an Ach that doth come of an old bruise.

Take a pottle of Running water, and a pint of Ba Salt, and boil them till half be wasted; then thick up with Bran, and lay it to the sore. Or take an seeth the juice of Nightshade in Butter and Oil, an scum off the froth, and keep the same for a precio Jewell to use when you have need. Or take an seeth Oatmeal in white-wine, and lay it plaisterwi to the sore Knee, and it will help thee shortly.

For the Gout in the Knee.

Take the milk of a Cow of one colour, and whea ten flour, and seeth it until it be thick like a plaister and put thereto the juice of Smallage, and lay it t the Gout, and be whole.

Medicines for Legs.

Medicine for the Legs that be swollen.

Take Wormwood, Sothernwood, and Rue, o each a like much, and stamp them together; and fry them with fair Honey, till it begin to wax dry; and as hot as you may suffer it, lay it to the Legs or Hands, and this will asswage the swelling.

Plaiſter for ſwollen Legs, or when you have no feeling in them.

Take a pound of pitch, and half a pound of wax, half a pound of Dears ſewet, or ſheep ſewet, and all theſe together, then ſtrain them through a nen cloth, and ſo make a plaiſter of white Leather, he bigneſs of the ſore place, and let it lie to the e three or four daies; and then if it be not whole, ke another plaiſter, and lay it again, and ſo dreſs it it be whole, for this will bring the feeling again, l mollifie the humour, and aſſwage the ſwel-g.

For a ſore Leg.

Take unwrought wax, and a little ſheeps tallow, l ſeeth them together with a little white Coperas, l ſtrike it on a cloth, and ſo lay it to the ſore. Or te Elder Leaves, thoſe that grow one ſide the leaf ger then the other on the ſtalk, then the other h, theſe be very good for a ſore Leg, both to heal, l theſe be leaves beſt for mankind.

A Pultis for a ſore Leg which is ſwollen red, and doth prick and ake.

Take Houſleek, Mallows, Lilly roots, and Smal-e, dry red Roſe leaves, of each a good handfull, tmeal two handfulls, Lineſeed, Vinecreet ſeed, of :h a handfull, good Ale dregs, and Vinegar, of :h a pint or more, White-wine a pottle, more or s; ſeeth the foreſaid ſtuffe very ſoftly, and make reof a Pultis, and lay it to the Leg.

A Medicine for a Leg that is swollen, and is not re but will pit after ones fingers.

Take Chickweed and Pellitory, of each an handfu and, instead of Vinegar take dregs of Wine, and p thereto sheeps tallow, a pound chopped, and Cow milk at your pleasure, and seeth them as befo written; untillit be soft, and bind it to the swoll Leg.

Another for the same.

Take a quart of Red-wine and crums of Ry-brea and seeth them together till it be like a plaister, as h as you can suffer it, lay it to the sore Leg, upon a fa cloth, and when that is done, take another; and so ti you have taken four, and this will help you.

To heal a sore Leg coming of an old cause.

Take flowers of Camomil, or Camomil, and good handfull of Mallows, of Wormwood, of Grun sell, and Sage, of every one half a handfull, and be all small in a Mortar, and seeth it in Milk, and p thereto in the seething Vincreek seed in powde half a handfull of Annis seeds, and Fennel seed o ounce, a little May butter, four or five yolks of Egg and seeth all together, and the same Eggs in the latt end of the seething, and so let it seeth till it come to thickness: You may in the latter end of the seethi put in a pint of Red-wine to comfort the Sinews take the Camomil and Mallows, of each a handfu beaten in a Mortar, with Oatmeal, and milk sodde together, and let it boil to a thickness.

F

For a vein or sinew sprung in the Leg, or else where.

Take Dill, Vervain, Mallows, and the crops of d N ttles, and seeth all these in running water, and ter chop them small, and lay them hot to the leg he can suffer it.

The best Medicine for aking of bones in the Legs, or Joynts, or elsewhere.

Take a quarter of a pound of Dill, and beat it to owder, and put thereto a quart of good white ine, and let it seeth till half be wasted away; then t thereto a pint of oyl Olive, and let them seeth gether, and then strain it, and keep it to anoint e sore place withal, and this will cease the pain a- on: this is called *Oleum Unamico*; keep it well a glass, for this is proved.

For a swollen Leg.

Take Oatmeal and seeth it in milk, as you would ake pottage therewith, and put thereto a handful Mallows chopped small, and the juyce of Sengreen d sheeps sewet, and let it boyl together till it be ick, and make a plaister thereof, and lay it to the re leg, and be whole.

For a red swelling in the foot.

Take and seeth Bean-meal and Barley-meale with ater, right thick and well, and make a plaister, and y it to the swelling. Or take Turpentine & Vinegar, oney, White wine, and Bran, and seeth all these to- ether wel until they be thick, and then lay it to the welling: Or take else Parsley, Sage and Rue, and

ſtamp with the Lard of fat Bacon, and gray ſnail and lay it to the ſore, and it will gather to a hea Or take Roſe leaves, and Linſeed, Milk, and Oa meal, and fry all together, and lay it to th ſore.

For an ach in the Feet, or if his limbs were taken from him.

Take wool oil, or rather other oil, twelve ounce and put thereto half a pound of *Aqua-vitæ*, an beat it together, and chafe it againſt the fire, an all to rub the ſore and dead place, and in ſhort tim it will be whole.

For great aking of the bones in the Feet, or elſewhere, the beſt Medicine.

Take Baldare one ounce, and put it in your pot tage, and eat thereof, for this is very good for akin of bones, and alſo to reſtore a man that is in a con ſumption in ſhort time, if you will uſe it.

To cool a hot ſore leg, and to abate the ſwelling.

Take Red Coal leaves, Sage and Smallage, wel ſtamped and medled together with ſoure dough, an Honey, and lay it to the ſore. Or take Horſe-dun newly made, and wring out the juyce thereof, an anoint the ſore therewith a good while, and the take Violet leaves and Houſleek, and ſtamp then and ſtrain them, and put to that juyce ſweet Cream and anoint the ſore therewith, and it will deſtro the great heat.

A good Receipt to heal either old or new sores, which must be made in the Moneth of May.

Take Tutson, Selendine, Mallows, Groundsel, Clarine and Plantain, of each of these one handful; beat all these herbs together in a stone Mortar very fine, then take a pound of butter unsalted, and boil the herbs in it, till all the strength of the herbs be boiled in it; then you must strain them through a cloth and save some of that in a pot by it self, then must you put into the rest half an ounce of white Turpentine, half an ounce of Rosin, an ounce and a half of Yellow-wax; then boil them all softly together, till it be thick, and so put it into a gally-pot; first that you reserve is to heal, and the last is both to heal and draw.

For a swelling in any place.

Take Hogs dung, Pidgeons-dung, and Sheeps talow, Chickweed, and Smallage, and put all these together in Lees of Malmsey, or in Malmsey, or for lack of this in his own water, and when it is wel boiled, lay it hot to the sore swelling, and this will abate the swelling, and ease the pain.

For a Corn on the Toe.

Take a black Snail, and roast him in a white wet cloth, and when he is rosted lay him to the Corn hot and it will heal thee in short time. Or take a sharp knife, and cut the corn clean away, and pick out the little white pith that is within him, and when you

have so done, lay a little Turpentine unto it, and be hole.

Another for the same.

First pare the A nails or Corns with a sharp knife to the quick flesh, that it bleed, then wipe away the bloud, and drop into the place red Wax, and let it lie til it be consumed; this will heal your Corn within twice or thrice serving so.

To make a Nail.

Take Cinquefoil and bray it with any grease, and lay it unto the Nail, and this will bring the Nail again.

For aches in the Armes.

Take fearcloaths that be attractive, or take the oil of Turpentine, and mix it with *Aqua-Vita*, and anoynt the place therewith.

For aking of the wrists.

Take and stamp Mugwort with Swines grease and put Verjuce thereto, and lay it to the grief, and this will help the aking. Or take Planten leaves, and stamp them with a little Salt, and this is good if it be swollen. Or take the Bran, and the powder of Lime of each alike much, and seeth them in wine, and put a little oil thereto, and make it thick, and lay it to the sore and this will heale thee.

For chapped hands.

Take Mastick, Frankincense, new wax, and oil of Roses, make thereof an ointment, and anoynt thy chapped hands, and this wil make thee whole.

Anothe

Another for the same

Take Rose Water, and oyl of Almonds, and a little wax, and melt them together, and make an ointment thereof, and anoint thy chapt hands, and within four times anoynting they shall be whole.

For the prick of a Thorn.

Take Sothernwood and stamp it, and mingle it with fair Barrows grease and lay it to the Thorn or pricking of any venemous Beast. Or take Brooklime, Smallage, Sheeps-tallow, Bay-salt, and your owne urine well sod together, and lay it to the sore place where the Thorn is.

To draw out a prick or thorn.

Take Dittany and grind it, and make a plaster and lay it to the sore, and also eat or drink Dittany, and it will doe the same: Or take black Sope and lay it to the sore, and it will draw out either prick or thorn, being well tempered with Birdlime, and so will Violets boiled in water and laid to the sore. Or take Stonecrop and stamp it, and lay it to the point of a thorn, and this will draw it out without fail.

To draw out a Thorn and heal the place, being red swollen: my Lady Audelies *medicine.*

Take Smallage perfectly beaten in a Morter, and put it to black sope and Boars Greate, and beat all together very well, and make an ointment there of, and spread it on a linnen cloth, and lay it warm to the sore place where the Thorne is, and bind it.

For a prick of a Thorn or Nail.

Take Chickweed, and seeth it in fair running water, til it be tender, and then strain it from the water, and bray it in a Mortar, and put it in a bottle of milk and put thereto Deers Sewet, or Sheeps tallow, and Oatmeal, and seeth it altogether til it come to a Pultis; then wash the sore place with the water that the Chickweed was sodden in, and then lay the Pultis on a linnen cloth, and lay it to the sore. Or take the dung of a Gander new laid, and lay it upon the place where the Thorn is upon a linnen cloth, and this will draw him out.

For a prick of a Thorn.

Take of the seed of Flax half a handful, and a quarter so much of Oatmeal, of Cummin an ounce; beat all these into fine powder in a Brazen Morter, and seeth them in Vinegar or Lees of Red-wine, or Clarer-wine, or White-wine, and put thereto half so much milk, and let it seeth until it be thick like Past, and then lay it hot to the sore, and if it be rotten, it wil draw it out; and if not it wil dissolve it.

Another for the same.

Take the black worm called a Shromp, which is commonly in Horse-dung, and make a slit in his belly, but kill him not, and lay it round upon the place where the Thorn is, or went in, it wil be painful for a time, but it wil bring out the Thorn without fail.

Medicines for the Gout.

An approved Medicine for the Gout.

TAke Wormwood, Smallage, Camomil, Holly-oak leaves, Horehound, of each a handful, then take a pint of Neatsfoot oyl, and half a pint of the oyl of Shoomakers patches, and boyl the oyls together a little while, and scum it, and the herbs being well chopped, then put them into the oyls, and let them all boyl together a quarter of an hour, and strain it through a cloth, and keep it for your use: to this must be added Deers sewet, and two spoonfuls of *Aqua-vitæ*.

There be four kind of Gouts, named in Latine *Chiragra*, *Podagra*, *Sciatica* and *Artetica*: the one is in the hands, fingers and arms, the which is called *Chiragra*; the other is named *Podagra*, and that is in the feet, toes and legs: the third doth keep the huckle bone, and doth run to the knee, and in process of time descendeth to the anckle, and to the toe, and is called *Sciatica*: the fourth kind of the Gout, is named the Gout *Artetick*, the which doth run over all the joynts and parts of mans body; and the medicines of every one follow.

For the Gout in the hand called Chiragra.

The cauſe of this impediment doth come of rheum and evil diet; and there be two kinds of Gout in the hands, the one is confirmed and cannot be made whole, for if it do come by kind, and the joynts be broken, the ſickneſs is incurable; the other which is not confirmed, may be made whole, as followeth.

Take of Colworts three handfulls, and ſeeth them with a little Lie, with three ſpoonfuls of Vinegar and a little ſalt; ſtamp all theſe with the ſaid Lie, and make a plaiſter thereof. Or take and eat Treacle and make plaiſter thereof, and lay it to the place: and mark if the matter do come of a hot cauſe, you may miniſter hot medicines, and if of a cold cauſe, not hot medicines but cold, and let the patient beware of eating of thoſe things that be over hot or cold.

For the Gout, and all manner of Aches.

Take of Clot roots two pound, and ſeeth them in piſs til they be tender, and then bray them and ſtrain them through a cloth, and then take ſix Ox galls, of Neats, and look that you have a pottle of urine of more well ſtrained; then put thereto a quart of oyl Olive, and ſeeth this together till it do come to the quantity of the oyl, for this will work wonders in the Gout.

To comfort the joynts and ſinews.

Take five or ſix handfuls of Walworts, and ſeeth them wel in wine, then ſtrain them with a little Wax, Oyle of Spike, and *Aqua vitæ* make an oyntment, wherewith you muſt anoint the

he place morning and evening every day.

Medicines for the Gout appropriate in all cases.

Take Cow-dung, and seeth it in sweet milk, and ay a plaister thereof to the Gout: also the yolks of ggs, womans milk, linseed, and saffron all together n a plaister, all wageth the diseases of the Gout; and f you be disposed to break the skin, and to let the umour issue out (as by such means many a one is ea- ed) you shall make a little plaister of black Sope, nd *Aqua vitæ*, which will blister it without pain: Also very hard old cheese cut and sodden in the roth of a Gammon of Bacon, and afterwards stam- ed with a little of the broth, and made in manner of plaister, is a singular remedy for the Gout, and was irst practised by *Galen* the Prince of all Physitians.

For the Gout in the feet.

Take and stamp nettles, and lay them to the *Po- dagra*, Feet or Legs, and this will joyn flesh to the one that is risen; but you must mingle it with alt, for that drieth up evil humours in short time.

For the Gout cold.

Take as much black sope as a Walnut, and as much Herb grace made in juice to the quantity of the Sope, and as much of the juice of Salendine, and mingle them all together; then take sheeps leather, and on the fleshy side lay on the plaster, and so lay it to the Gout three days, and it will help thee.

For the Gout.

Take a pint and a halfe of good Ale, and halfe a pound of black sope, and a handful of bay salt beaten small,

small, then mingle them all together till half be co
sumed; then put four spooofuls of *Aqua-vita*, a
let it boyl a little more, then take a cloth and dip it
it and lay it to the grief as hot as he can suffer it, a
be whole. Or take a pint of good Ale, and cl
rifie it on the fire, and put therein a handful of b
Salt, and stir it a good while; put thereto 2 spoo
fuls of black Sope, and before you lay on the med
cine, take a linnen cloth and rub it wel a good whil
and then lay on the medicine.

To take away pain of the Gout.

Take the fattest Bitch you can get, and sca
him like a Pig, and take out the guts and garbadg
at one of the sides, then take Needles and stam
them with two ounces of Brimstone, four yolks
Egges, four ounces of Turpentine, incorporate
together, and put it in the whelps belly surely sewe
up, that no composition come ou; then roft hi
with a soft fire, and kep the dripping that dot
come from him, and anoint the sore place therewitl
for this is excellent; and will cease all manner
Convulsions of the Sinews or joynts, and pain of th
Cramp that may be felt in any man: this medicin
hath been tryed not only to heal the Gout, but t
drive it away for ever.

Another for the same.

Take half a pint of strong Vineger, and thre
yolks of Egges, and put them to the Vineger with
quantity of black Sope, and so let it stand three day
and three nights, & then mingle them together like
plaister

ifter, and lay it to the ſore. Or take and ſtamp alwort ſmal, and ſeeth it with the Lees of Red- ine as thick as pap, and lay it to the ſore whereſo- er it be; if it be hot, lay it on hot, if it be cold, lay on cold, and then lay it on two dayes after with rve-oyl upon the Sinews.

For the Feſtring Gout that makes holes.

Take the juyce of rib graſs, and as much of the hite of an Egge, and Rie-meal, and mingle them gether, and ſtamp them, and make a thick plaiſter reof, and lay it to the ſore, and let it lie ſtil until fall away. Or take Rie-flower, and mingle it with e juyce of Walwort roots, and make thereof two kes, and bake them, and then take one, and do a- ay the cruſt, and bind it to the ſore as hot as you ay ſuffer it; and when that Cake is cold, then take e other, and lay it to the pain, and this wil h eal

For the Gout.

Take Caſtle-ſope, and ſcrape it into the Barm of le, but the Ale muſt not be ſowr, and ſtir the ſope d the Barm together, and then lay it upon the ach, d with a little cloth rowl it on, and when it ſwels, ke Red-fennel and ſeeth it, and put to it butter, and y it to the ſwelling; it muſt be butter unſalted, and e this, for it is very good.

An approved medicine for the Gout.

Take a quantity of unwrought wax, and four times much Boars greaſe, and as much black ſope as the oars greaſe, then take the Boars Greaſe firſt, and

ſeeth

seeth it in a skillet; and then clarifie it; and me
the Wax by it self, and put it to the greaſe, and th
put them together with the Sope, then take it fro
the fire and ſtir it a great while til it be like a Salv
then make a plaiſter of ſheeps-leather, & when yo
pain doth come, lay on this plaiſter ſomwhat broad
then the grief is, and let it lie on twenty four hou
before it be removed, and you ſhall finde great ea
in it. This ſalve will be good a whole yeare if it
kept cloſe.

A ſpecial medicine for the Gout.

You ſhall buy at the Apothecaries, Cantaride
which is a great fly, take of this a quanti y, a
twice ſo much ſoure bread, the crums there
ſtamped in a morter with a little Vinegar, ſo th
you may make he of a plaiſter, then ſtroke it upon
cloth, and cut i he bredth of a peny, and lay it
the place where the pain is for ſix or ſev n hour
then lift up the pl iſter wi h a knife, and let it l e h
an hour, then again p l it off, and a bliſter will ri
there, then let out the water with a needle, in th
loweſt place of the bliſter, and ſoftly thruſt it wi
your finger, and if the water be cold, it wil be ſom
what yellow, if the pain be new it wil be white lik
the gelly of a Pig, then take the leaf of an Oak tree
and cut away the ha dneſs thereof, and prick it ful
holes, and lay it on until it be whole, as ſoon as th
bliſter's broken the pain is gone, but you muſt mak
the bliſter beneath the joynt.

For the Gout.

Take six new laid Eggs, and roast them hard, and
them asunder, take out the yolks, and where the
lks were, while the Eggs be very hot, put in myrrh
Alexandria, it is to be bought at the Apothe ca-
s, and lay one side of the Eggs upon another as
u cut them, and lay them in a row between two
hes, and thereof will come a water and be in the
sh, then take it out, and put it in a glass, and then
es new, till you have some quantity of the water,
five Egs will not make above a Spoonful at once,
is is a proved medicine to drive away the pain of
e Gout when it cometh.

For the Gout.

Take the milk of a Cow of one colour, and smal
lantern Leaves, and flour of clean Wheatmeal, and
il them together, and make a plaister, and lay it to
e sore, and this will help thee in short space.

A special medicine for the Gout.

Take a young Whelp in the moneth of *May*, and
ip him out of his skin, and dress him clean, then
ke a quantity of Water-frogs, and put them in his
elly when his guts be out, and sow up his belly, then
st him, and take the dripping in an Iron Vessel, and
hen it is cold put it in a glass, and therewithal a-
oint the discase, and you shal be whole, by Gods
race.

For

For the Gout, a proved medicine.

Take a ſpoonful of civil ſope, and two penniwo
of Camphire, a ſawcer ful of womans milk, of a m
child, then put the Sope and Camphire into the m
till it be thick, then put it into a clean box or ve
and let it ſtand twenty four hours, and then ano
the Patient therewith cold; and ever lay the medici
above the ſore to draw it downwards. This was p
ved upon Sir *John Wilton* and many others.

For the Gout.

Take Cows horn coming of a red or brinded Co
a good quantity, and make it warm in a frying-p
and put thereunto half a ſpoonful of the powder
a rotten poſt, or pole of Elder Wood, and ſtir the
together, and bind them on the place agrieved hot
blood-warm, and lap it with a woollen cloth next
the medicine, and a linnen cloth over all, to keep
the medicine: Waſh off this medicine when y
take it off with Farrow Cow milk warmed.

Another for the Gout.

Take four ounces of the Oyl of Linſeed, four ou
ces of Oyl of Worms, and the like quantity of t
beſt Treacle, and mix them wel together, and anoi
the place agrieved, and alſo ſpread it on a linn
cloth, and bind it on all night.

For the Gout.

Valerian Coltsfoot, oyl of Shoo-maker's patche
Deers ſuet, and as much of Neats-foot oyl as the o
ther two, melt the oils and Deers ſewet, and then p
in the two herbs, being chopped ſmal, and boil ther

l together with a gentle fire half an hour, and then ain them through a courſe cloth, and keep this ntment in a box. Anoint the place agrieved with 's oyntment, and lay it on a plaiſter of the oyl of ıcomakers patches onely ſp. ead upon this brown per warmed.

Medicines for the Dropſie.

TAke a portion of Water-creſſes, and Sage, the greateſt part of Mugwort, Hyſop, red nnel; of every one of theſe a like portion, aſh all theſe clean, and let the water run from em: then take the ſame herbs and put em in paſte of a great pie, and the ſame pie to be ıked in an Oven, and when it is baked take it out, id all hot put it into a pot of Ale, clear drawn after e portion of your herbs: Alſo you muſt cover our pot, to the intent the ſtrength of the herbs me not out, but remain in your pot ſtill, and work the Ale, to make it ſo much the ſtronger: then aw off the ſaid Ale daily, and let the ſick drink ereof at all times, when you will, day or night, hen he deſireth to drink, and within nine days he all be whole.

An excellent medicine for the Dropsie, made for Queen Elizabeth, *by Doctor* Adrian *and Doctor* Lasye.

Take Polipodium, Spicknard, Squant, Ginger, Marjoram, Setwel, Gallingal, of every one one penny weight, Senny, the leaves and cods, so much as all the reft, grossly broken into pouder, and so put them in a bag, and hang it with a packthread in an earthen pot of two gallons of Ale, and every four days cover the Ale with new Barm, and drink no other drink the space of a whole week, and this will purge all ill humours in the body; this drink will not let the blood putrifie, neither flegm to have domination nor choler to burn, nor melancholy to have exaltation, it doth multiply blood, and helpeth all evil, purgeth the rheum, and mightily helpeth it, it defendeth the Stomach, and nourisheth it, profiteth and preserveth youth, and engendereth good colour, comforteth the sight, and nourisheth the mind.

For the Dropsie that swelleth.

Take and eat Water-Cresses, and Raisins, and this shall make the malady come down to the Legs and Toes; then when it is in the Legs or Feet, take the green bark of Older in Winter, and the Crops in Summer, and Oatmeal, and lay it to thy Legs being sodden in fair water, and this will heal thee.

For a swelling in a mans body.

Take Betany, and Sentory, of each a like much, and make pouder of them, and put of the pouder in your drink, and in your pottage, and it will bring

the

he ſwelling out of your body into Legs and Feet, then take Salendine and bruiſe him in a Mortar, and ay him to the ſoles of your Feet, and it wil take away all the ſwellings of the body through the ſoles of your Feet by water running: and it is called a Dropſie.

Medicines for the Canker.

Take Walwort and Waydbred, Self-green, Houſeek, and Smallage of each a like quantity, ſtamp them together in a Leaden Mortar, and ſtrain them through a cloth, and mingle the juyce with wheat flower honey, and the white of an Egg, and ſtir all theſe, and lay it to the ſore.

For a Canker, Fiſtu'a, Wart, new ſores, old ſores, or wounds.

Take a gallon and a half of running water, and a peck of aſhes made of green alhen wood, and ſift them clean, and make thereof a gallon of Lie; and put thereto a gallon of Tanwooſe, and a pound of Madder, and ſeeth all theſe to a gallon, and let your Pan be ſo great, that it be little more then half full; and when it riſeth with the ſeething, ſtir it with a Ladle, that it run not over, then let it ſtand three or four hours, til it be clear, and then let all that is clear be ſtrained through a good clean cloth, and then wet a ragged cloth, and with a long lint lay it to the ſore and this wil heal the diſeaſes aforeſaid.

Medicines for Burning or Scalding.

Take unslaked Lime as much as you think good, and slake it in Common oyl, and then take it out as dry as you can, and incorporate it with oyl of Roses and it wil be as it were an ointment, which you shal anoint the place with, and in eight or ten dais it wil be whole and not leave any soak or scar upon the skin; and when the party is first burned or scalded, because the other is not ready, take a little of the lard of a Barrow.

For one that is burned with a Match.

Take the same Match and burn it to powder and strew the same powder upon the place, and this wil heal it in short space.

For burning with Gun-powder.

Take Sheeps twet, and Sheeps dung and frie them both together, and so anoint the place that is burned therewith twice every day, and do not wash the sore with any thing, for the medicine wil fall away of it self as it doth heal; and do not change the medicine in any wise.

For burning with Wild fire.

Take the dregs of Wine and Vinegar, and an Egg both the white and yolk by even portions, & mingle them

them wel together and lay it to the sore until it be whole.

To get out the fire of burning or scalding.

Take the whites of new laid Eggs after the quantity of the sore, and put them in a Pewter dish, and with a stone of Roch-Alom, labour it about till it come all to a froth; then take a fine linnen cloath and wet it in oil of Olive; or for lack of it in fresh grease or butter, and lay it next the sore, and then lay the froth upon the same a good thickness; and so bind it with a cloth. four times dress it, evening and morning and the fire wil be out.

Medicines to stop Blood.

To stop Blood in a Vein.

Take a handful of leaves of the little Burs that stick upon a mans Coat, and are called Strachantes, and bray these leaves, and lay them to the wound, and it wil stop the blood.

To stop blood in a wound suddenly.

Take Paper, Flax, or linnen cloth, which is next thy hand and burn it, and put it into the wound the ashes thereof hot, and the blood shal stop streight: Or if you will stamp Nettle-roots and lay them to the wound, it shal be no more.

To ſtop Blood if the Maſter Vein be cut, or the wound very large.

Take Red Nettles or red Colwort leaves, ſtamp them with Hogs-dung well tempered together, and lay it on the wound, and this will ſtench the bleeding quickly. Or take dried Vervain made in Powder, and put the Powder into the wound, and it will help.

For a Wound that is full of Blood.

Take red Nettles and ſtamp them with Vinegar, and lay them upon the wound, and it will cleanſe the wound, and do away the blood.

To ſtop bleeding at the Noſe, or in any other place upon the ſudden.

If it be a man that bleedeth, take a Leather point and tie about his ſtones very hard and this will ſtop the bleeding ſtreight. Or if his Arm or Leg be cut, bind the other Arm or Leg very hard, and the blood will run to the other ſide that is moſt pained.

Medicines for the Morphew.

Take Muſtard made of White-vinegar, and let the Patient anoint himſelf withal, where the Morphew is nine nights and this will help him. Or take and bray Sorrel, and ſtrain it clear, then put to it as much Sugar and Hony as you do juice, and boil them wel together over the fire, & then let them ſeeth til

the Sugar have the taſt, then put to it one ounce of vinegar, and ſo dreſs it and keep the medicine to eat.

Another for the ſame.

Take an ounce of very good ſope, and a pennyworth of *Aqua-vitæ*, and put them both into a morter and grind them well together; then take a handfull of Eglantine, and ſtamp it and ſtrain it, and put ſome of the juyce to the ſope and *Aqua vitæ*, and then take a courſe Canvis cloth, and rub where the Morphew is, and anoint the place with this medicine and be whole.

For the black Morphew.

There be two kind of Morphew, the white, and the black, the white is named *Alborus*; and for remedy for the black Morphew, take this rule, that if the place be pricked, and it will not bleed, then it is not curable; but if it will bleed, take of Rapes and Racket, of each an ounce and a half, and ſtamp it with Vinegar, and after that waſh the place. Or take of the tarth of *Affrick*, and mix it with vinegar, and waſh the place ott therewith, and it wil heal thee.

A moſt excellent Water, to comfort the Vital, and preſerve other parts of the body, made by Doctor Stephens.

Take a gallon of good Gaſcoyne Wine, Ginger, Galingale, Cinamon, Nutmegs, Grains, Cloves, Aniſeeds, Fennelſeeds, Dam, Sage, Mints, Redroſes, Time, Pellitory, Roſemary, wild Time, Camomil, Lavender, of each a handful; then bruiſe the ſpices and the herbs ſmal, and put all into the wine, and

let it stand twelve hours, stirring it divers times, then stilli: in a Limbeck according to the art, and the first water is of more strength then the second, and both be the better by standing in the Sun.

The vertues hereof

Be to comfort the spirits vital, helps to the inward diseases of cold, the Palsie, the contraction of Sinew, the conception of women killeth the worms within the body, cureth the Cough, Toothach, cold, Dropsie, comforteth the Stomack, helpeth the Stone in the Bladder and in the reins of the back, slackneth a stinking breath. Whosoever useth this Water ever anon, and not too often, it preserveth him in good liking and maketh him seem young very long; with this Doctor *Stephens* preserved his own life, untill such extream Age, that he could neither go nor ride, and kept him five years, when other *Physitians* judged it impossible for him to live one year.

To make Cinamon Water.

Take Rhenish wine a quart, and Spanish wine a pint, Rosewater a pint and a half, Cinamon bruised a pound and a half, let these stand infused the space of four and twenty hours, then distil it, and being close stopped and lured, then with a soft fire distil the same softly in a Limbeck of glass, and receive the first water by it self.

Also, if ye be so disposed to make the same water weaker, take three pints of Rosewater, and a pint and a half of Rhenish wine, and so distil the same, & you shal have to the quality of the stuffe the quantity

ty of the water which is three pints; but the first water is the best, and therefore reserve it to your use, both morning and evening.

To make Cinamon water another way.

Take three quarts of Muskadine, and a pound of Cinamon, and half a pint of good Rosewater, and so let it be infused the space of four and twenty hours, and distil it as aforesaid, and you shall receive of the quantity, as to the quality; but the first pint is the best, and the chiefest of all the other, as is manifest by practice.

Medicines for the Palsie that take away the speech.

Take Sage leaves and Primrose leaves; and if it be in winter, take leaves and roots and all, of each a like quantity, beat them together, and strain them with Ale, and give it the sick to drink a spoonfull or two at a time, and it will bring the speech again.

For the Palsie.

Take and stamp a handfull of *Sage*, as small as may be, and put thereto two penny worth of Treacle, and a penny worth of *Aquavitæ*: temper them well together, and lay a plaister thereof to the wrist of the hand, and in the Nape of the Neck: and thus thou may'st heal him that is lame of the Palsie in short time.

For the Palsie that makes a man bed-ridden.

Take both the crops and blossomes of broom, and seeth them in good Red-wine til it be thick as ointment, and then anoint all thy body with it, and use this, and it wil make thee whole.

An excellent drink for the Palsie, proved divers times.

Take all the flesh of a Fox new killed, and lay it all night in new milk, and the Buds of Rosemary leaves and flowers, and that a great quantity, and half an handfull of Harts tongue, and take away the string that goeth along the back of the leaves, and a good quantity of Bugle, and a few small Raisins; distil all these together with a gentle fire, and when it is forty daies old drink it fasting; it destroyeth the Palsie, and maketh good blood.

Medicines for a Fellon.

Take Grounsel and stamp it smal, then temper it with oyl of Roses, and make it like a salve and lay it to the sore, and this wil heal thee.

To break a Fellon hastily.

Take the yolk of an Egg and Bay-salt, and powder of Coperas, and lay it to the sore, and it will break it.

To destroy a Fellon.

Take Scabias a good handfull or two; then take ...eeps suet and brown-bread; and chop all these ...gether small, then fry them in a pan, and lay it hot ... the Fellon, and it shal destroy it.

Medicines for the Impostume within a Mans Body.

Take young Walnuts, and stamp them rinds and ...ll, and lay a plaister thereof upon the Navel; and ...his wil destroy an Impostume, as *Isaac* saith. Or ...ake two handfuls of Clot roots made clean, and ...eeth them wel in half a gallon of good Ale or more ...ntil the fourth part be wasted away, and let it run ...hrough a cloth but wring it not; and let the sick ...drink thereof three daies, and then other three daies; ...nd if thou wilt, thou mayest put thereto Licoras. This is proved.

To break an Impostume.

Take the kernels of Walnuts, and stamp them with Rue, and lay a plaister thereof morning and evening upon the Navel, and without all doubt it wil help thee of all other swellings.

To

To put out an Impostume without peril.

Take and drink the juyce of Mary-golds with t Horehound, and th u shalt be whole.

Medicines for the Measels or Shingles.

Take the juyce of Arch-angel, and dip a linn cloth in it, and lay it to the sore morning and eve ing, until it be whole *Probatum est.*

To take away the Scars of the small Poxe or t Measels.

Take the blood of a Bull or of a Hart, and this much commended of Authors, to be good to anoi but the scars, and also the liquor that issueth out the sheeps claws, hot in the fire or the dripping of Signet or Swan upon the place oftentimes hot.

For the Shingles or Measels.

Take a Cat and with a stick beat her ear a goo while, and when you have wel b aten her ear, cut o that ear fi st, and with a sawcer save the blood, an then cut off the other ear as you shall need, and wit the blood anoint the place where the Shingles be and use this three times.

Medi-

Medicines for the small Pox.

First, let all the Physicians beware not onely in this infirmity, but in many others, not to minister Medicines External which should be repercussive, which is to say to drive in the infirmity into the body: And beware in this matter of oyntments and baths, and of cold and open airs, or of picking or touching any of the pushes or scabs; keep the Patient warm, and let him be of a good diet to comfort blood: although some that be expert Physitions in this matter, would that a man should exhaust blood out of a vein named *Mediana*.

For Pock-holes.

Take for a man the grease of a Capon, and for a woman the grease of a Hen, and anoint the place where the Pock-holes be, and it shall cleanse them, and make them appear as it were no Pox there.

To drive out the Pox.

Take Malmsey, Ginger, and Treacle, and mingle them well together; and when thou goest to Bed, drink a good draught, and it will drive out the Pox.

For

For the French Pox.

Of this there be many kinds, some be moist, some be watersh, some be dry, and some be scurvy; some be like Scabs, some like Ring-worms, some be fistled, some be festered, some be Cankers, some like Wens, some like Biles, some like knobs or kernels, and some be ulcerous, having a little dry scab the midst of the ulcerous scab; some have the ach the joints, and no sign of the Pox, and yet it may t the Pox.

The cause of this infirmity doth come many way it may come by lying in the sheets or bed wherein Pocky person hath lien the night before; it may com by lying with a Pocky person; it may come by sittin on a Jakes, where Pocky persons did lately sit; it ma come by drinking with a Pocky person; but especially it is taken, when one Pocky person doth sin i Lechery with another; all the kinds of the Pox b infections, and therefore beware of them.

A Remedy.

Take the grease of a Boat, the skin clean taken away; the weight of a pound of the Powder o Brimstone, three ounces of the powder of Oyster-shels, two ounces of Verdigrease, the weight of twelve pence of the inner bark of the branches of a Vine; two ounces of Quick-silver mortified with fasting spittle; then stamp all these in a Morter, and anoint thy body, specially as near as you can to the sores

es, and then lay the person in a bed, and lay
aths enough over him, and let him sweat twenty
four and twenty hours; do this three times in nine
ys, and after that take an easie Purgation; and
ke of the water of Palantain half a pint, of Mercu-
sublimated the weight of eight pence, of roach al-
m half an ounce, make powder of it, and mixe it
together, and with the feather anoint the place.
r take of Turpentine well washed one ounce, of
ytarge and Burnt Allom, of each an ounce, and mix
e se together, then take seven ounces of the fat of a
oat or Kid, and anoint the place. Or take of fresh
utter an ounce and a half, of Barrows grease half a
ound, of old Treacle an ounce, of Mithridatum
alf an ounce, of Quick-silver mortified the weight
f six groats, of Lytarge and salt of each half an
unce; mix this together, and make an ointment
hereof, and anoint the sores therewith, and this will
eal thee if thou wilt use it as aforesaid.

For the Cramp.

Take the stifle bone of a Hare, and as long as yo
have the same about you next to your skin, you sha
not have the Cramp.

Another for the Cramp.

Take two spoo fulls of May-bu ter, and tw po onfuls of Rue juyce, and temper them togeth ill they be a salve, and anoint the place herewit

Medicines for all kind of Sores and Wounds, and first to draw a Sore.

Take and beat Oatmeal in a Morter small, and the put it into milk and seeth it w ll together, with handful of Rose-fl wers unstall'd, if you may hav them; or else of them that are stilled, and not burn ed, and seeth them til they be like Pap together, an then lay them wa m to the sore as the Patient ma suffer it evening and morning and this will dry it.

A good Water for every Sore.

Take a quart of ashes made of an Ash, and a pottl of vinegar, and a pound of Madder, half a pound o Allom-glass, and seeth all these tog ther until the be half wasted, then take it from the fire and let i stand and spurge; then take the wa er that is clea above, and put it into a Vial, and put that water into sore, and this will heal it without any more cost.

A

Plaister for that swelling which is called an Uncome.

Take Rue and Sm llage, of each a handfull, a od goobet of fat Bacon, such as is very much oked, or reesty as they call it, and dresse the said con in squares as big as your finger, and beat all se together till it be dissolved and meet to spread on leather or cloth, and lay it to th sore, and it l both draw it, and heal it when it is broken.

Soveraign Plaister for any Ach.

Take a quart of Malmsey, and a spoonful of Sallet l, a good handfull of Onions, pilled, b oken, and ised, and an ounce of Pepper finely beaten, then th all these together till they be thick, and spread upon a cloth, and lay it to the place where the pain and this wil take away the Ach.

A

For an ach in any part of the body.

Take the gall of a beaſt, Neatsfoot oil, Deer-ſuet a quantity of Sallet oil, of each a convenient quantity, boil all theſe together, then pour out the thinne thereof; and therewith anoint the place grieved a gainſt the fire morning and evening.

A Medicine or Oyntment called Flos Uuguentorum.

Take Roſin, and per Roſin of each half a pound Virgin wax, and Frankincenſe, of each a quarter a pound, Maſtick an ounce, Harts tallow a quarte of a pound, and Camphire two drams; melt that which is to be molten, and powder that which is t be made in powder and ſearſe them fine, and bo them over the fire, and then ſtrain them through Canvas cloth into a pottle of White-wine, then bo the wine with all the other ingredients together t the wine bee conſumed, then let it coole till it be blood-warm, then put therto a quarter of a pound Turpentine, evermore ſtirring it til it be thoro cold, but ever beware your ſtuff be no hotter the blood when you put in your Turpentine and Cam phire, for if it be, it marreth all your ſtuff; then whe it is cold, make it up in roles, and keep it for your u for the beſt medicine and precious ſalve that eve was or can be made.

T

To make Salus Populi, which is for Blains, and to skin all sores in three days, and is good for him that feareth the Hemeroids.

TAke of Salendine two handfuls, Allom one handful, and grinde them together like sauce: then take Weathers tallow or Harts tallow a pound, of oil of Roses half a pound, and melt them together, and boil the herbs therein until it sink down to the bottom, and it wax somewhat black, then strain it, and keep it to your use. This ointment is hard, and therefore when you will use of it, put it in a spoon, and melt it over the fire: and understand, it must not be put in old sores: but there as it scaldeth the skin off: and when there riseth any pimples, white, black, blew, or red, this *Salus Populi* dryeth well, and healeth well, and destroyeth the wilde fire.

A special Medicine for a Bruise.

TAke a great handful of Rue, the white and yolks of five Eggs, half a pint of Honey, and a handful of Wheat-flour, temper all these together, and make it thick, so lay it to the place that is bruised, upon

a fair cloth heated hot, against the fire, and let it lye twenty four hours, and then lay on a fresh.

Doctor Owens *ointment for an Ach*,

Take Wormwood, Rue, *Featherfew*, Hyssop, Sage, Bayes, of each of them one pound, of Sallet-oil a gallon, of Sheepssewet a pound stamp them one after another then mingle them all together, and grind them with the Sallet-oil and Sheep-sewet, and put it in a pot, and let it remain in hot ground or a dung-hil nine daies; then take it, warm it, and strain it

To assuage any Swelling whatever it be.

TAke two handfuls of Penyrial, and set it in the strongest Ale you can get, till it be tender; then take it and press it from the herbs, and lay it unto the swelling as hot he can suffer it, and so use it two or three daies, and it will be good.

A marvellous Salve to heal & draw.

Take Betony, Plantane, and Smallage, the juice of them one pound, then take four ounces of Wax that cometh of the honey two ounces of incense white and clean two ounces of pitch, two ounces of Rozen; melt these by themselves upon a soft fire; that done,

put

put the juice of the herbs to it, and boil it together until the juice be wasted, and alwaies stir it; then take it from the fire and strain it through a clean cloth; then take two ounces of Turpentine, and temper it with the rest, and when it is cold, keep it as gold.

To heal a wound.

Take the flowers of herb John, and put them in a glass and put therto as much Oil-olive as will cover the herbs, and then stop the glass close, and put it in the Sun for twenty days or more, then it will be a fine coloured ointment, and very good for green wounds: and when you will use it, warm a little at the fire, and then wet your Lint therin, and lay it to the wound, and it will be whole.

A water to heal all manner of wounds in short space; which is a thing that every man ought to have in his house, seeing it is of so great vertue.

Take a pound of new yellow wax, or as much as you will, and melt it in a clean pan, and then pour it out into some other vessel, wherin must be Malmsey, Muscadel, or good Claret-wine: and then take the wax out, and pour it again upon the wine, and do so

seven times: then take the said wax and melt it on the fire, and put it into a handful of Brick beaten into fine powder, and stir it well together, and then put it into a crook't-neckt glass, such as Stillers call the Bag-pipe glass; you must clay it well about the midst of the glasses neck, and let it distil first with a little fire, and then more, and last with a good great fire, and then when all the things be cold, put it out of you recipient, and pour it into a Vial well stopped with wax & searcloth, so that in no case the air go out, no sun nor fire come to it, for it is so fine of it self, that it will vanish away straight; and when you will occupy it, you must wet and moist the wound with a fine linnen cloth, and so binde it to the wound.

To heal a wound in ten dayes.

Take Camphire, and stamp it with Boars-grease; put it into the wound, and this will heal it in ten days without fail.

To make that flesh shall not grow too much in a wound.

Take the Lights or Lungs of a Sheep hot, and lay it upon the wound, and the flesh shall rise equal with the skin.

A Diet for him that is wounded.

Take heed you eat no Cheese, Butter, Eggs nor Fish of the Sea, nor Fruit, but fine and light meats, as Capons, Chickens, Rabbets, Pheasants, and Partridge, Lamb, Lark, and such like.

Medi-

Medicines for the Itch in man or Woman.

This I do advise every man for this matter, to ordain and prepare a sharp pair of nails to scratch claw, ent, and tear the skin and the flesh, that the corrupt blood may run out; and then use purgations, stoves nd sweats; and beware you reverberate not the cause nward with any ointment, nor claw not thy skin, with filthy fingers, but wash thy hands to bed-ward.

For a Scab on Man or Woman.

Take Mallows and Wormwood, and boil them well together, and with the said water and herbs warm as thou mait suffer it) ail to wash thy Body, ind this will heal thee in short time.

For an Itch in the hands, that comes of Worms.

Take the seed of Henbane, and cast it on a Chafing-dish of coals, but first wash thy hands, and then hold them over the fire as hot as you may suffer it a good while; and then put thy hands in a basen of cold water, and thou shalt see the worms creep out into the water; do this three or four times and be whole.

To destroy all manner of Scabs dry or moist.

Take half an ounce of the juice of Scabias, and Vinegar, and one part of Garlick, and seeth all together till it do turn to an ointment, and anoint the Scabs therewith, and be whole.

For the dry Scab.

This infirmity cometh to man after his complexion by ſuperabundant humours, or by lying with an infectious perſon having the ſaid infirmity, or by aridity or drineſs of choller, or melancholy, the which doth engender a dry Scab, which is the worſt among all the kind of Scabs.

The Remedy.

Take Mercury mortified with faſting ſpittle three ounces, incorporate it with the oil of Baies, and anoint they body therewith. Or take Mercury mortified three ounces, of the Powder of Brimſtone two ounces, of the powder of Elicampana two ounces; Confect it together with Barrows greas, and anoint thy body oft.

Medicines for the Falling-ſickneſs that doth not foam in the mouth, but by urine and Egeſtion, or both at once defileth himſelf.

The cauſe of this infirmity, many Authors in divers matters be of ſundry opinons; but for this matter I do ſay, that foraſmuch as it is one of the kinds of the Falling-ſickneſs, it doth take his Original of a Rheumetick humour, opilating the cells of the Brain; the Brain ſo opilated and ſtopped, the Patient lyeth pitifully, unto the time that nature hath removed the Cauſe.

A Remedy

For this matter a great circumſpection muſt be had, firſt in the diet of the patient: for the patient (not only in this kind of Falling-ſickneſs, but in all other kinds) muſt abſtain from white meats, Beef, Hares fleſh, and Veniſon; alſo they muſt beware of climbing up to high places, they muſt eat no Sallets, Onyons, nor Garlick, Raiſons, Gibboles, or Scalions, or ſuch like things: The Patient muſt beware of eating of water-fowls, and fatneſs of fiſh; as Eels, Conger, Salmon, and ſuch like; and then uſe the ſeeds and roots of Piony, as well in the meats as drinks; and ſo wear the ſeeds about thy neck, and purg thy head, and do as it is ſpecified in the Chapter named *Epilepſia* next following.

There be three kinds of Falling-ſickneſs which men be infected with; to wit, *Epilepſia*, who in their falling foam at the mouth; and this is the common kind of the Falling ſickneſs: They which have the *Analepſia*, ſhall (when they fall) defile themſelves and not foam at the mouth: They which have *Catalepſia*, whether they be taken open-ey'd or half cloſed, for the time they ſhall ſee nothing.

For the Falling-ſickneſs.

Take Rue, and Wormwood, of each of them a handful, and make it powder; and blow ſome of it into his noſe that doth fall, and he ſhall preſently riſe.

Medicines for Warts.

THis infirmity doth come of grosse vil humors; to remedy which, take a Pair of Cisers, and cut off the heads of the Warts and then rub them with Garlick and Bay-salt, and stamp both together; do this six or seven times, and lay over them a plaister of lead.

To take away Warts.

Take the juice of red cole-stocks, and lay it on the Warts and this will heal them. Or take a white Snail without a horn, and anoint thy Warts withal, and they will go away. Or take Egrimony, and Verjuice, and put them together, and lay it to the Warts three nights being stamped, and it shall drive them away and heal them.

Medicines to make one sleep.

Take of the Oil of Violets an ounce, of Opium half an ounce, incorporate these together with womans milk, and with a fine linnen cloth lay it upon thy Temples. Or take leaves of Henbane, stamp it, and lay it to thy Temples. Or else use to eat Lettice seeds, white Popy seeds, of Mandragon seeds, and of Sander, of each three drams; but above all things; mirth is best to bed-ward.

To

To make one sleep.

Take ground Ivy, and Sengreen, of each a like quantity, and stamp them, and temper them with womans milk, and lay it to thy Temples, and this will make thee sleep well.

Medicines for an Ague; for a Fever Tertian

TAke the buds or leaves of Willows red Sage, and Fetherfew of each an handful; seeth them in a quart of milk till the herbs be well sodden; then crush the herbs, and wring them in a cloth, and lay them to your pulse as warm as you can suffer it and this will help the Ague.

Another for the same

The Medicines which do help a Fever causon, will help a fever tertian: first purge choler, and three or four hours before the fit doth come, I do thus: I cause a man to lie in his doublet, and a woman in her waste-coat, then do I cause them to put on a pair of gloves, and with two garters I do bind the wrists of their arms, and do lay their arms and hands into the bed, and do cast on clothes, and do bring them into sweat before the fit doth come three or four hours, and out of a goose quill one put into another, they do take their drink, because they shall take no air into the bed: then do I give them first an Altery, and

suffer

ſuffer them to drink as much Poſſit Ale as they will and when the burning doth begin, I do withdraw the clothes; and this I do three courſes, and have made many hundreds whole ſo; and on their good daies I do not ſuffer them to go into the Air.

For the quartan Ague.

Take a ſpoonful of Muſtard, and as much Treacle as a bean, and let the ſick drink therof with Vinegar, and he ſhall be whole. Or take his urin, and ſcum it clean, then take the juice of Camomil, the juice of Sage, or the powder of them both, and the powdr of Garingale, and Licoras, and let them boil together a little while, and drink therof ofte faſting.

For the Ague: Mr Willoughbies *Medicin.*

Take a handful of the hearbs called Shepherd purſ and half an handful of Houſleek, and as much Sinkfoyl, and the like of Groundſel, and beat them with two ſpoonfuls of bay-ſalt; then divide it in o four parts, and lay two parts to the wriſts of the hands one half hour before the fit doth come; and when you feel it come, take knot-graſs and ſtamp it, and ſtrain it with a pint of ſtale Ale, and let the ſick drink it luke-warm; he muſt ly down as ſoon as the hearbs be bound to his arm.

For

For the byting of a mad Dog.

TAke mints, and a clove of Garlick and salt, and stamp them together, and make a plaister thereof, and lay to the bitten place, and this will heal it.

Another for the same.

Take Egremony, Plantine and the white of an egg and b at them well together, and make a plaister thereof, and lay it to the sore place, and this wil heal it.

For the biting of all kind of venemous beasts, and other things.

Take the juice of Vervaine, and drink it, and with this many have been holpen. Also the black tha is of the C abs feet wel beaten into powder, do very well help the same being drunk.

For the biting of a mad Dog.

Take a quantity of Vervain, as much of Rue, and as much of Plantane, with Tr acle, and stamp, and strain it with good wine or stale Ale, and give it, unto the Patient. Also take any of those herbs, and stamp them with Bay-salt, and bind it fast to the wound, and it will draw out the venome. Dr *Wood.* and Dr *Nichols* are of this opinion,

To

To kill a Tetter or Ringworm.

TAke Fetherfew, and ſtamp it, and ſtrain it with Vinegar, and rub the Tetter therewith, and this will kill it in ſhort time.

For a Ring-worm.

Take Juniper berries ounces, and ſtamp them, and ſeeth them in a ſufficient quantity of water, until half be conſumed; then ſtrain it and put to the ſaid water Swines greaſe clean tryed, three ounces, of Turpentine half an ounce; ſeeth all theſe over the fire again a little time, then take it off, and when it is cold, put the ſaid water away; and to the reſt, put of Brimſtone finely powdered one ounce, and ſo make an ointment; this is very good.

Medicines to take away Wens.

TAke *Snails*, to the number of forty, and ſeeth them in a pint of running water, as you do Perywinckles, and let them reſt in the water until they be cold, and then ſcum off the fat with wool, or with a linnen cloth, and lay it to the Wen, and in ſhort time it will be whole and gone. Or take a ſtone or two of fine Jet, and make the ſame in powder, and put it in Ale or Pottage, and give him to drink that hath a Wen, and this will aſſwage it in ſhort time.

For

For ſtinging of an Adder.

Take Garlick, Pill it, and fry it in oil-olive, or in ſay-butter or in any other thing without Salt (but ſay-butter is beſt) and lay it unto the place that is ung, and change it twice a day, and this will kill e Venom, and make the place whole.

or an Adder that is crept into a Mans Body.

Take green Rue, and temper it with mans urine, e it man or beaſt that hath the worm crept into him, nd give it him to drink.

or him that hath Eaten or Drunken Poyſon.

Take the bark of a Walnut Tree, and put away he innermoſt Rind, and ſtamp it in a Morter as mall as you can, and lay it in Ale, and in the mor-ng ſtrain it, and give the Patient to drink thereof aſting, and this will make him caſt out all the Ve-ome in ſhort time.

To

To avoid poysoning with wicke meats, and to keep thee from Drunkeneſs.

Take the ſeed of Lettice and drink it faſting, wi clear running water; or take Betony and dry it, a make Powder therof, and uſe this every morni faſting in a little ſtale Ale, and this will keep th from Drunkeneſs, and ſave thee from poyſoning.

For biting or ſtinging of any venemous Beaſt.

Take one handful of Plantane, and one handful Roſemary, and ſtamp them together; then mingle with a little ſowr Leaven, and it with a little butte ſweet; and when it is a little through warm, then l it plaiſter-wiſe unto the ſore place: but firſt you mu bath the place well with warm Vinegar.

Probatum.

For Man or Woman that is poyſoned.

Take Rue and Worm-wood, and ſtamp it, a drink the juice therof, and eat Haſelnuts, for they very good for the ſame: Or take Goats-milk, a mince and ſeeth them together with Treacle, a and drink it hot three daies, and be whole.

For the wind in the Stomach.

Take Cummin-ſeed *Fennel* ſeeds, and Anniſee and make them in Powder; ſeeth them in whi Wine, and drink therof firſt and laſt five daies, a you ſhall find great eaſe therin.

T

Pils for wind.

Take of the beſt Aloes, Succotrina nine drams, Rubarb, Jallop, Agorick, of each ſix drams, Maſtick four drams Red-roſe-leaves, three drams; let all theſe be made into fine powder ſeveral; then mix them well, and beat them up into a paſt with ſyrrup of Damaſ-roſes: add to it Twenty drops of oil of Annerd-ſeeds.

Medicines for the Plague or Peſtilence.

Againſt the Plague.

TAke three ounces of the liquor of the inner rind of an Aſh-tree, and ſtil it with three ounces of white Wine, and give the patient to drink of it every three hours, and within four and twenty hours he ſhall be whole by the grace of God.

A Medicin ſent by the Queens Maieſty to my Lord Major of London for the Plague.

Take a handful of Sage vertue, a handful of herb grace, a handful of Elder-leaves, and a handful of red Bramble-leaves, and ſtamp them together, and ſtrain them in a cloth with a quart of white Wine, and a quantity of white Vinegar, and take a quantity of Ginger and mingle them together, and drink therof evening and morning a ſpoonful nine days together: after the firſt ſpoonful, they ſhall be made

made safe for four and twenty days: and after the ninth spoonful, for a whole year, by the grace of God: And if it happen one to be sick of the Plague before he hath drunk of this Medicine: Then take the water of Scabias, a spoonful of Betony-water, a quantity of Treacle: put it altogether and it will put out the venome: And if it fortune the Botch to appear, then take Bramble-leaves, Elder-leaves, and Mustard-seed, and stamp them together, and make a Plaister thereof, and lay it to the sore, and it will draw out the venome, and heal the Patient.

Another for the same.

Among the excellent and approved Medicines for the Pestilence, there is none more worthy or available: When the sore appeareth, then take a Cock-pullet, and pluck off the feathers of the tail or hinder part, till the rump be bare, then hold the bare of the said Pullet to the sore, and the Chicken will gape and labour for life, and in the end he will dye; then take another Pullet and do the like, and so another, as the Pullets do dye; for when the Poyson is drawn out the last chicken that is offered thereto will live; the sore presently is asswaged, and the party recovereth it is necessary to use the Medicine to drive away venome from the heart: This is proved very true.

T

To make Plague water.

TAke a pound of Rosemary, a pound of Salendine, a pound of Sage, and a pound of Balm, a pound of Mugwort, one pound of Rue, one pound of Wormwood, one pound of Dragon, one pound of Scabias, one pound of Pimpernell that grows among the corn, one pound of Angelica, and one pound of Betany; put all these herbs together in a great pot with a narrow mouth, and let them soak in white Wine three daies and three nights closly stopped, and then take the hearbs out and distill them, and keep the water in a fair glasse and if any be sick of the Plague, give him the value of ten spoonfuls blood-warm; so soon as he doth feel himself sick; and then let him walk if he be able, if not, lead him by the arms; and keep him from eating and drinking one hour after; and then let him go to bed, and if he vomit, it is the better for him; and if it be possible that he take it before he sleep, he shall escape by Gods grace; and the elder the water is, the better it is: This water is good for the quartane Ague, or any disease lying in the stomack; taking it before the fit doth come; and this water must be distilled in the moneth of May.

Contra vim mortis non est Medicamen in hortu.

To make Doctor Josephs *water.*

TAke a pinte of Water, and a spoonful of French Barley, half a handful of red Rose leaves, two or three drops of the Oyl of Brimstone, and a quarter of a pound of the finest refined Sugar, the Water and Barley to seeth together, and then the scum to be taken off, and so the other to be let cool, so with the Rose-leaves to stand all night, and then to be well brewed all together; but first the leaves and Barley strained from the Water.

For the Convulsion.

TAke one ounce of an Elke-hoof, and half an ounce of English Liquoris two, Prana small roots, two or three Fennel roots as many Parsly roots, three or four roots of unset Hyssop, a little quantity Herbegrass, which is Rue, a quarte of small Beer, but boyl it till it come to a pint, then strain it, and sweeten it with Syrop of Hissop, and give it the Party before and after the Fit.

For the moist Rheum in the Head

TAke conserve of Roses two ounces, Methridate two drams Bolearmoniak one dram, of Oblibinum one dram and an half, Mastick half a dram, beat these together with Syrop of Violets into the form of an Electuary, whereof take twice going

going tobed and in the morning the quantityof a Nut meg.

Another for the same.

ROsemary flowers, Eldar flowers, Bitany flowers, Sage flowers, of each two good handfuls, Scurvygrass three handfuls, Chinaroots three ounces, an ounce of sweet Fennel seeds, two ounces of Coriander-seeds, half a pound Fumiter, three handfuls Epithimum, Agrimony, Hart-tongue, of each two handfuls: Harts- horn shaving one ounce, of Eringo-roots four ounces, Citron-seeds musked, half an ounce: let these be boiled in a gallon and an half of whey, and let them first be infused two days in a gallon of white Wine, then put the ingredients with the Wine, to the Whey and let them be boyled gently the space of two houres, and so next day drink thereof half a pinte in the morning, und so in the afternoon as long as it lasteth.

An approved Medicine for sore Eys

TAke six ounces of *Lapis Calimnaris*, and heat that in a wooden fire, and blow it red hot, and then quench it in a pinte of pure white Wine in a bowl, or any other clean vesselnine times; and then strain it out by it self through fine linnen cloth: and then take a handful of Houseleek unwashed, and stamp it in a clean Mortar, and strain it through a fine cloth: then

put the quench'd Wine and that both together, an
ſtrain them again through a fine cloth; and the
take a feather and drop it in your Eyes three or fo
drops at a time every morning and evening, an
by the grace of God you will find help in a very ſho
time. *Probatum eſt.*

Miſtris Fryers *medicine for ſore Eyes.*

TAke a pint of white Wine, two drams of Cam
phire cut as ſmall as may be, halfe an ounc
Omphacium, that is, pure oil of greene grapes
or for want of that, your pureſt Sallet oyle; pu
the Camphire and the Oyle into a Baſin, let then
ſtand covered two houres, then put in your whit
Wine to them, then take the ſtones called *Lapide*
Balumanaris, and heat three of them fire hot
then put them ſo hot into the Wine, covering you
Baſin very cloſe; while they are cooling in the water
heat three more fire hot, take the other out, an
put in the hot ones, and ſo heat them by courſ
five or ſix times, till the Wine is very hot, an
the Camphire well diſſolved; then take the cleareſ
of it, and the top, (when it is cold) and re
ſerve it in glaſſes for your uſe: put two o
three drops into the ſore eye three times
day.

medicine for Children that have the Wormes, approved by Mistris Isabel Dee *in Moscoe.*

'Ake Wormseed and boyl it in Beer, and then sweeten it with clarified Honey, and them drink of it every morning fasting.

For a pain in the stomack by a Cold.

'Ake two or three Turnips, and wrap them in brown paper wetted; and put them in ber-ashes for two houres as ready for to eat l then squeeze the juice out of them betwixt, o Trenchers, and then mix it with Loaf-sugar, h Cinamon and Nutmeg powdered and de like a Syrrup; and then drink four ounce t at night when you go to bed.

Probatum est.

r one that is Bursten, or a child that hath been Bursten six years.

'Ake Oyle of *Nip* or Nep, and anoint the party therewith, and morning and evening e of the herbs, and bind one boil'd in butter, or Wool in the aforesaid Oyl: this use six weeks il you be whole: This is proved.

For to keep a child from having Convulsion Fits.

'Ake Oyl of sweet Almonds new drawn, beat ten up with white Sugar-candy, and give

the Child so soon as it is born, as much as a gc
big Pea or Nut: This is Proved.

For a Child still born, that was not long d
in the Womb; or if there be any life in it, thou
not in appearnce.

TAke of the blood of the String and squ
out a drop (as you cut the Navel strin
into a spoon, and give it the Child in a li
fair water, and if life be in it, it recoveers in
hour or less: Proved.

For to bring them down on a Woman in ch
bed, though never so weak.

TAke half a Dosin of Piana- seeds, and b
them a little till the black hull come
and then beat this small, and give her it
spoonful of Cardus posset- drink, sweeten it w
a little Sugar, then give her a good draught
the Posset to drink, as hot as she can; and let
lie close, and it will cause her to sweat, an
will be a meanes to bring them, and to drive
Ague away, if she take it but three times, ev
two hours: Proved.

To make a Cordial to give one in a burning
ver or Ague, in the time of their burning, whe
is at the height.

TAke some gross Mace- oyl, a quarter o
Pinte, and sweeten it with an ounce

low penny worth of the syrop of Clove-gilli-flowers, and give it him to drink; and you may make another on this wise: Take the juyce of an Oringe, and as much red Rosewater, and sweeten it with white Sugar-candy; it will refresh the spirits, and cool and allay their drought;

Probatum est.

To make a Glister for one that is troubled with a sharp humor that causeth blood to proceed instead of Ordure.

TAke a pinte and an halfe of Milk, and boyl it into a pinte, with a handful of red Rose-leaves, and sweeten it with powdered Sugar, and give it him, and let him keep it as long as he can: *Probatum.*

For an Itch that is vehement.

TAke of your Soap and Brimstone a like quantity, and as much English Honey, and boy these together till it be like an oyntment, and then anoynt your wrist with it, warm by the fire, and lap clouts about them warm, and anoint under your Arm-holes, and under your Hams, and in the bent of your Armes; and do not shift you in a moneth, nor pull off your clouts from off your wrist all the while, and you shall be whole without any purge, though your hands were all scabby: *Probatum.*

For a Consumption.

TAke as much flower of Brimstone as you can take upon a sixpence, and put three drops of blood-warm milk into a spoon, and mix it by degrees, and till it be like batter; and your spoon being full, put to it good store of sugar, then drink the rest of the pint of milk blood-warm also, sweetned with sugar well; this you may use as long as you please, and at any time in the year; for them that find a wheasing and shortnesse of breath, it is very good; you must fast an hour after it: Proved.

A medicine to ripen any Boyl, or Sore, or a Push.

TAke a spoonful of Molish-honey clarified, Wheat-flower a spoonful, a yolk of an Egg, mix these all together, and apply it warm (as blood) morning and evening as thick as your finger, till it break apply it. It is very good to ripen a Plague-sore.

For the Spleen.

LEt the party purge twice a week, with a dram or the weight of sixpence of *Pulvis Sanctus*, and the next week cause the Leeches to be applied to the Emeroid veins in the fundament; afterward use this drink following for the space of seven or eight daies.

Take

Take the inward bark of an Ash-tree, two ounces of Polypody-root, or Fern that groweth on the sides of watry ditches one ounce, Tamarisk two good handfuls, Licorish half an ounce, Annisseed an ounce: Let these be boiled in three quarts of small beer, till it come to two quarts; whereof let the party drink every morning, and at night going to bed-ward a quarter of a pint very warm.

And for Diet.

LEt them generally forbear Fish, baked meats, smoaked meats, and new beer, use to eat good store of Broom-buds, Capers for Sallets; and after this course, you shall cause the Leeches to be applied to the Emeroid veins in the Fundament.

An excellent medicine for a Scald or Burn, and chiefly for the Emeroids.

TAke a pint or a quart of Linseed Oyl, and put into it as many Crafish alive as it will hold, then boyl them a quarter of an hour, then strain the oyl from them, and let them be very well beaten in their shells in a Mortar, then put them into the oyl again, and let them boyl as formerly, then strain them from the oyl as you can, then fill your oyl as full of tops of Elder, or young buds of Eldar, or the young fresh leaves, and let it boil in them till they be crisped like fryed

fry'd Parſly; then ſtrain it very hard from the Eldar, and reſerve it for an excellent Medicine.

For a Felon or a whitlow.

FIrſt take a quarter of a pint of Milk, and as much Leaven as an Egg, and let it boyl till it cometh to be as thick as a Poulteſs, then take a penny-worth of oyl of Roſes, and mix with it, (and which is a bove half a ſpoonful,) and ſo apply it to the greived place as hot as you can; twice a day lay it to as you do a Poulteſs: This is Proved.

For a whitlow.

TAke a Snail out of his ſhell, and chop it very ſmall, and binde it to it; and dreſs it twice in a day, and it will quickly heal it.

For a cut of a finger or hand.

TAke ſome green Hyſop and ſtamp it well in a Mortar, with ſome Sugar, and ſo bind it on the hand.

For a Tettar or Ring-worm.

TAke ordinary white Coperas, fouer ounces powdered fine, and put to it a pinte of ſharp white Wine Vinege,r and ſhake them well together, till the Coperas, be well diſſolved; ſo wetting linnen cloths in it, and apply it to the place greived.

For

For the Sciatica, an approved Medicine.

TAke red seeded Nettles, and whip the grieved Party so far as his pain goeth, till it be all over bubled, and so let him ly to sleep, and the next day he shall be whole by the help of God, though he were so bad he could not stir off the bed in five or six weeks; you must lash them gently, not too hard; and if it should come again, use it again; and be whole alwaies after.

For an extraordinary flux of Rheumin the eyes that hath been.

TAke stone-pitch and spred it upon Leather as broad as the palm of your hand, and as round, and prick it full of holes with a point of a knife, and lay it to the nape of your neck, just upon the bone that sticketh out most, and as long as it will ly on, let it; but in two or three dayes it helpeth some: You may let it ly on as long as you please, a quarter of a year, and if it falleth off before your eyes be well, you may wipe off the moysture of it, and apply others as you shall see occasion: *Probatum*

To cure a Catarack,

A Catrack is curable by making an issue in the Nape of the Neck.

This is the manner how you shall discern a Catarack, it will seem to be like many motes or little

little Flies between them and the light, and in the beginning, beginneth to take away the true sight of the Eye, and then groweth into a film, which is counted incurable when it covereth the whole sight or ball of the Eye, though at first it is curable, although there is nothing to be seen on the outside of the Eye, as a purl, or such like; so that it is not to be helped being within the Eye (though many Books write of it) without the handy operation of some skilful Chyrurgion, putting some silver needle into one corner of the Eye, and twisting the film about the needle, coucheth it under the sight of the Eye, where it will afterward wast; but it requires an Artist that is well skilled in the couching of a Cataract.

For a Consumption.

TAke the heart and lungs of a calf new killed, and a capon; let these be bruised in a stone mortar, and boiled with an hundred Snailes, till the broth be as thick as pottage: then put to it Harts-tongue, Maiden-hair, Hysope, Scabias; Sage, of each an handful, with two ounces of China roots sliced and beaten, of the juyce of Colts-foot roots ten ounces, the blood of a pig newly killed, and Conserve of red Roses one pound: these being well mixed, let them be distilled *in balneo* with a very gentle fire, and reserve it.

Another

Another.

TAke a young cock, pull him alive, and slit him in the Middle, then wipe him with a clean cloth, and take sops of white bread soaked in a quart of Borage water, put the sops in a common Still, and lay the cock with his bones broken upon the sopping, putting thereto Raisins of the Sun stoned and unwashed, with a quantity of Dates: This being distilled, take thereof constantly a pretty quantity.

A Iulip of D. Trench, *for the Mother-fits*, Proved.

IN the time of year distill black Cherry water, Piony-flower water, Cowslip water, Rue or Herbgrace water, then take of the waters of Cowslip and black Cherry of each an ounce, *Aqua Nisterica* half an ounce, Cinamon water one dram, Syrrup of Clove gilliflowers three drams; take of these two spoonfulls at a time as often as you please. *Nisterica* is Castor.

To make the Salt of Corall.

TAke of the broken pieces of the reddest Corall that you can get at the Druggists, half a pound or as much as you please; then put upon it of good wine Vinegar distilled a gallon, and presently you shall see it work up and down upon the Corall; then set it in a great glasse on the top

top of a warm ſtove, and let it ſtand there or four dayes, then if you taſt of the Vinegar, although it were ſharp before, it will have no ſtrength, but taſte ſweetiſh, which is a ſign it hath taken into the Vinegar as much as it can; then you may pour it off from the Coral, and put on more Vinegar, and do as before, till all your Coral be diſſolved; then put all your Vinegar together, and put it into a large flat Pan well glazed, and lay into the Vinegar in the pan, and 2. or 3 white liſts half a yard long, and let one half of them lie in the Vinegar in the pan, and the other half hang out, and you ſhall ſee thoſe liſts (which muſt firſt be very clean waſhed before you lay them into the Vinegar by drops draw out all the Vinegar in the pan, which you muſt receive with ſetting another large pan or pot under the ends of the Liſt that hang out of the pan that they lye in: And when you have ſo filtred you- foreſaid Vinegar very clear from the droſs of the Coral, which you ſhall ſee remain at the bottom of the firſt pan you put your Vinegear into, then you muſt ſet your clear Vinegar into the Oven, being a little hotter then when houſhold bread is drawn; but it muſt be put into a large clean tinne Baſon, or ſilver, for it will pierce through any earthen veſſel, and ſo it muſt be breathed away gently, till all the Vinegar be gone, and leave the ſalt of Coral in the bottom, being very gently dryed: Then

muſt

must you have in a readineſs a pottle or two of plain diſtilled water, and upon your formerly dryed ſalt of Coral, if there be a quarter of a pound, put a quart of diſtilled water, and ſet it in warmth till it be melted, like ſugar in it; then lay in your clean waſhed liſts of cloth into it, being put into a flat Pan as formerly, and let it run through thoſe liſts by drops, to purifie the ſalt, and when all the water is come from the droſſ, which will remain in the Pan the liſts were put into, then put your clear water into the Oven' and let it breath away gently till it leave the ſalt of Coral dry, and then diſſolve it in diſtilled water again, and proceed with it as before, and then it will be pure and prepared for your uſe; whoſe vertues are many, and ſome approved by practiſe as followeth.

The vertues of the ſalt of Coral.

IT is to be given to children of any age in Fevers, the weight of twenty grains, and gently coverd to move ſweat. Alſo to women in child-bed that are in any Fever; the weight of thirty grains: Alſo in apparition of any ſmall Pox, or the Meaſels, it is never taken without good ſucceſſ. It ſtrengtheneth the Liver, and helpeth it to make good blood, being taken twice in a week in a little Poſſet-ale, and continued ſo for the ſpace of a moneth. Alſo it helpeth children of Convulſions.

For Convulsion fits.

TAke white Coperas and dissolve it in a little warm distilled water, and then with clean lists laid into it filter it from the drosse, and gently vapour away the water till it be dry; then dissolve it again, filter it and lay it again in an oven as before, and it is prepared: Hereof you may give unto a sucking child three grains in a spoonful of posset drink once or twice and it seldome or never faileth, but cureth.

An excellent vomit.

TAke of the leaves of Assara-bacca, being gathered in the beginning of June, and run a thred through the leaves, and let them hang thereon till they be dry in the shade, so that you may powder them to fine powder in a mortar; then searse them, and keep the powder in a glass close stopped; hereof you may give a man or woman ten grains, and temper it well with conserve of Barberries, or any other conserve and after it doth work, let them drink still between times a good draught of posset drink.

For the Tooth-ach.

TAke the green Bark of the Eldar-tree, after you have scraped off the upper gray Bark, being gathered in the Spring; let it be gently dryed in the shade, so as it may be powdered, whereof take a quarter of an ounce; Bay-salt well dryed, Pell-

bry of Spain, and Euphorbium of each the weight of six pence, let all of them be beaten together into very fine Powder, and thereof tie up so much in a little thin Lawn, Tiffiny, or *Sarcenet*, as will make the quantity of an ordinary Button; which you must let the Party hold between his teeth, laying it on the pained tooth, and so hanging down the head, let the Rheum run out of the mouth till the pain cease. With this only Medicine Master *Clark* in Sheer lane got forty pound in a year, having many coming to him in the mornings, and paying ten groats each of them, and so departing holpen. Or take the Powder of Spanish flies, and lay them on a piece of sowre Leaven, well moystened with sharp Vinegar, and presse them well into the Leven, (being the bigenesse of a shilling) and so lay them under each ear, and when they are fast bound, let them lie still, the space of six or eight houres, in which time it must raise a Blister, which when you take it off, you must dip and let it run as long as you can, laying on it a Colewort-leaf, until it be whole; and this will also help.

For the Mother.

TAke Sneesing-powder, the weight of six pence, Castorium, the weight of two pence; mingle them together, then moysten the powder well with oyl of Amber, and taking a

little on the end of ones little finger, ſtroak it into the noſe when the Party hath her fit, and it will cauſe her to ſneez, and ceaſe the Fit.

Alſo for preventing the Fit.

THe Party ſhould uſe twice in a week at her going to bed, to take two good Pils of Aſſa-fetida: Or elſe, Take of the Briony-root dry the weight of ſixpence, and boyl it in a pinte of white Wine; and then ſtrain it, and put ſome ſugar to it, and make three draughts of it, taking it three times in a week, each other morning, and you ſhall find it a ſingular Remedy.

For the Spleen.

LEt the party purg twice in a week with a Dram or the weight of ſix pence of *Pulvis ſanctus*, and the next week let them cauſe the Leeches to be applied to the Hemeroid-veins in the Fundament, and afterward uſe this drink following for the ſpace of ſeven or eight dayes.

Take the Inner Bark of the Aſh-tree, two ounces; the Polipody-root, or Fern-root, that groweth on the ſides of watery ditches, one ounce; Tamerick two good handfuls; Liquoras half an ounce; Anniſeeds, one ounce: Let theſe be boyled in three quarts of ſmall Beer, till it come to a pottle, whereof let the Party drink morning and at night going to bed a quarter of a pint very warm;

And

And for Diet, let them generally forbear Fish, Baked-meats, Smoaked-dryed-meats, and new Beer; use to eat good store of Capers, and Broom-buds for Sallets.

And after this course, you should cause the Leeches to be applied to the Veins in the Fundament, called the Hemeroid-veins.

For a Tertian Fever.

TAke young Plantane, with the root; young Vervane, with the root, Cinquefoyl, with the root; of each of them three roots; with the herb of red Fennel, red Sage, Rosemary, of each three slips: Let these be boyled in a pinte and a half of posset-ale, or Whey, till that come to a pinte; and in the latter end of the boyling, put into that a dram of the salt of Wormwood, and then let that be strained.

Whereof the patient must take three good draughts three houres before the fit be expected, each hour a draught as hot as he can drink it, and at the second day of taking that, the cure is done. This cureth the Fever that cometh every other day.

To dry up milk in the breasts

USe nothing but the plaister of Diachilon, spread upon thin leather, and let it ly on three or four dayes and it faileth not.

For sore Nipples.

TAke of the the Rosin of the Firre-tree, and when that is finely powdered, strew that upon the sore Nipples, and then cover them with little cups fitted hollow for to cover the Nipples like a thimble with a little brim unto it, and it will skin it. This powder also being finely beaten, and with a quill blown into the eye, will take away the pin and web, or any excrescency on the surface of the eye.

For one that is costive in Child-bed.

THere is nothing safer nor better, then to give the party two ounces of the oyl of sweet Almonds Or if the party cannot take that, you may give her a suppositer of Cassel sope, which is allway to be had; for the manner of the cutting the sope, you may do that by the holding a Cytern-wyer fast at both ends, and then sawing it through it, without breaking out of the sides, as it will do if you cut with a knife,

For to cleanse and stay the Whites.

TAke of the purest Rosin, or gum of *Lignum vitæ*, otherwise called the gum of *Guiacum*; rub it gently in a Morter, so as it may be in a fine powder, and thereof mingle as much as the weight of six pence in a draught of Milk, and

d Sugar; taking that cold, and so use that vice in a week for two weeks together, and at will give two or three stools, cleanse and it the weakness of the back perfectly.

To stay the bleeding of the Nose.

Take Nettles, stamp them, and juyce them, with you may take cold a good spoonful two, holding that in your mouth as long you can, and then take some more fresh, and o stamp them, and lay them all over your ehead, being a little moistened or sprinkled with eger.

Also thus:

You should in the moneth of *March* take two or three cloths as big as handkerchiefs, wet them very well in the spawn of frogges, hang them up to dry in a stove, and then them very well again, and dry them, and do three or four times, and when at last they be dryed, reserve them. And when you have sion to use them, you may tear off a piece, sprinkle it with a little vineger, and lay it cold upon the forehead, and if that do not it, the party must presently be let blood be- he grow too weak.

For a Cough.

Take Turnips, and put them into an earthen glazed pot, and cover it with a cover of

the same, or a Peuter-dish, and paste that clos
together, then set them into the Bakers Ove
with the houshold bread, and then they will b
well stewed; And then presse out the juyce, an
make it into a syrrup with sugar, and take of
often in a day, a spoonful at once, letting it me
down your throat by degrees, and that will r
cover you from your cough.

For the wormes in Children.

TAke gum Tragagant a dram, put to it a qua
ter of a pinte of Rose-water, let it stan
twenty four hours, stirring of it often, and wi
this muscilage moisten some fine powdered s
gar, working them together into a paste,
which paste, take the quantity of twenty grain
and mix it with nine or ten grains of the powd
of *Mercurius dulcis*, and make that into a lit
cake, and let it dry in a stove, and give t
children of five, six, or seven, and to elder y
may give twelve grains.

*The composition of the Emplastrum Ditchilon
dry up milk in the breasts.*

TAke Linseed-oyl two pintes and an half,
charge of Lead in fine powder, two pou
mix the oyl and the Litharge together, and
them boil till they be knit and come to a rea
nable stifnes, then put in twelve ounces of
muscilage made with Marshmallow-roots, F
neg

fegreek-seed, and Linseed; then boyl it till all the muscilages moyst ure be boiled away, then put in half a pound of wax, rosin one pound, melt them with the reft; which being done, put into the same in the cooling ceruse one pound, stirre them up together, and then make them up into rules and reserve them.

When you put in your muscilage, put it in a spoonful at once, till you have put it all in, least it make the medicine run over.

For any red inflammation, or that which is called Saint Anthonies, *which usually doth come in the Legs, and sometimes in other places.*

TAke one ounce of the *Lapis Medamentosus*, and boyl it in a quart of fair water, till half a pint be wasted, and then let it stand together all night, next morning you should dip a linnen cloth in it warm, and lay it on the place till it be dry, and then lay on another, and you shall keep wet clothes to it till it be well, which usually is two or three dayes.

Medicines of an approved Chymical Physitian.

An artificial Balsamum *for new Wounds, cold Aches Strains, Bruises, Gouts, &c.*

TAke of your Garden herbs of good and strong smell, namely Sage red and

green, Wormwood, Rue or grasse, pennyrial, Marjoram, Hyssop, Neep, Motherwort, Tansey, Time, Savoury; as also Rosemary and Bayleaves, Abrotanum, Clare, Balm 'Mints, &c. As also of those hot herbs of the fields, as Mugwort, Calamentum, white Horehound, Origanum. Melilot, Scabious, Camomil, Germander, Nettle-seed, Fennel-seeds and leaves, &c. Item, of the vulnerary or healing herbs as the season of the year will afford, as your Panacea or Clownes-worte, Camphory of all sorts, Bugula, Prunella, St. Johns Wort, gold n Rode, Perwincle, Sanicle, long Plantane, &c: Take of as many sortes as you can have, of each a like quantity, and put all (being neatly cleansed) in half Sallet-oyl and half Linseed-oyl, as much as conveniently you may guess to be enough to hold your herbs, adding a quarter part of good Sack to it, meaning a quart of Sack; if your Oyl be four quartes steep all together warm a whole night, and afterward boyl it till the Sack and moysture of the herbs be consumed; then strain it and in the Oyl so strained, add two ounces of Bees-wax, clear Turpentine one ounce, black Pitch, white Pitch, Gum Elemy, Rosin, and Goose-grease, of each half an ounce, red oyl of Turpentine, or Colophony, *jonce storax liquide*, Spick-oyl, Rosemary-oyl, Amber-oyl, spirit of Salt, of each a quarter of an ounce; Gum-Ammoniacum first dissolved with white Wine, about also a quarter of an

ounce,

ounce ; and as much of Sagapenum and Opopo-nax, Benjamin, Styrax calamities, Myrrhe and Aloes, of each a dram ; and of the oyles made of the herbs aboveſaid, the more the better, within a quarter of an ounce for every pound of the former Sallet and Linſeed-oyles ; obſerving to put to an account all the oyles firſt and laſt, that you may be ſure to compaſſe your wax, and gums, and pitches to the weight of all the Liquors weighed together, as well as your Sallet and Linſeed-oyl ; otherwiſe your Balm ſhould be too liquid, and not healing enough : And if you put Chymical oyles of your herbs aforeſaid, ſo much the better ; wax-oyl, and brick-oyl be alſo excellent in it, a dram in a pound ; Sugar-loaf and Honey I have often put in it, but it will not mix among the reſt, therefore I put it in among the herbs afore the ſtraining two drams, alſo of each in the pound : How to uſe this excellent compoſition, is as followeth :

The Oyntment for Burnings and Scaldings.

TAke according to the time of the year, more or leſſe of the hearbes under-written, as Night-ſhades, *Umbilicus veneris*, Hemlock, white and black Poppey leaves, porcelane, Lattices, Sorrel of all ſortes, Henbane, green Colworts, Houſleek great and ſmall, *Lenticula-paluſtris*, Violets and Mallows leaves, wilde Tanſey, *Strammonium*, and *Mandragora* leaves if poſſible

sible could be, to have altogether green and the like. Item of the green inward Rine of the Eldar-tree, of all a like quantity, and as much fresh Butter as may serve to boyl easily the aforesaid herbs, and a little Onyon in every pound of Butter, with as much (or a little more) of an Asses dung, or for want of it, take Horse dung, boyl altogether till your Butter be very green, which will be the sooner, if you bruise or chop your herbs very small, boyl it till you see the moysture of your herbs almost vapour'd, and strain it in a Napkin, adding for every pound of the said Oyntment half a dram of Salt, of Lead, or *Sacharum Saturnii*, dissolved in a little water and Wine-vineger, stirring it with a stick when your Oyntment is almost cold, and so keep it close to be us'd.

An excellent Remedy for sore Eyes.

TAke Roch-allum, dissolve it in Plantane-water upon an easie fire, and when it is cold, put the white of an Egg to it, and stirr it much with three or four sticks together, then filtre it by the brown paper, or at the least strain it softly by a Napkin, and then by evaporation in an earthen vessel dry your Allum softly, and begin the same work again with Ey-bright or sweet Fennel-water, then when your Allum is so dryed again, adde as much *Ireos* or *Oris* in Powder, and that Powder so mixed when you

have any occasion to use it, steep it in Rose-water; a dram of the Powder is enough for two ounces of Rose-water, &c.

The Searcloth for Cornes.

TAke Gum-Elemy, white Pitch, and black Pitch, Bees-wax, Rosin, and Turpentine, of each a like quantity; only the black Pitch may be doubled; melt all together upon a soft fire, and so make Searcloth according to Art.

The Medicine for Tooth-ach proceeding of cold causes.

TAke Angelica-roots, Spanish Pellitory, Cloves, and Ginger, of each a like quantity; and with the Mucilage of Gum Tragagant dissolved in Mugwort-water, adding a little starch, make your Paste and pastilles to hold upon the aking teeth, &c. But if the pain proceedeth from a hot cause with inflammation, then take the root of Henbane, slice it, and boyl it in Wine-vinegar, then strain it, and hold it in your mouth the said Vinegar warm, and it will put you in admiration how quickly it will cure you; the seed of the same Henbane may be used alike, but the root is better.

To make Gratia Dei.

TAke half a pound of Rosin, and boil it in a Pan untill the foam or scum be come off it, then

then take a quarter of a pound of unwrought Wax, and put it into the Rosin, and boyl them together as is aforesaid, then take an ounce of Sheeps-suet, and as much Turpentine, and Oyl-Olive a spoonful, and put them all together into the same pan amongst the Rosin, and Wax aforesaid, and boyl them all together, untill the fome begin above, and when the fome beginneth to wax black, then take it off the fire, and clarify it through a fair linnen cloth into a pan of Water, then work it with your hands, and put it out as you do Bird-lime, for the space of a quarter of an hour, and now and then wet your hands in the water when it cleaveth to the salve, and then make it into rolls.

THE

THE LEARNED WORK OF HERMES TRISMEGISTUS

Intituled

ATROMATHEMATICA,

That is,

His Physical Mathematiques, or Mathematical Physicks, directed unto *Ammon* the *Ægyptian.*

A Book of special great use, for all *Students in* Astrology *and* Physick.

Lately Englished by *John Harvey*; At the Request of M. CHARLES P.

Caroli P. præludium, in *Joannis Harveii, Astrologi Cantabrigiensis, Anglicam Tetromathematicam,*

Qui modo satus erat Lingua Graia *atq;* Latina,
En subitò didicit verba Britanna *loqui,*
Hermes *Astrologus; Physicusq;, Sophusq;, Magusque;*
Et legislator, Rexq;, Deusq; suis,
Quis non Angliadum lætetur munere tanto?
Quis non Harveii *laudet agentis opus?*
Tu uerò ante alios, cui munus tale dicatum est,
Suscipe propitia, Mæde colende, manu.
Vos quoque lectores, grata accipitote Minerva,
Quod dedit Artificis non malegrata manus.
Anglicus est Hermes; Hermes, *ter terq; magistus,*
Attamen ante minus, nunc magis atq; magis.
Motor eram suasorq; operis: mihi satq; superq; est,
Interpres meritum si ferat ipse decus.
Sed ferat, ut par est; vivatq; Britannicus Hermes:
Hoc votum voti summa recentis erit.

Emblema é Martiale.

« *Hermes omnibus eruditus Armis:*
« *Hermes & gladiator & magister.*
« *Hermes omina solus, & ter unus.*

The learned work of *Hermes Trismegistus*, Intituled, *Iatromathematica*, that is, his Physical *Mathematiques*, or Mathematical *Physicks*, directed unto *Ammon* the *Ægyptian*.

CHAP. I.

THE rayes or powers proceeding of the seven planets, are multiplied, mixed, and dispersed into the several and particular members of mans natural body, whilst the conception beginneth to kyrdle or cleave together in the womans Matrix: As at the time of the childs nativity it also hapneth, according to the position and state of the twelve Celestial signes of the *Zodiaque*, so that *Aries* be assigned as governor to the head.

The principal parts, or rather sensorie Instruments of mans body, are attributed unto the seven Planets after this manner.

The right eye to the *Sun*; the left eye to the *Moon*:

The ears and sense of hearing to *Saturn*:

The brain to *Jupiter*; the blood to *Mars*:

The senses of smelling, and tasting to *Venus*

The tongue and lung-pipe to *Mercury*.

And that part or member of the body is diminished, distorted, or some wayes mishapen and de-

deformed; over which part a Planet being evil affected, at the time either of conception or deliverance had dominion.

Besides, there are in a man four more especial parts; the Head, the Breast, the Hands, the Feet, but if the predominant Planet be maliciously affected, or infortunately configured, either at the womans conception, or at the Childes birth; The same Planet afflicteth, and dismembereth those members and parts of the body, which be then governed, or some small parcells of those parts.

As if the *Sun* be any way disgraced or afflicted, he vexeth the right eye, the *Moon* the left eye, *Saturn* the ears, the teeth, or sense of hearing, *Mercury* being *Retrograde*, *Combust* or otherwise discouraged and oppressed by the hateful Aspect, and envious radiation of a malevolous and pernitious Planet, taketh away the perfect use of the tongue, and free liberty of speech: And thus also we may find out and know whether any part in the breast, as the Lungs, the Liver, the Spleen, the Heart, or any of the intrals, and inward parts of the body be viciate or corrupt.

In the observation of the hands and feet, it is to be considered, whether the fingers, the nayles, or whether any parcel of them be hindred and made unperfect, by the cognation and affinity of the predominant Planet.

And

And against such defects, or wants, as are curable, and suppliable by medicine, convenient remedies are to be applied, and the disease proceeding of the Planets, must be withstood by Planets of contrary inclinations and effects.

To *Saturn* are naturally assigned, such things as are refrigerative, and such as do extenuate with their aridity and siccity.

To *Mercury*, which are flatuous, and congelative.

To *Mars*, which are calefactive, and impletive, as unto one being a very vehement heater, and hot begetter of blood.

To *Jupiter* and *Venus*, which are mollificative, conglutinative, and such as are effectuall to asswage paid, and cure Ulcers.

The *Moon* resembleth the nature of that Planet, unto whom she applieth, be it good or bad.

Chap. II.

WHerefore first the position and state of the heavens is necessary to be foreknown, and diligently to be learned of the Physitian, then the first hour of the sickness approaching, is exquisitely to be sought out: last of all, the mutual habit and disposition of the stars for the time present, is advisedly to be discussed, and perfectly to be examined: for without their secret influence and

working, in humane bodies, there is nothing either found or subject to infirmities, Recurrent, acute, or vehement diseases ingender not: no patient may possibly be cured by the only art and industry of the *Physitian*, be he never so skilful or diligent, without the favourable configuration, and fortunate constitution of them: but either he shall perish, being destitute thereof, or recover by their means.

But if the first hour of the disease cannot certainly be known, that hour is then to be observed, in which the disease is first signified unto the *Phisitian*, and then a celestial figure for that time being erected, the Position of the Heavens is cunningly to be wieghed.

First consider to what planet the *Moon* applieth, or from whom she is seperated, and to whom she tendeth: if she be disjunct, with whose *Opposition*, or *Quartile* aspect, if she be conjunct with what Planet she is conjoined. Being linked with an infortunate Star, she betokeneth much harm, and signifieth great dread of death: if she be either corporately conjoyned, or aspectually coupled with a good and favourable Planet, she helpeth then the more speedily and effectually.

This is also to be marked, whether increasing in moaion, she decrease in light, or whether the contrary happen, that is, whether decreasing in motion, she increase in light, or whether both

of

f them happen at once, or whether neither of hem.

For if after her *Conjunction* of the *Sun*, when he beginneth to grow big, and as it were to well with the increase of light, and being swift n motion, she is withall afflicted with the *Quarrangle* o: *Mars*, or is otherwise carried unto im, before she be in full *Opposition* with the *Sun* nd no benevolent Planet come between, she auseth mortal and peremptory diseases: but f she be conjoined or any way associated and accompanied, with either of the prosperous and ortunate Planets, although the patient may peradventure seem to be past hope of life, yet hall he recover of that disease,

But when the *Moon* is decreasing in motion nd light, if she be stained, or discouraged, specially with the *Opposition* or *Quartil Radiation of Saturn*, unless presently after the said *Opposition* he disease be asswaged, death is then certainly presaged: but if the *Moon* meet with any wholesome planet, the Patient is then in short time to mend.

This furthermore is to be remembred, that so long the disease increaseth, how long the *Moon* increaseth in course, and that then the disease sleeketh, when the *Moon* is slow in motion, and hath overgone and passed the intersections or nodes of her circle, whereof the higher or ascending node is commonly tearmed, the *head of*

the *Dragon*, and the lower or descending node the *tail* of the *Dragon*.

Which consideration would be had at the first assault or entrance of every disease.

CHAP. III.

WHosoever shall lie sick and afflicted with any infirmity under *Saturn* or *Mercury* is dull, heavy, and drowsie, scarcely moving his sick members, which are benummed with immoderate cold, and stopped with defluxion: when the disease creepeth on, he may hardly be awaked, although he be pulled; he is very silent, fearful, and desirous to have his garments often warmed against the fire, he delighteth in dark places, he sigheth continually, and is very short winded: The pulse of all such is short and painful, they find greatest ease by hot things: their pulses also are weak and remisse, the superficial parts of their bodies dry, and cold, which signifie that those things are best for them and do comfort them most, yea and cure them, sooneſt too, which are naturally warm or hot, and those which do mollify and constringe.

They which fall sick under *Mars*, or the *Sun*, are much vexed, and vehemently disturbed in mind, and become very unquiet and troublesome, all the superficial parts of the body being inflamed, and as it were kindled with a burning heat.

heat. They are very testive, soon angry, and exceeding clamorous, often crying out, they look frowardly, and lie staring, they are alwaies thirsty, and very dry, through the scorching and parching heat of the tongue. They are greedy of wine, and again desirous of cold drink: and greatly given to bathes. No meat can provoke their appetite, or make them to have a stomack: They are easily moved, and ready to rail upon every person nigh unto them, without cause.

Their pulse is short and depressed, but inordinate; their face is immoderately red, their colour fiery and furious, they are commonly grieved with an extraordinary fulnesse or swelling of the body. After the first impression or assault of the sickness unto the fifth day, *Phlebotomy* is very commodious and profitable for them.

As are also such things as do evacuate and purge the body from all unnaturall grosnesse, and other corrupt and putrified humours: besides such helps as nature hath provided, and ordained as remedies, and counter-receipts against these infirmities.

Such things as naturally agree with *Mars*, are contrary to the nature of *Saturn*, as whatsoever is calefactive, dissolving obstructions, and of a soft mollifying nature.

Those things also, which naturally agree with *Saturn*, are contrary to the nature o

Mars, as whatsoever is refrigerative, astringent and repercussive.

Moreover all passions of the heart, and such as arise from the mouth of the stomack, and all pains of the arteries, veins, and joynts, with such like, proceed from the *Sun* and *Mars*.

But continual fevers, plurisies, and exulcerations, or inflamations of the lungs, and lighes, with other like, have their original causes and beginnings of *Saturn* and *Mercury*. And against these diseases, such medicines as do naturally refrigerate are most appliable, of which sort, are these following:

Nightshade.	Flax seed.
Coriander.	Reed.
Endive.	The leaves of Mallows.
Juice of Poppy.	Pomegranet.
The bark of the root of Alkakeng.	*Hypocistes*.
Knot-grasse.	Cypresse tree.
Sengreen.	Blackberry tree.
Fleaworte.	*Acacia*.
Lentills.	Quinces.
Vine leaves.	*Pirapiraſtra*
White Lead.	Alom.
Sylverfroth.	The flower of the field Wine.
The stone *Hematites*.	The fruit of Palm trees, he the she.
Purcelane.	
The white of an Eg.	

Th

The Myrrhe tree.
Sumnach.
Fresh Roses.
Bulrushes.
The Gum called *Ladanum.*
Saffron.
Potamogetum.

Such things as be naturally calefactive are governed by *Sol*, and *Mars*, as amongst many other these which follow.

Oleum Cyprinum.
All things having a fragrant smell and sweet savour.
Vngentum Irinum
Cinamon.
Sweet Marjoram
White Daffodyl.
Fenigreke.
Spikenard.
Myrrhe.
Bdellium.
Storax calamita.
The root *Cera.*
Ocimum.
Commyn.
Pix liquida,
And *Solida.*
Fat.
Marrough.
The Gumme called *Galbanum.*
Flower Delice.
Casia Odorata.
Frankincense.
The Gum called *Ammoniacum.*
Rue.
Mirabolans.
Dry figs.
Granum Guidium,
The fome of Salpeter.
Staphesagre.
The stone *Asius.*
Galangal.
fome of the Sea indurate.
Helleborus.
The herbe *Pyrethrum.*

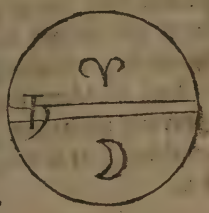
The mineral.	Leeks.
Chrisocolla.	Radish roots.
Onyons.	Chich pease.
Garlike.	

Therefore to drive away and expell such infirmities as proceed from *Saturn*, and *Mercury*, (which may be known by the course of the *Moon*, as shall hereafter be declared) these or the like medicaments must be ministred, which are naturally calefactive, and mollificative. But to put away such diseases as have their beginning from *Sol*, or *Mars*, we are to use and apply such medicines, as are by nature refrigerative, and repercussive.

Chap. IV.

NOw we wil orderly declare what effects the Moon *causeth, being infortunately configured in any of the twelve signes, through the unluckie radiations of any malevolous and hurtfull Planet, setting down withall the remedies and counter-remedies, whereby the Patients afflicted are to be cured.*

Luna in Aries oppressed by Saturn.



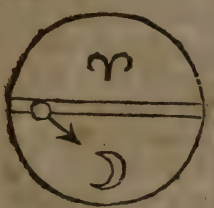
WHosoever falleth sick the *Moon* going her course in *Aries*, especially if he be slow in motion, and decreasinginlight,being there also oppressed with the*Conjunction*. *Quartil*, *Oppositi-on* of *Saturn*,his disease proceedeth of cold, and overmuch refrigeration, and is commonly vexed either with the headach,with the pain of the eys, with the *Catar*,or rheum falling from the head into the throat and wind-pipe or else with the distillation of gross and corupt humours into the breast. His pulses are weak and inordinate, the disease assaulteth him most vehemently and grievously in the night time. All the inward parts of the body do burn with heat, the outward and superficial parts being nummed and made senseless with extream cold: he is sometimes devoid of reason,and without understanding: he loatheth and abhorreth meat, and sweateth unseasonably, and unnaturally.Such things are most convenient for him, as are by nature calefactive,mollificative,&such as doe loosen the belly, making the same laxative.*Phlebotomy* is not meet or convenient for them. And if the *Moone* be void of all good and favourable aspects, the

pati-

patient shall soon dye; but if she be configured with an wholesome and benevolent Planet, the disease is not peremptory, or mortall, but the patient may recover the same, or else he shall fall from one disease into another, returning to his wonted pangs by night

And if *Mars* in this case receive the *Moone* applying unto him, the disease shall not long continue, but at the next *Opposition* the sick shall die.

Luna in Aries afflicted by Mars.

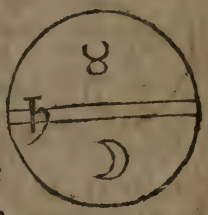


IF the Patient fall sick, the *Moon* being in *Aries*, and linked with *Mars* or *Sol*, he shall be troubled with some grievous pain in the head, proceeding from the distemperature of the brain: he shal be vexed with continual fevers, with over much watching, with horrible dreams, with intolerable thirst, with troublesome drinesse of the tongue, with extream heat of the breast, or with inflammation of the liver, his pulses are high, puffed up, and inordinate, his mind alienateth, and he becometh frantick, or brain-sick: *Phlebotomy* is required, as the first and principal means whereby he can be restored, and such things must be ministred unto him as are refrigerative, and mitigative,

rigative. And if the *Moon*, specially swift in motion, be comforted and fortunated by no lucky Planet, but shall conjoyn her self with *Saturn*, or otherwise apply unto him by any aspect of enmity and hatred, when she cometh to the same then shall the patient die; but if she meet with any good and prosperous Planet, the patient shall then revive, and be restored to his former health, although perchance he seemed first past all hope of recovery.

Chap. V.

Luna in Taurus oppressed by Saturn.

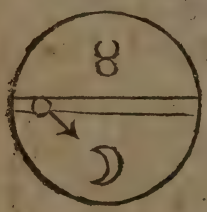


If at the time of the disease approaching, the *Moone* proceeding by *Taurus*, shall be afflicted either with the *Conjunction*, *Quartile*, or *Opposition of Saturn*, her self being then slow in motion, and decreasing in light, she fore-sheweth the same sickness to come of surfeiting and immoderate fulness, and likewise presignifieth fevers, proceeding of obstructions, pain in the inward parts and joynts, the fiery heat or inflamation of the whole body, and exulceration of the lungs or lights.

The pulses are sublate, high, and also inordinate. *Phlebotomy* is very meet and necessary, and what-

whatsoever else doth mitigate, and aswage such Passions: but unless the *Moon* do tend to a benevolent Planet, the Patient shall perish before her next *Opposition* with the *Sun*. And if she be favoured of any wholesom Planet, or recreated with his fortunate irradiation, though the patient seem to be in a desperate case, and past hope of life, yet he shall be restored again to his perfect health.

Luna in Taurus afflicted by Mars.

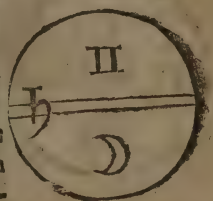


THe *Moon* in *Taurus*, oppressed with the *Conjunction*, *Quartile*, or *Opposition* of *Mars*, signifieth the patients disease to proceed of the superfluous abundance of blood, and betokeneth continual fevers, obstruction, or stopping of the whole body, inflammation of the neck, specially of the hinder part; extreme pain in the bones, immoderate watching, and inodinate dreames, greedinesse of wine, and of cold drink. *Phlebotomy* helpeth them much, and all such things as do naturally extenuate and mitigate. *Mars* being thus cruell and furiously bent, if no favourable Planet assist the *Moon*, the patient shall decease the ninth day; but if the importunity of *Mars* be represt and slacked by the lucky aspect of some good and comfortable

ble Planet, the patient shall be well amended and much eased after the sixth day.

Chap. VI.

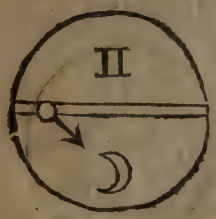
Luna in Gemini oppressed by Saturn.



The *Moon* in *Gemini* infortunately configured with *Saturn*, or in *Conjunction* with him, specially if she decrease in light, causeth the present infirmity of too much watching, dreaming, or tedious wearinesse by travelling. The sick joynts are so loosened, that they may seem scarce to hang together; the disease breaketh out in short time, or beginneth to increase or incrotch more and more from the third day, unto the thirteenth day. Small Fevers shall assault the patient, the consumption of the whole body is also imminent; but the disease shall most vehemently and violently oppress the patient in the night time; his pulses are slow and little, he is troubled very much with unnatural sweat, and grieved with sore passions of the spleen. If the *Moon* shall any way be afflicted or infected with the hateful beames of *Mars*, the patient after the tenth day shall be dissolved, but if any benevolous, and comfortable Planet shall aid and assist the *Moon* with a fortunate

fortunate aspect; after long sickneſſe of the patient, health is promiſed.

Luna in Gemini afflicted by Mars.

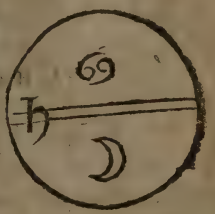


WHoſoever ſhall fall into any ſickneſs, the *Moon* moving under *Gemini*, being there ſwift in courſe and increaſing in light and alſo diſtained, or corrupted with the unlucky *Conjunction*, or other envious aſpect of *Mars*, he is tormented with exceſſive and deadly pain, with pernicious fevers continually burning, and alſo with obſtructions: his pulſes are high and inordinate: he is greatly comforted and refreſhed by *Phlebotomy*. But if the *Moon* be void of all fortunate aſpects, being likewiſe infortunately configured with *Saturn*, the patients life ſhall be prolonged, untill ſhe be full oppoſite to *Mars*, and then he ſhall die. And if the *Moon* be favoured of any fortunate and healthful Planet, the patient ſhall eſcape his dangerous infirmity, and become healthful.

CHAP.

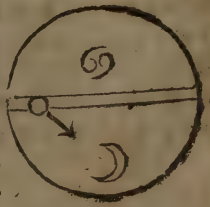
CHAP. VII.

Luna in Cancer afflicted by Saturn.



THey are troubled with some disease proceeding of Bathes, or other cold causes, which feel the first assault thereof, the *Moon* being in *Cancer*, and there infortunated by *Saturn*: they are also disquieted with the defluxion of humors distilling and falling into the breast, with the cough, hoarsnesse, obstructions, and small fevers: if the *Moon* be comforted by no favourable Planet, but shall be thus oppressed with the unhappy rays of a malevolous and Pernitious *Star*, the patient shall never recover that infirmity.

Luna in Cancer afflicted by Mars.



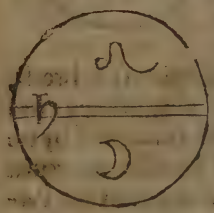
LIkewise if the *Moon* be afflicted of *Mars* in *Cancer* the present disease cometh of cholerick blood, and eversion of the stomack, the infirmity must be cured with such medicines as are naturally refrigerative: and if no lucky Pla-

net

net do fortunate the *Moon* with his favourable aspect; at the next *Quartile* the patient shall die: but if the oppressing force of evill planets be represed by the aid and help of prosperous and favourable aspects, then after the next *Quartile*, he shall be delivered from that infirmity.

CHAP. VIII.

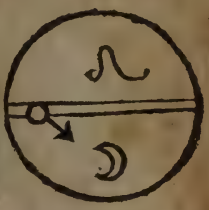
Luna in Leo afflicted by Saturn.



THE *Moon* in *Leo* oppressed by *Saturn*, causeth sicknes to proceed of immoderate abundance and superfluity of blood, kindleth a vehement burning heat within the breast, and provoketh swelling of the inward parts, grievous agues, utward and inward burnings, the pulses are troublesome; those things are best and most convenient which are calefactive and mitigative by nature. But unless the *Moon* be fortunated of some happy planet at the next *Opposition* of *Saturn*, and *Luna*, the patient shall perish; but if any good and prosperous Planet comfort and help her, the patient shall shortly enjoy his former health.

Luna

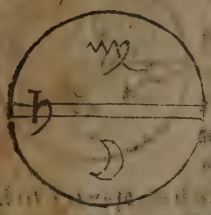
Luna in Leo oppressed by Mars.



ALso the *Moon* in *Leo* oppressed by *Mars*, procureth diseases, caused first of the fulness of blood, uncertain and wavering fevers do incroach on, the patient is foolish and devoid of common sense and reason, he hath no appetite to his meat, he is heavy, and lumpish, and so drowsie and sleepy, that he may very hardly be brought from it; he is much weakened, and becometh very feeble, the strength of his body being decayed, sundry affections proceeding from the heart, do trouble and disquiet him, his pulses are slow and dead. These things do best succour him, which do naturally refrigerate and astringe. Touching the end of sickness, if the *Moone* be disgraced by the rayes of an hurtfull planet, the Patient shall die after the ninth day; but if any prosperous Planet come between, which doth comfort her, after her *Opposition* with *Mars* the disease shall depart.

CHAP. IX.

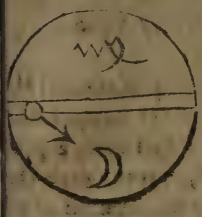
Luna in Virgo oppressed by Saturn.



The *Moon* in *Virgo* discouraged with the envious aspects, or unlucky *Conjunction* of *Saturne*, causeth sickneſſe of ill digeſtion, and crude or raw humours not perfectly concocted in the ſtomack. The patient is oft times ſuddainly and grievouſly pained, with fretting and wringing of the bowells and heart-ſtrings, quick, ſharp, and inordinate fevers do aſſault him. Such things are ſpecially comfortable, as are calefactive, mollifactive, and of a ſoft looſening nature. But if the *Moon* be neither corporally conjoyned, nor aſpectually coupled with a merciful planet, the patient ſhall deceaſe about the fourteenth day: but if the violent force of *Saturn* be repreſſed, or the patient be otherwiſe reſtored, by ſome proſperous and favourable Planet, he may continue a long time; but he ſhall be allwaies queaſie and ſickly.

Luna

Luna in Virgo oppressed by Mars



THe *Moon* in *Virgo* enviously beset of *Mars*, betokeneth the flux or lask of the belley, the exulceration or sorenes of the bowells, small and unstable fevers, the pulses are dull, plenteous and thick, the stomack loatheth and abhorreth meat: This sickneſſe is to be appeased and restrained with such things, as do stop, shut up, and bind. And if the cruelty and fierceneſſe of *Mars* be not asswaged and allayed by the favourable aspect of some benevolent *Star*, he will utterly extinguish the patient, after thirty dayes. But if any fortunate radiation of either of the Fortunes do withstand, and resist him, by aiding and assisting the *Moon*, he shal do the leſſe harm; for that disease shall be curable and suppliant by medicine.

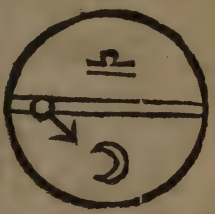
CHAP. X.

Luna in Libra afflicted by Saturn.

THe *Moon* in *Libra* ill affected by the *Conjunction* or other infortunate aspect of *Saturne*, pronunceth the sick passion to proceed of over-much ingurgitation of wine, drunkennesse and surfeit, especially if she be decreasing in light, and slow in motion, the disease assaulteth the patient most vehemently in the night season: the head and breast are sore troubled and grievously pained with distillations, coughs hoarsenesse: the breast is faint, and weak the stomack without appetite: the ague fits are doubled in the night time, continuall pangs and many sorrows do disquiet and greatly molest the sick patient, his pulses are slow and dull. He is most recreated, and soonest restored with such things as are by nature calefactive. And if the *Moon* be not aspected, specially at the time of *Oppositon*, the patients disease shall thereby be dissolved. But if she proceed under Masculine signs, untill she, coming to the *Diamater* of the Circle, doth arise in the evening, the patient after many cruell fits, and painfull brunts shall be restored to health again. But if the *Moon* slow in course

course, behold no Planet, neither in the increase of her light and moving, nor in the decrease thereof, or otherwise she provoketh the bloudy flux, but ere her circuit be compass'd the disease shal depart, yet the patient shall still continue pale and wan, and this token of sickness shal remain long after. And if *Mars* opressed the *Moon* thus configured, the patient shall perish, before he fall into any other kind of infirmity.

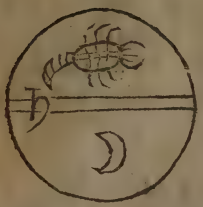
Luna in Libra afflicted by Mars.



THe *Moon* in *Libra* discomfited by *Mars*, causeth sickness of the superfluous abundance of bloud, besides vehement fevers, immoderate watching, fearfull dreaming and fiery inflammation of the whole body, the pulses are high and swelling; *Phlebotomy* is the beginning of health unto them. And if no humane Planet succour the *Moon* being thus afflicted, the patient shall be in great danger of death untill the *Moon* oppose her self against *Mars*; but if a comfortable and helping Planet doe favourably recive the *Moon*, the patient shall be revived, and enjoy his wonted health again.

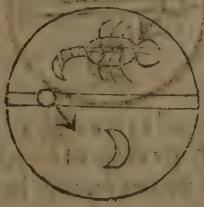
CHAP. XI.

Luna in Scorpio oppressed by Saturn,



THe *Moon* in *Scorpio* vexed by, *Saturn*, afflicteth the secret parts of mans body, with shrewd and sore exulcerations botches, or impostumes: if she increase in motion and light, she helpeth and reviveth the patient.

Luna in Scorpio afflicted by Mars.

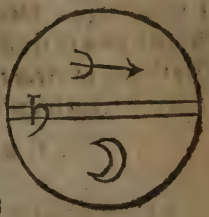


BUt if the *Moon* decreasing in course and light, be coupled with Mars in *Scorpio*, some fortunate Planet comfortably refreshing her, the patient shall recover; and the same things are to be understood of this sign, which are already said of the rest, insomuch as the *Moon* is accordingly configured,

CHAP

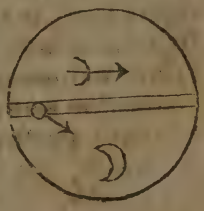
Chap. XII.

Luna in Sagittarius afflicted by Saturn.



THe *Moon* oppressed by *Saturn* in *Sagittary*, specially decreasing in light and motion, provoketh sickness of the defluxion, and course of thin, crude, and fowr humours, also paines in the joynts, horrible fevers, extreame cold in the uttermost parts: and causeth the fevers to invade with a double fit: Those things are convenienteſt for the patient, which are by nature mitigative, and calefactive; the *Conjunction* or other aspect of the *Moon* with favourable Planets delivereth the patient.

Luna in Sagittarius oppressed by Mars.

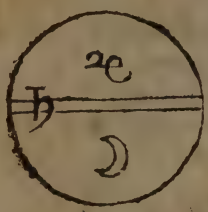


THe *Moon* in *Sagittary* oppressed by *Mars*, she being swift in motion, and increasing in light, causeth pernitious and deadly diseases, proceeding of immoderate repletion and drunkennesse: also wandring and un-

constant fevers, choleriek passions, the *Flux* or *Lask*: The pulses are few, and faint, such things as do refrigerate and bind, are most meet and profitable. And if no lucky Planet behold the *Moon*, the patient shall die the seventh day, but if some happy planet do comfort and favour her, the sick patient shall still be grieved, untill the next *Opposition* of *Mars* and *Luna*, being then to be restored again unto his accustomed health.

CHAP. XIII.

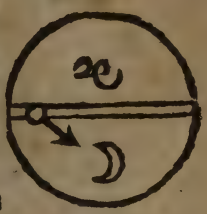
Luna in Capricorn afflicted by Saturn.



IF *Saturn* afflict the *Moon* in *Capricorn*, being hindered in course, and diminished in light, she provoketh sickness through cold bathes, and thin distillations. The patient is troubled with grievous heavinesse of the breast, he is short winded, coughs disquiet him in the night season, and violent fevers. His health must be restored with such things as are naturally calefactive and mitigative. And if the *Moon* be in *Conjunction* with some wholesome Planet, or be otherwise aspected by him, the disease may be prolonged, but it shall not be peremptory, or incurable.

Luna

Luna in Capricorn oppressed by Mars.

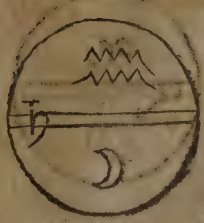


THe *Moon* in *Capricorn* afflicted by *Mars*, causeth sickness of vomit, choler, and ill concoction. This passion is very perillous and dangerous; the stomack void of appetite, the swelling of the sinewes grievous, also the *Flux* or *Lask* of the belly very noysome, and troublesome: A sharp and dangerous kind of choller doth vex and exasperate the fingers of the patient, exulcerations, continual wandring fevers, and the fiery inflammation of the breast do afflict and torment him. His pulses are remiss and slow: he must be comforted with such thinges as are obstructive and constringent. And if the *Moon* apply not to a fortunate Planet, when she cometh to the *Opposition* of *Mars*, the patient shall perish. But if any prosperous and comfortable Planet do bridle and mitigate the violence of *Mars*, after the seventh day he shall be restored to health.

CHAP.

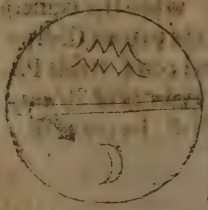
CHAP. XIV.

Luna in Aquary afflicted by Saturn.



WHen *Saturne* doth oppresse the *Moon* in *Aquary*, whether she be slow or swift in motion, whether increasing or decreasing in light, he provoketh sickenesse of wearinesse, and watchings, which sickenesse shall be sometimes slack, and cease, otherwhiles augment and be enhanced untill the next *Opposition*, the Patient shall wax healthful, specially if any gentle and lucky planet fortunate the *Moon*.

Luna in Aquary oppressed by Mars.



MArs afflicting the *Moon* in *Aquary*, she being slow in course and decreasing in light, causeth the disease to proceed of most violent affections, and vehement passions: but the patient shall recover within twenty dayes, especially if any favourable Planet yeeld assistance unto the *Moon*.

CHAP.

Chap. XV.

Luna in Pisces afflicted by Saturn:

THe *Moon* in *Pisces* afflicted by *Saturn* decreaseing in light and slow in motion, maketh sick folks by the immoderate refigerations of bathes, and cold distillations: continual fevers shall vex and grieve them, vehement cold and stiffnesse often approaching, much sighing pricking and pinching of the dugs, and some excessive pain in the inward parts, shall much disturb and disquiet them. They must be restored with calefactive and mitigative medicines: And if the *Moon* be no way favoured of mercifull Planets, at her *Opposition* with *Saturn*, the patient shall be cureiesse: but if any benevolous Planet succour her, she having escaped the force of the said *Oppositions*, the patient shall recover in his health, but shall a long time after be much troubled with some pain in the sinewes.

Lunâ

Luna in Pisces oppressed by Mars.

THe *Moon* in *Pisces* afflicted by *Mars*, being also swift in course, and increasing in light, causeth diseases of over much fulnesse, and immoderate ingurgitation of wine: the passion is moist vehement in the night time: the Patient shall dote and rave, being besides himself, and vexed with some outrage or phrensie; together with grievous headaches, burning Fevers, vehement thirst, and a greedy appetite to Wine: No certainer cause of health and amendment unto him then blood-letting. If no gracious Planet aid the *Moon* at her next Quartile with *Mars*, the Patient shall die, but if the *Moon* be in any aspect with *Jupiter*, or *Venus*, as either *Quartil* or *Opposition*, or if she be conjoined with either of them, what sign soever she be in, at the time of the first impression of that sickness, the patient shall be restored to health, after the next *Quartil* or *Opposition*.

CHAP. XVI.

The Conclusion.

WHerefore it is very expedient and necessary to know in what hour the disease doth first assault the Patient, and to observe whether the fortunate and favourable Planets be then resident in the East Angle, or whether they be seated in the tenth House, for being so appointed, albeit their strength, vertue and efficacy be otherwise abated and hindred. Nevertheless they are more soveraigne, and yeeld greater help then the very best and cunningest Physitian. Therefore the first day and houre of sickness aproaching must exactly be known, and the state of the Heaven for that instant as diligently and advisedly examined: For there is nothing which happeneth suddenly, or any way chanceth unto man, which proceedeth not from the mutuall consent and sympathy of the celestiall powers or superior Bodies; so great is their force and influence over this inferior World.

Soli sapienti Deo sola gloria.

FINIS.

18 worms 67.

19 Gutts wind blader 64
Cbllck 66.65

20 Nevel 69

21 Mack 69

22 the Flux 70

23 Stone 73

24 amon 82 mak w 84 Ltr

25 Sciatica very bad 86

26 Fundament 88

27 pills 89

28 thighes 92

29 Knees 93

heale a Sore 131
Scale 134
Wind 143
Gether a Boil 152
Consumption + 152
whitlow a Snal 154
a ringworm 154
Sore Nipples 164
for a Cough 165
worm 166